## Where youth affected by mental illness can come to find information and support. Administered by youth for youth.



## **Facebook / Life Under Construction**

(https://www.facebook.com/groups/LUCNamiNH/)

Twitter / @LUCNamiNH

(https://twitter.com/LUCNamiNH)

Instagram / lucnaminh

(https://www.instagram.com/lucnaminh/)



Each social media platform is administrated by youth with oversight from NAMI NH staff to ensure safe messaging. For questions or more information, contact Michele Watson at mwatson@NAMINH.org or 603-225-5359 ext 353

