

PC Meeting Notes 9.10.25

Opened Meeting with Ursuline Prayer

Welcome- thank you so much for being here.

Introduction - Ali LeBoeuf, Co-President

Topic I: Parents' Club, Committees and Events

“The objective of the Parents Club is to promote a strong sense of community in partnership with the school and to facilitate communication, cooperation, and involvement between parents and the school community. “ We assist in creating meaningful events and fun experiences for our daughters.

Introduction of Chairs:

Marion, Co-President and Room Parent Coordinator
Sarah Adkins, Hospitality/Social Chair
Thomas Adkins and Kevin Wiseman, Dad's Committee
Shavia Scott, Used Uniform Sales
Candace LeBlanc, Mane Event at City Park
Ashley Ojo, Elementary Parent-Daughter Events
Jill Holland, High School Parent-Daughter Events
Emily Tatum, Christmas Event
Marina Silva, Easter Egg Hunt/Box Tops
Jessica Schulmann - Teacher Appreciation
Open - Vice President, Service Projects Chair, ECLC Parent Events

Looking for co-chairs for all committees!

Events are either fundraisers, community builders or both. Ways to be involved 1. PARTICIPATE in our Events! Invite your family and friends! 2. PLAN on a committee 3. VOLUNTEER to work events.

Our girls love to see or know we are on campus or helping with school events. Get involved – like many things in life – you get out of it what you put into it.

[HERE](#) is our schedule of events for Fall.

Signups will soon live on the PC section of the newsletter. It will stay updated so check there often.

(continued on the next page)

Topic II: Security– Mariah Weinand spoke about on-campus security and the importance of following carpool properly. Please NEVER take a left turn out of the Nashville exit gate.

Regine Labrousse is our new Director of Alumnae and Parent Relations.

Topic III: Real World vs Digital World

We moved into our next topic with open and non-judgemental thoughts. Be mindful that everyone's situations are different and we are all doing what is best for our individual circumstances.

Our discussions were guided by ideals we've read in the book "[the Anxious Generation](#)" by Jonathan Haidt. If you haven't read it— we highly recommend it. If you're not a big reader— listen to his [TED talks](#), find [video clips](#), Check out his [sub stack](#) with shorter blog posts. You can even encourage your older daughters to read it. Lots of good eye-opening info that is data and research based!

The overall theme of the book is that children today are overprotected in the real world and underprotected in the digital world.

We are fellow parents, not professionals. This is all food for thought. Take what might work for your family and leave the rest.

First think about when you were a child—what is something you did. Or hear your parents or grandparents talk about what they did but you would not allow your kids to do. (i.e. ride your bike out of parents sight, cut your own dinner on your plate, order for yourself at a restaurant)

It is easy to think, if my children sit and play on their tablets or video games I can get dinner cooked, the house is quieter. I know where they are. This feels safer. I get it.

The reality is they need to take risks and handle independent tasks in order for their brains to develop the skills needed to evaluate risks in real life, be good decision makers, etc.

Let's take a look at some statistics and thought starters...[HERE](#)

We then moved into discussions amongst parents of similar aged daughters – brainstorm ideas for easy actionable tech boundaries and independent tasks your daughter can do that you may do for them right now.

Attached are the BINGO cards created from these discussions-

[ECLC](#) [Lower Elementary](#) [Middle School](#) [High School](#)