

Provider CONTACT Information

To access any of the services available to you, **please have your Firm and Certificate number ready** to identify yourself as a Chambers of Commerce Group Insurance Plan member.

Chambers Plan Business Assistance Service (BAS)

To access the *Management Services* and *Human Resource Coaching*, call Arete's toll-free number **1.877.922.8646** and have your firm number and your organization's name, as shown on your policy, on hand. A trained specialist will ask some basic questions to identify how best to help you. Contact with a professional lawyer, Certified Accountant or Certified General Accountant, or Human Resource specialist will be arranged for your telephone counselling services.

Best Doctors Services

To access any of the Best Doctors' services, call **1.877.419.2378**.

Teladoc (Telemedicine Services)

If the employee's coverage includes Extended Health, they can access the services by telephone at **1.888.983.5236** or via videoconference with the Teladoc mobile app.

*Telemedicine services are only available by videoconference in Quebec.

Voyage Assistance (Emergency Travel Coverage)

To access these services under your Health coverage, contact the Voyage Assistance Coordination Centre at Sigma Assiste!'s office in Montreal, Quebec.

Inside Canada or the US - **1.800.465.6390**

Outside Canada or the US, call collect - **1.514.875.9170**

Travel Medical Insurance

If you require coverage for trips longer than specified in your group policy, for an additional cost, Ingle International can provide you 'Top-up' coverage for your additional days.

Call **1.855.591.2288** to talk to an Ingle International service representative, consult **my-benefits.ca** for employees under Benefits/Coverage & Changes or visit <https://travel.my-health.ca/en/>.

Arive Employee Assistance Program (EAP)

If your group plan includes the Arive Employee Assistance benefit, insureds can access the services by calling **1.877.412.7483**.

Pam Brace
1-866-421-1110 ext. 104
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