

FALL 2023 VACCINES

**What are
the options?**

**Who is
eligible?**

**How well do
they work?**

**When should
I get it?**

INFLUENZA



A shot that targets 4 strains of seasonal flu

6 months and older

Reduces the risk of going to the doctor by 53%

October is ideal, as vaccine protection wanes over a season

COVID-19



Updated vaccine formula targeting XBB - an Omicron subvariant

Options: Moderna and Pfizer (mRNA). Novavax (protein) available soon

6 months and older

Last year, the fall COVID-19 vaccine provided 40-60% additional effectiveness against severe disease

Protection against **severe disease**: Get now

Protection against **infection**: Best to get it right before a wave, which can be challenging to time

Recently infected?
Wait at least 3-4 months

RSV (OLDER ADULTS)



2 options: GSK and Pfizer. They are slightly different in design, but only at a microscopic level

60 years and older

82-86% efficacy against severe disease

Now; no need to juggle timing as protection is durable

RSV (PREGNANCY)



Pfizer is actively seeking approval

Pregnant people (then protection will pass to baby for protection in first 6 months of life)

82% efficacy in preventing hospitalization in first 3 months of life. 69% efficacy after 6 months

It's not available yet but once approved, get at 24 to 36 weeks of pregnancy

RSV MONOCLONAL ANTIBODY



This is not a vaccine (doesn't teach the body to make antibodies) but rather a proactive medication (provides antibodies)

All infants <8 months. High-risk infants 8-19 months

Reduces risk of hospitalization and healthcare visits by ~80%

Will be available soon.

Protection lasts 4-6 months