



community development partnership

Creating opportunities for people to live, work, and thrive on the Lower and Outer Cape

Finding Self-Fulfillment Helping Others and Serving Community

"A diverse, year-round community – with all ages, ethnicities, and financial backgrounds – is necessary to be a healthy community. It has to include everyone."

– Judy Scanlon, Founder/Owner Lake Farm Gardens, Orleans

Judy Scanlon and Sigurd Winslow's experiences in Orleans run deep, from childhood and friendship to lifelong partners.

Judy lived during the summers with her parents. Sigurd and his family were their year-round neighbors. Sig's sister became Judy's best friend. After college and into their 30s, their interests took them down different paths off Cape. Judy graduated from Roger Williams with a degree in Marine Biology, an interest that started in Orleans. "When I was a child, my parents couldn't get me out of the tide pools at Skaket Beach," says Judy. "I wanted to look at every living thing in there." Her parents nurtured her curiosity, supporting her by getting an aquarium, keeping pet frogs, turtles and snakes, attending Audubon Day Camp, and taking classes at the Cape Cod Museum of Natural History. As an adult, Judy pursued professional opportunities at WHOI and NOAA/NMFS in Woods Hole and Battelle Ocean Sciences in Duxbury, leading to working at Suffolk University in their occupational safety, health, and environmental compliance programs.



Sigurd, a "native" Cape Codder, was raised in Orleans. His father and older brothers were builders. After graduating from Colby College with a degree in economics and a minor in math, he worked here locally as a carpenter for seven years before moving to Boston, where he worked for a decade at the Center for Survey Research located at UMass Boston. This full-service, academic survey social science research operation has state-of-the-art research design, questionnaire development, sampling, data collection, and data analysis capabilities.

By the late 1990s, they both longed for change with more fulfilling work and a better quality of life.

Judy returned home to Orleans in 1997, to help her elderly mother, and intent on figuring out what to do next. She was sure she wanted to create a life here. Serendipity knocked when a large plot of land adjacent to her family home was for sale. The lot was the former location of the garden and historical roadside farmstand for Lake Farm Camp. As a teenager, Judy worked for Joe Putnam at Log Cabin Farm, working in their plant nursery doing transplanting, and had

always loved working with plants. Judy said, "I decided I was going to start a small farm and plant nursery. I thought, 'Why not?'. With her mother's help, she was able to purchase the garden/farmstand lot.

Sigurd moved back to Orleans too. His parents had passed, and he was excited by the opportunity to buy his family home. He followed in his father's and brother's footsteps in the building business, becoming a licensed builder. He renovated his property and started a business. His skills also helped Judy. They worked together on several house renovation projects, and Sigurd helped with the construction of new greenhouses and buildings at the farm. Later, they married. Judy proudly says she married the boy next door. Together, they created what they were looking for – a quality and way of life that supports them and the community they love.

Today, Judy and Sigurd run Lake Farm Gardens, a small farm, greenhouse/plant nursery business, and historical farm stand next to Judy's family home on Monument Road. From the farm stand, they seasonally sell Eastham turnips and other vegetables, as well as herbs, vegetable, and annual and perennial plants to local stores, including Agway and Friends' Marketplace. Judy leverages her bachelor's in marine biology to advance her farming techniques and interest in environmental and resource protection efforts. When she returned to the Cape, she also jumped into volunteering, serving on the Orleans Agricultural Advisory Council and Shellfish and Waterways Improvement Advisory Committee, and is presently serving as Vice Chair of the Marine and Fresh Water Quality Committee. She is a Trustee on the Board of the Orleans Conservation Trust and the Technical Coordinator for our Orleans Volunteer Herring Count Program. Judy has been actively involved as a citizen volunteer with the Town of Orleans' estuarine and freshwater lake and pond water quality monitoring efforts for over 24 years. "My scientific curiosity and desire to learn about our local natural environments, and later how to help protect and restore their ecological health, started right here when I was a child, and I wanted to give back to my community" she said. Sigurd also participates in monitoring efforts, where his experience with survey research is an asset.

Judy and Sigurd became aware of the CDP through the Orleans Chamber of Commerce, serving town committee roles, and reading articles in the local media. Judy said the CDP's forward-thinking and compassionate work serving the community stands out for her and is why they chose to



**Lake Farm Gardens is located at
40 Monument Road in Orleans, MA
Open every day 9:00 am -5:00 pm**

**Visit them at the
Orleans Farmers Market on
Saturdays, 8:00 am - Noon
at 19 Old Colony Way**

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<https://provincetownindependent.org/community/2022/11/16/growing-the-eastham-turnip-is-a-labor-of-love/>

support the organization. Sigurd added, "The CDP does a lot of good things. It focuses on our main concerns – helping businesses start and supporting affordable housing." As small business owners, they also personally benefitted from meeting with CDP Business and Credit staff, getting assistance with spreadsheets and business training.

Judy and Sigurd's approach to life goes far beyond farming, volunteering, and working hard. They see it as a way to connect with people and foster a strong community. "The town has many intelligent, qualified, and creative people," Sigurd said. "We've enjoyed the opportunities to get involved and give back." Judy further reflected on her parents' legacy who were both Quakers, and educators, and had been involved with relief work, and the values they helped instill in her. "My parents taught me that everyone deserves to have a chance," she said. "A diverse, year-round community – with all ages, ethnicities, and financial backgrounds – is necessary to be a healthy community. It has to include everyone." They agree that helping others and those less fortunate is the real road to self-fulfillment.