

		Price / Member Price	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For New Students	A Taste of Tai Chi	49 (for 3) 99 (for 7)		11-12 Vivienne				10:00-11:00am Allen B
	Tai Chi 101	210 / 180	530-630pm Don					11:00-12:00pm Allen B
	Tai Chi for Healthy Aging and Better Balance	95	2:00-3:00pm Don			130-230pm Susanne		
	Relaxation Qigong*	210 / 180		12:30-1:30 Ruth		12-1pm Susanne		
For Returning Students	Peng Lu Ji An: The Four Powers	210 / 180	640-7:40pm Don			5:30-6:30pm Allen B		
	8 Essential Movements	210 / 180	750-8:50pm Don		6:40-7:40pm Don			
	Dragon and Tiger Qigong 1	130 / 105					11:30-12:30pm Susanne	
	Tai Chi for Healthy Aging II	95		10:15-11:15am Ruth		10:15-11:15am Susanne		
	Push Hands (Tui Shou)	130 / 105			7:50-8:50pm Don			
	Tai Chi Gong*	130 / 105			530-630pm Don			
	Energy Gates Qigong 2	130 / 105	630-730 Steven					
	Wu Style Intro Short Form*	210 / 180		1230-130 Alan 630-730 Steven	630-730pm Alan			
For More Advanced Students	Dragon Tiger Qigong 2	210 / 180	530-630 Steven				1240-140 Susanne	
	Wu Style Long Form Level 1	270 / 230			12-1:30pm Alan			12:30-2pm Alan
	Wu Style Long Form Level 2	270 / 230		800-900 Alan		11:30am-1pm Alan		
	Wu Style Long Form Level 3	270 / 230		6:30-8pm Alan	10:30am-12pm Alan	7:00-8:30pm Alan		
	Wu Style Long Form Special Subjects	210 / 180			7:30-8:30pm Alan			10-11am Alan
	Push Hands (Tui Shou)	130 / 105			7:50-8:50 Don			
	Wu Short Form Level 2	210 / 180		530-630 Steven		1030-1130 Alan		11-12 Alan
	8 Essential Movements	210 / 180	750-850pm Don		640-740pm Don			
	Tai Chi Gong*	130 / 105			530-530pm Don			

To register: BrooklineTaiChi.org

Updated August 10, 2018