



House of Prayer and Woodlake Lutheran Churches

Sunday, April 26, 2026

Fourth Sunday of Easter, Year A

Music Sunday



WOODLAKE
LUTHERAN CHURCH

Together we are a vibrant Church rooted in Richfield for today and tomorrow where Worship is alive, community thrives through collaboration, and people of all ages grow in faith and purpose.

*Holy Communion will be part of this worship service,
the invitation to share in Communion comes from Jesus himself.*

*Whether this is your first time or you have been to the table many times before, **you are welcome.***

*Whether you are a member of this church, another church, or no church at all, **you are welcome.***

*If you are uncertain or have been rejected in other spaces, **you ARE welcome here!***

We practice communion by intinction which means you will be given a wafer of bread, dip the wafer into the chalice of wine or grape juice as it is presented to you.

If you need a gluten free wafer, we have them available. Please let the server know.

If you need to receive Communion at your seat, let your usher know and we will facilitate that.

The “+” insignia indicates where the congregation should rise in body or in spirit

Prelude

Pilgrim’s Chorus fr. *Tannhäuser*

Richard Wagner

arr. Jack Bullock

Swans Island Sojourn

Steve Reineke

Welcome and Gathering

Announcements

Ringing of the Bell *(please remain seated)*

+Call to Worship

L: In the name of the Creator, Redeemer, and Sustainer we gather

C: a community of faith in God’s astounding world.

L: We gather to celebrate that no darkness can extinguish light,

C: to proclaim that love will always be more powerful than death,

L: to trust that peace will always overcome violence.

C: We gather as people of faith empowered by the hope of the resurrection.

L: Welcome to worship.



1 When in our mu - sic God is glo - ri - fied, and ad - o -
2 How oft, in mak - ing mu - sic, we have found a new di -
3 So has the church, in lit - ur - gy and song, in faith and
4 And did not Je - sus sing a psalm that night when ut - most
5 Let ev - 'ry in - stru - ment be tuned for praise; let all re -



ra - tion leaves no room for pride, it is as
men - sion in the world of sound, as wor - ship
love, through cen - tu - ries of wrong, borne wit - ness
e - vil strove a - gainst the light? Then let us
joice who have a voice to raise; and may God



though the whole cre - a - tion cried:
moved us to a more pro - found
to the truth in ev - 'ry tongue: Al - le - lu - ia!
sing, for whom he won the fight:
give us faith to sing al - ways:

Text: Fred Pratt Green, 1903–2000

Music: ENGELBERG, Charles V. Stanford, 1852–1924

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+Confession & Forgiveness

L: We approach God who is merciful and mighty with confidence that the inclusive love of Jesus offers us the forgiveness of all our sins.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

C: Amen

L: If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sin, God who is faithful and just will forgive our sin and cleanse us from all unrighteousness.

Silence for reflection and self-examination.

L: Most merciful God,

C: we confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your way, to the glory of your holy name. Amen

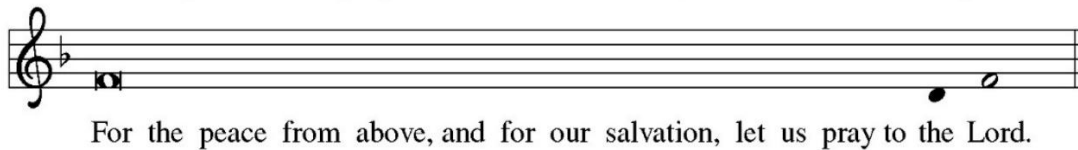
L: Almighty God, in his mercy, has given his Son to die for us and, for his sake, forgives us all our sins. As a called and ordained minister of the Church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the † Son, and of the Holy Spirit.

C: Amen

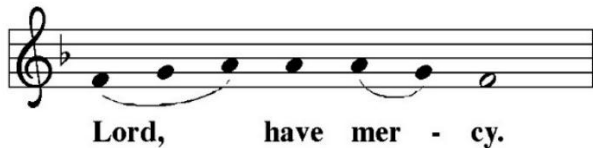
+Kyrie



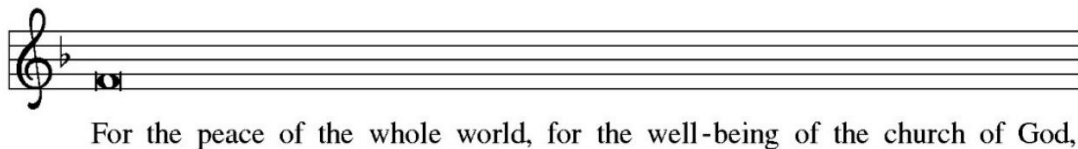
In peace, let us pray to the Lord. Lord, have mer - cy.



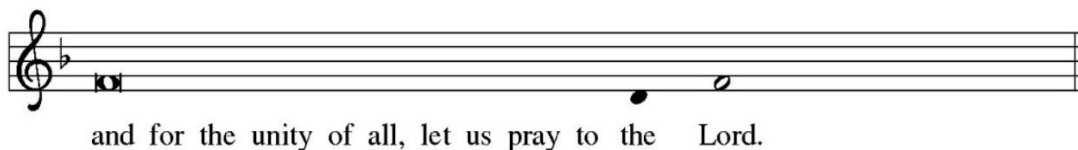
For the peace from above, and for our salvation, let us pray to the Lord.



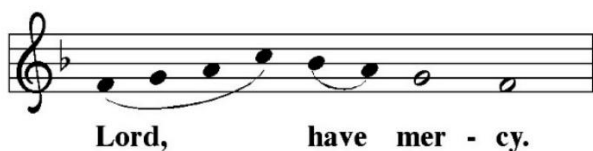
Lord, have mer - cy.



For the peace of the whole world, for the well-being of the church of God,



and for the unity of all, let us pray to the Lord.



Lord, have mer - cy.

+Prayer of the Day

L: Loving God, Lord of the Dance, you weave your people together into one song, one Body. Draw us together with the disciples of the earliest church and empower us to share all that we have with one another and with the world, that we might find ourselves strengthened by our sharing and united in our service of the world that you made and love. Through Jesus Christ, the Good Shepherd, who lives and reigns with you and the Holy Spirit, one God, now and forever.

C: Amen

You may be seated

Musical Offering

Rejoice!

Fred Gramann

Word

First Reading: Acts 2:42-47

⁴² [The baptized] devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers.

⁴³ Awe came upon everyone because many wonders and signs were being done through the apostles. ⁴⁴ All who believed were together and had all things in common; ⁴⁵ they would sell their possessions and goods and distribute the proceeds to all, as any had need. ⁴⁶ Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, ⁴⁷ praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

Psalm 23

The Lord Is My Shepherd

Michael John Trotta

The Lord is my shepherd,
I shall not want,
Brings me to green pastures,
Beside still waters.

He refreshes my soul,
He renews my life,
And by such grace,
He leads me.

Even though I walk through the valley of the shadow of death,
I will not fear, for you are with me.
Your rod and staff, they comfort me.
As you prepare a table in the presence of my enemies,
You anoint my head, my cup overflows.

Goodness and kindness shall follow me,
All the days of my life,
I will dwell in the house of the Lord.

Forever and ever. Amen.

Second Reading: 1 Peter 2:19-25

¹⁹ It is a commendable thing if, being aware of God, a person endures pain while suffering unjustly. ²⁰ If you endure when you are beaten for doing wrong, what credit is that? But if you endure when you do good and suffer for it, this is a commendable thing before God. ²¹ For to this you have been called, because Christ also suffered for you, leaving you an example, so that you should follow in his steps.

²² “He committed no sin, and no deceit was found in his mouth.”

²³ When he was abused, he did not return abuse; when he suffered, he did not threaten, but he entrusted himself to the one who judges justly. ²⁴ He himself bore our sins in his body on the cross, so that, having died to sins, we might live for righteousness; by his wounds you have been healed. ²⁵ For you were going astray like sheep, but now you have returned to the shepherd and guardian of your souls.

L: Word of God, Word of Life. C: **Thanks be to God.**

+Gospel Acclamation



Al - le - lu - ia. Lord, to whom shall we go? You have the
words of e - ter - nal life. Al - le - lu - ia. Al - le - lu - ia.

+Gospel: John 10:1-10

L: The Gospel according to John, the tenth chapter. C: **Glory to you, O Lord.**

[Jesus said:] ¹ “Very truly, I tell you, anyone who does not enter the sheepfold by the gate but climbs in by another way is a thief and a bandit. ² The one who enters by the gate is the shepherd of the sheep. ³ The gatekeeper opens the gate for him, and the sheep hear his voice. He calls his own sheep by name and leads them out. ⁴ When he has brought out all his own, he goes ahead of them, and the sheep follow him because they know his voice. ⁵ They will not follow a stranger, but they will run from him because they do not know the voice of strangers.” ⁶ Jesus used this figure of speech with them, but they did not understand what he was saying to them.

⁷ So again Jesus said to them, “Very truly, I tell you, I am the gate for the sheep. ⁸ All who came before me are thieves and bandits, but the sheep did not listen to them. ⁹ I am the gate. Whoever enters by me will be saved and will come in and go out and find pasture. ¹⁰ The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly

L: The Good News of God. C: **Praise to you, O Christ.**

You may be seated

Children's Message

Sermon

Song of the Day

Hold Us Together

Verse 1

It don't have a job
Don't pay your bills
Won't buy you a home in
Beverly Hills
Won't fix your life
In five easy steps
Ain't the law of the land or the
government
But it's all you need **Chorus**

Verse 2

It's waiting for you
Knocking at your door
In the moment of truth
When your heart hits the floor
And you're on your knees **Chorus**

Chorus

And love will hold us together
Make us a shelter to weather the storm
And I'll be my brother's keeper
So the whole world will know that we're not alone

Bridge

This is the first day of the rest of your life
This is the first day of the rest of your life
'Cause even in the dark you can still see the light
It's gonna be alright it's gonna be alright **Chorus**

+Apostle's Creed

I believe in God, the Father almighty, creator of heaven and earth.

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit, born of the virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again; he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church, the communion of saints,
the forgiveness of sins, the resurrection of the body,
and the life everlasting. Amen.**

You may be seated

Prayers of Intercession

L: Trusting in the power of Christ's resurrection to heal and redeem our broken world, let us pray for the needs of all creation...

All Sing "Lord, Listen to Your Children Praying"

The image shows a musical score for the hymn "Lord, Listen to Your Children Praying". It consists of two systems of music, each with a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are: "Lord, lis-ten to your chil-dren pray-ing, Lord, send your Spir-it in this place;" and "Lord, lis-ten to your chil-dren pray-ing, send us love, send us pow'r, send us grace."

Text: Ken Medema, b. 1943

Music: CHILDREN PRAYING, Ken Medema

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Spoken Response to each petition: L: Merciful God, C: **Receive our Prayer.**

prayers end with: God of resurrection power, use us and these prayers to proclaim the good news of new life to all the world, through Jesus Christ, our risen Savior.

C: Amen.

All Sing "Lord, Listen to Your Children Praying"

Peace

L: The peace of Christ be with you always. C: **And also with you.**

You are invited to share the peace with those around you as you feel comfortable.

Meal

*Offerings in envelopes to a specific congregation will be shared with that congregation. Loose offerings this morning will benefit the **Minneapolis Area Synod Youth Choir**. This pop-up choir is open to 5–18-year-olds regardless of musical experience and is intended support and complement the faith formation of local congregations helping to develop compassion, justice, and a sense of self in all participants.*

Offering & Musical Offering

Hosanna to the Living Lord

Robert C. Lau

Hosanna to the living Lord! Hosanna to the incarnate Word!
The Lord of hosts is with us, we praise His holy name.
To Christ, Creator, Savior, King, let earth, let heav'n hosanna sing!
Hosanna Lord! Hosanna in the highest.

Hosanna Lord your angels cry; Hosanna Lord, your saints reply.
Come see the mighty works of God, now praise His holy name.
Above, beneath us, and around, both dead and living swell the sound:
Hosanna Lord! Hosanna in the highest.

Come now, and look at the works of the Lord,
The glorious things He has done on earth.
Be still, be still and know that He is God,
And have no fear if the earth is moved,
or the mountains fall into the sea.
Be still and know that He is God. Be still.

So in that last and dreadful day when earth and heav'n shall melt away,
Take us to your glorious kingdom to live eternally.
Your flock, redeemed from sinful stain, will swell the sound of praise again.
Hosanna, hosanna in the highest.

Text: Reginald Heber & Psalm 46



Offering Prayer

Accept, O Lord, The Gifts We Bring

ELW 691



- 1 Ac - cept, O Lord, the gifts we bring to place up - on your ta - ble.
- 2 The vines were plant - ed, seeds were sown. They grew in your good plea - sure.
- 3 Our hopes and dreams, our toils and cares we lift in prayer be - fore you.



We do not wor - ship as we ought but on - ly as we're a - ble.
What once was com - mon, dail - y food be - comes a ho - ly trea - sure.
Lord, by your grace now come to us, as hum - bly we a - dore you.

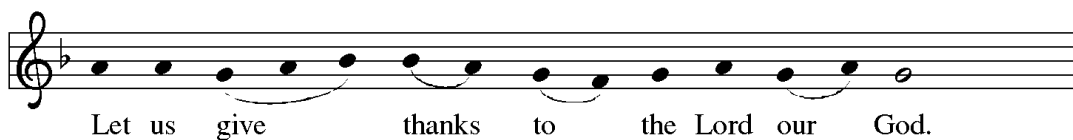
Text: Beth Bergeron Folkemer, b. 1957

Music: BARBARA ALLEN, English folk tune

Text © 1990 Augsburg Fortress

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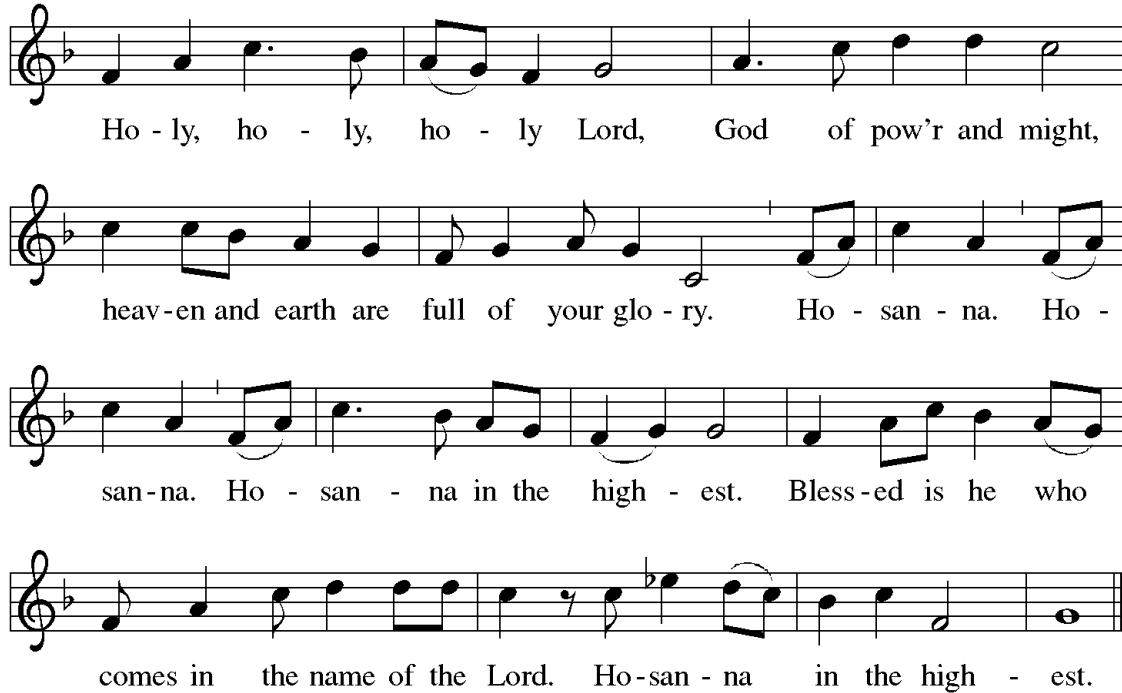
Great Thanksgiving



Preface

L: It is indeed right, our duty and our joy ... we rise to praise your name and join their unending hymn... *(please rise in body or in spirit)*

+Sanctus



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,
heav-en and earth are full of your glo - ry. Ho - san - na. Ho -
san-na. Ho - san - na in the high - est. Bless-ed is he who
comes in the name of the Lord. Ho-san - na in the high - est.

+Words of Institution

+Lord's Prayer

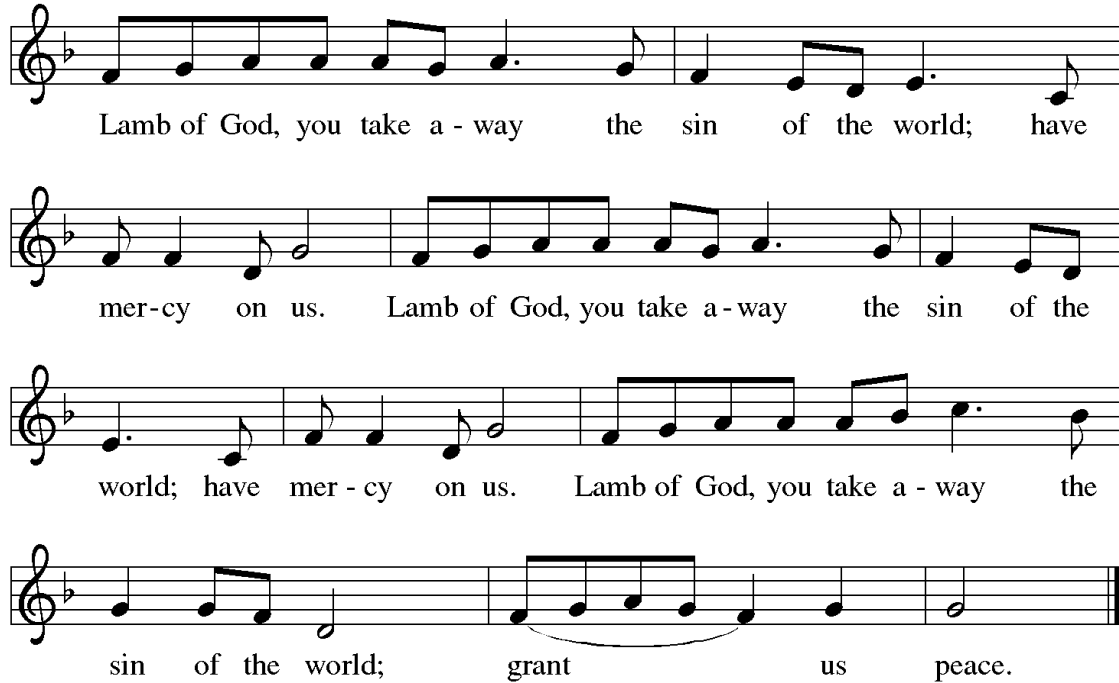
**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

+Invitation to Communion

L: Come to the table of new life. Receive the risen Lord.

You may be seated

Communion



Lamb of God, you take a - way the sin of the world; have
mer-cy on us. Lamb of God, you take a - way the sin of the
world; have mer - cy on us. Lamb of God, you take a - way the
sin of the world; grant us peace.

Distribution Music

We May Rise
Lied fr. 24 Pieces in Free Style

arr. Preston Hazzard
Louis Vierne

+Prayer after Communion

L: Holy One, through this meal you have made your home among us and are making all things new. Send us now to speak peace to anxious hearts, to love our enemies, and to bring your healing to the nations. In the name of Jesus,

C: Amen.

Sending

+ Blessing

The Lord Bless You and Keep You

Peter C. Lutkin

The Lord bless you and keep you,
The Lord lift his countenance upon you;
and give you peace,
The Lord make his face to shine upon you,
and be gracious unto you. Amen.

L: May the God of peace,
who raised from the dead our Lord Jesus,
provide us with every good thing we need in order to do his will;
and the blessing of almighty God, Creator, Redeemer and Sustainer,
be with us now and forever.

C: Amen.

+Sending Hymn

We All Are One in Mission

ELW 576



1 We all are one in mis - sion; we all are one in call,
2 We all are called for ser - vice, to wit - ness in God's name.
3 Now let us be u - nit - ed, and let our song be heard.



our var - ied gifts u - nit - ed by Christ, the Lord of all.
Our min - is - tries are dif - f'rent; our pur - pose is the same:
Now let us be a ves - sel for God's re - deem - ing Word.



A sin - gle great com - mis - sion com - pels us from a - bove
to touch the lives of oth - ers with God's sur - pris - ing grace,
We all are one in mis - sion; we all are one in call,



to plan and work to - geth - er that all may know Christ's love.
so ev - 'ry folk and na - tion may feel God's warm em - brace.
our var - ied gifts u - nit - ed by Christ, the Lord of all.

Text: Rusty Edwards, b. 1955

Music: KUORTANE, Finnish folk tune

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+Ringing of the Bell

+Dismissal

L: Go in peace, seeking Christ in one another,

C: We will, by the grace of God.

Postlude

Gospel John

Maynard Ferguson

Worship Participants

Presider	Pastor Eric Luedtke
Preacher	Pastor Korla Masters
Musicians	Timothy D. Buendorf, HOP Interim Director of Liturgical Worship & Organist Josh Countryman, ReFuel Worship Leader Linda Armstrong, Organist Woodlake and House of Prayer Choirs Woodlake and House of Prayer Handbells House of Prayer Wind Ensemble - Nathan Orcutt, Director - Faith Flesner, Guest Conductor
Lector/Intercessor	Brent King
Communion Servers	Pastor Eric, Pastor Korla, Pastor Neal, Pastor Micah, Paul and Sue Danielson, Brent King, Shirley Moen
Ushers	Ann Barnes, Cathy and Roger Shromoff
AV Engineer	Ethan Alberg
Communion Preparers	Shirley Moen and Beth Buswell



House of Prayer Lutheran Church

7625 Chicago Ave. S.
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Woodlake Lutheran Church

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Scan the QR code with a smartphone to make an electronic offering donation.

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*Call to Worship adapted from text written by Cheryl Lawrie and shared at <http://holdthisspace.org.au/> Used with permission

When in Our Music God is Glorified – wind ensemble arrangement by Jon N. Kietzer

This is the Feast – brass and handbell arrangement by Timothy D. Buendorf

Hold Us Together - Matt Maher, Steve Wilson CCLI Song #5553657 © Meaux Mercy; Skyline Apartments Music; SPIRITANDSONG.COM PUBLISHING; Thank you Music Ltd. For use solely with the SongSelect® Terms of Use. All rights reserved. www.ccli.com CCLI License #1139135

Better Together Announcements

April 26, 2026

Welcome to Music Sunday

Music Sunday brings together the combined choir, handbells, and brass from Woodlake and House of Prayer in a celebration of our shared music ministry. The House of Prayer Wind Ensemble, directed by Nathan Orcutt, will offer festive selections, and Josh Countryman, ReFuel music leader, will also lead us in song. Join us for worship as we lift our voices together in praise of our Risen Savior! Be sure to stay for the potluck following the service and plan to be on hand for the Joint Congregational Meeting. This is an important meeting where you will have the opportunity to vote on recommendations on a method of unification, property decisions, and a new name for our shared congregation.

Better Together Service Project for Our Neighbors – Community Care Kits

We know that House of Prayer and Wood Lake are *Better Together*, especially when we do God's work with our hands on our collaborative worship days. Today we'll pack wellness kits to be shared with the unhoused community. These thoughtfully designed kits will be packed with the help and direction of EQUIP Medical, a rental partner at House of Prayer. Chloe Koshiol-Wright will be on hand to share how these vital resources impact the recipients. Kits are tailored to real risks, real bodies, and real use cases. Once we have assembled the kits, participants are invited to take a few to have in their cars, being sent and prepared to share Christ's love with anyone they encounter. If you haven't already, stop by the tables in the Narthex to pack your own kit! Please contact Kim Houle at wifeofadrummerguy@gmail.com if you have any questions. God's Work - Our Hands!

Collaboration on Pentecost with Confirmation

Join us for our next Collaborative Worship Service - Sunday, May 24, at 10am at Woodlake. We'll be joined by Minneapolis Area Synod Bishop Jen Nagel as House of Prayer and Woodlake come together for one worship service marking Pentecost and the Affirmation of Baptism by three of our youth. Weather permitting we'll gather outside for worship and will celebrate following worship with hot dogs and cake!

Collaborative Summer Worship Schedule

We look forward to the different pace of summer and monthly opportunities to worship together as House of Prayer and Woodlake in one space. Our summer collaborative worship experiences will feature different musical styles and worship formats and always offer the opportunity to spend time in fellowship with one another deepening our relationships in Christ. Join us for these collaborative Sunday:

- May 24 at Woodlake – Pentecost and Confirmation, special guest Bishop Jen Nagel
- June 14 at House of Prayer – Telling our Stories
- July 5 at Woodlake – VBS Kickoff with Luther Park counselors
- August 9 at Veterans Park – under the picnic shelter with Oak Grove and Richfield Lutheran
- September 13 at Woodlake – Rally Sunday, kicking off the program year

Collaborative worship services are a great time to invite a friend, meet someone new, and experience vibrant worship.

House of Prayer Little Food Shelf

Help us stock our little HOP food shelf by bringing canned chicken, soup, or canned fruit. This little food shelf helps supplement groceries for 30-50 families each month who stop in for gift cards from the HOP Friendship Fund. In June, we are looking forward again to the Veggie Table summer food distribution events starting once again at Season's Park Apartments. Questions? Contact Christine Barneson at cmillerdance@gmail.com.

Summer Youth Activities

Camp Week

June 21-26 at Luther Park Danbury (1st-12th Graders)

We want you to go to Camp! Use the code "HOP Camper" and get a 50% scholarship on all programs! Half-week and full-week options plus additional need-based scholarships available upon request.

Register at lutherparkdanbury.campbrainregistration.com.

Vacation Bible School: July 6-9, (PreK-6th Grade)

Vacation Bible School is an evening program focused on hands-on faith. Each evening will be filled with songs, games, arts and crafts, bible stories, and more. This is a FREE 4-evening program, beginning with a community meal at 5pm then programming until 7:30pm. Register at <https://forms.gle/aY4N8trGoKMzZhoU6>.

Summer Stretch: July 6-9, (6th-9th Grade)

Summer Stretch is an afternoon program focused on fun and relationship building. Tentative activities include bowling, Vertical Endeavors, Escape Room, and more! We will begin at 1:00 pm and go to 5:00 pm. All are invited to participate in a community meal before going home. The cost for Summer Stretch is \$100, and scholarships are available. Register at <https://forms.gle/LkyYuf1WN47HXJwPA>.

RHS Food Shelf

Operation Metro Surge may have receded, but the needs have not. The Richfield High School food shelf is reporting they are running low on supplies - food, toiletries, and paper products. These items are delivered directly to families in need. There is a collection box at the Welcome Desks at both Woodlake and House of Prayer for easy donation drop-off, or you can drop food off at the Richfield Schools district office at 401 W. 70th St. A list of needed items will be at each church's Welcome Desk. Thank you for helping.

Congratulations to Nathan Orcutt

Our very own Nathan Orcutt, Director of HOP Brass & Wind Ensemble, has been named Drum Major for the 135th Season of the University of Minnesota Marching Band. Nathan has been working toward this goal for the past two years. He attributes part of his success to his experience directing HOP Brass & Wind Ensemble and the support he has received from the House of Prayer and Woodlake musicians and members. Congratulations Nathan! If you have questions about playing with the Brass / Wind Ensemble, contact Nathan at nathantheorcutt@gmail.com.

GACAC

On Saturday, April 18th, delegates Paul & Sue Danielson and Scott & Cara Wright attended the Annual Meeting of the Gustavus Adolphus College Association of Congregations (GACAC) on campus in St. Peter, MN. GACAC is a financially supported mission organization of HOP that was created after the 1988 ELCA merger to connect the ELCA with 28 Lutheran colleges. GACAC provides:

- Elected ELCA church representation to the Gustavus Board of Trustees,
- Resources for pastors (preaching cohort, pulpit supply, retreats),
- Youth resources (scholarships, campus & local retreats, camps).

Contact Cara Wright at cwright@hoplc.org if you have questions about GACAC.

Serving Meals at Simpson Community Shelter & Apartments

Thanks to this month's Simpson Meals Team of Steve Pierson, Sue Holton, Heidi Thomas, Scott Thomas, Darrell Hyde, and Leanne Hyde who served dinner at Simpson on April 21st. Dinner that evening was roast chicken, potatoes, and zucchini in a tomato-based sauce with bread and salad. Our next opportunity to serve at Simpson is on Tuesday, May 12th for lunch (meet at Simpson at 10am – 2740 1st Ave. S., Minneapolis). Contact Leanne Hyde at maramom62@gmail.com to sign up to serve.

Better Together Service Project for Our Neighbors Community Care Kit Full Inventory

- | | |
|---------------------------|----------------------------|
| • 1 Gallon Ziplock | • 1 Pack of Tissues |
| • 1 Coffex | • 1 Pair of Socks |
| • 2 4x4 | • 1 Emergency Blanket |
| • 2 2x2 | • 1 Rain Poncho Disposable |
| • 1 Large Bandage | • 1 Carabiner |
| • 5 Regular Bandage | • 1 Box of Matches |
| • 5 BZK Wipes | • 1 Protein Bar |
| • 5 Alcohol Wipes | • 1 Applesauce |
| • 5 Skin Protectant Jelly | • 1 Fruit Snacks |
| • 1 Cinch Bag | • 1 Tuna Packet |
| • 1 Deodorant | • 1 PB Cup |
| • 1 Mouthwash | • 1 Water Bottle |
| • 1 Hand Cream | • 1 Set of Cutlery |
| • 1 Sunscreen Packet | |
| • 3 Body Wipes | |

These kits provide more than just supplies; they offer a sense of care and recognition. When we provide first aid, hygiene, and nutrition in a portable cinch bag, we are supporting the recipient's dignity and physical safety.



EQUIP Medical offers services grounded in community-based care, practical planning, and real-world experience. We meet people and organizations where they are and build from there.

- Consulting / Training & Education
- EQUIPped Kits (First Aid and Wellness Kits)
- EMS Services & Liaison Work
- Community Outreach & Support (Health Equity Advocacy)

Contact Chloe Koshol-Wright at chloe@equipmedical.org for more info. Donate to the EQUIP Foundation: <https://www.equipmedical.org/foundation>

First Aid

The items in the Ziplock bag focus on immediate wound care and infection prevention.

- Sterile Gauze (4x4s and 2x2s): These are essential for cleaning wounds and stopping bleeding.
- Adhesive Bandages (Large and Small): These provide a protective barrier for minor cuts and blisters to keep dirt out.
- BZK Towelettes and Alcohol Prep Pads: Used to disinfect skin and clean around wounds to prevent infection.
- Skin Protectant Jelly: Helps soothe irritated skin and provides a moisture barrier for healing.
- Coffex Wrap: A self-adhering bandage used to secure dressings or provide light compression for strains.

Hygiene & Comfort

- These items help individuals maintain personal dignity and physical comfort while outdoors.
- Deodorant, Mouthwash, and Body Wipes: Essential for maintaining hygiene when access to shower or sink is limited.
- Hand Cream and Sunscreen: Protects the skin from harsh environmental elements like wind and UV rays.
- Water Bottle: Ensures immediate access to hydration.

Protection & Survival

- These items help people stay dry, warm, and prepared for changing conditions.
- Rain Poncho: Keeps the individual and their belongings dry during inclement weather.
 - Emergency Blanket: A compact way to retain body heat and prevent hypothermia in cold temperatures.
 - Socks: Keeping feet dry and clean is one of the most requested and impactful health interventions for those living outdoors.
 - Matches and Carabiner: Matches provide a way to create heat, while the carabiner allows the user to secure the kit or extra gear to their person.

Nutrition

- The snacks provided are shelf-stable, high-protein, and easy to consume without specialized equipment.
- Protein/Granola Bar, Tuna, and PB Cup: These offer high-energy, protein-rich fuel to help stave off hunger.
 - Applesauce and Fruit Snacks: Provide quick energy and are easy to eat, even for those with dental concerns.
 - Set of Cutlery: Ensures the recipient can eat the provided food immediately and hygienically.

Things to Say

- When handing out a kit, keep it warm and respectful:
- The Intro: "Hi! I have a Community Care Kit for you if you'd like one."
 - The "What's Inside": "It has some snacks, first aid supplies, and a fresh pair of socks."
 - The Closing: "I hope this helps you out today. Take care!"