



UJA IN WESTCHESTER

WESTCHESTER RESOURCES

At this unprecedented time, many people may find themselves with unexpected challenges. Below, you will find a consolidated list of Westchester resources so you, your family, or your friends can access support easily and quickly.*

LOOKING FOR FOOD?

Feeding Westchester

To find a food pantry, the Mobile Food Pantry schedule, or to sign up for drive-thru food distribution opportunities, please click [here](#).

Westchester SNAP Benefits

Non-Public Assistance SNAP (Supplemental Nutrition Assistance Program), formerly called Food Stamps, helps low-income households by supplementing their monthly food budget. For more information on eligibility and how to sign up, click [here](#).

NEED DELIVERY ASSISTANCE?

RideConnect

RideConnect is offering a “Shop and Drop” service for older adults and those with compromised immune systems — please call 914.242.7433 for information or click [here](#).

Food Deliveries

Due to high demand, some delivery services may be unavailable. You may want to take advantage of these additional Westchester County options:

[Ace Endico](#)

[Grateful Produce](#)

[Chefs Warehouse](#) (for bulk orders)

[Misfit Markets](#)

Additional Delivery Services should you need pick up and drop off services:

[Handy](#)

[Need it Now Delivers](#)

[Task Rabbit](#) (will do shopping as well at an hourly rate)

LOOKING FOR MENTAL HEALTH SERVICES?

Westchester Jewish Community Services (WJCS), a UJA nonprofit partner, is the largest not-for-profit provider of licensed outpatient behavioral health services in Westchester County. **During the Covid-19 public health crisis, WJCS continues to provide its full array of behavioral health services via telehealth by telephone or video chat. For more information on how to access these services, click [here](#).** If you have any additional questions after reviewing this page, please contact Sherry Birnbaum, LCSW, assistant executive director, Jewish Programs [here](#).

WJCS Center Lane is where LGBTQ+ youth create community, connect with culture, and contribute to the world! If you are a teen specifically looking for an LGBTQ community at this time, please contact Lisa Scott, Director of Center Lane, [here](#).

Bereavement Services at WJCS are offered through the [Pathways to Care](#) program and through WJCS's four mental health clinics. For more information, new clients with Medicaid or those with commercial insurance that is accepted by WJCS can contact the WJCS Hartsdale Family Mental Health Center at 914.949.7699.

LOOKING FOR DAILY ESSENTIALS?

(914) Cares/Baby Bank

The Baby Bank has been turned into an emergency diaper relief effort during the pandemic, distributing each week between 21,000 and 25,000 diapers across Westchester County. Diapers can be requested through a school or nonprofit agency. If you are an organization requesting diapers for an individual, please contact Stephanie Roth, executive director of Kid's Closet & the Baby Bank, [here](#).

Sharing Shelf

The Sharing Shelf is Westchester's Clothing Bank for Children. During this period, their warehouse is temporarily closed but they are responding to clothing requests for newborns and infants as well as emergency requests for children and teens. They are also providing basic sanitary kits and feminine hygiene products. Requests must be submitted by a community nonprofit (i.e. school, feeding program, or synagogue). For sanitary kits please use this [link](#).

For clothing requests, please email thesharingsshelf@fsw.org for our form.

EMPLOYMENT?

Westchester Jewish Community Services

The Career>Connect Employment Services program helps Jewish community members who are struggling with employment instability. To find out more, please contact Jill Schriebman [here](#).

Government Benefits

If you are experiencing unemployment due to our newfound realities, please click [here](#) for more information on the Coronavirus Aid, Relief, and Economic Security (CARES) Act and how it affects those who are out of work in New York.

ADDITIONAL RESOURCES:

Hebrew Free Loan Society (HFLS)

HFLS, a UJA nonprofit partner, has created Coronavirus Financial Impact Loans to provide interest-free loans of up to \$5,000 to residents of New York City's five boroughs, Westchester, or Long Island who are facing financial challenges caused by the coronavirus outbreak.

Other HFLS interest-free loans offering more than \$5,000 include [Health Care Loans](#), [Small Business Loans](#), [General Needs Loans](#), [Undergraduate Loans](#), and [Vocational Training Loans](#). Loan repayments will begin in August 2020 or later. Please visit the links above to learn more about eligibility and loan terms and to apply.

Hebrew Free Burial Association (HFBA)

HFBA, a UJA nonprofit partner, is dedicated to assuring that every Jew in the greater New York metropolitan area regardless of financial means or religious affiliation, receives a dignified, traditional Jewish funeral and burial. Should you know someone in need, please contact them at 212.239.1662. Phone is answered 24/7 for burial calls.

Domestic Violence: Shalom Task Force

If you or a loved one is in an abusive or unhealthy relationship, please call Shalom Task Force's confidential hotline at 888.883.2323.

Legal Services of the Hudson Valley

Legal Services of the Hudson Valley helps low income individuals and families with free civil (non-criminal) legal counsel to protect their basic necessities of life, including shelter, freedom from physical abuse, medical care, and access to legal protections and supports that are guaranteed by law, but not always provided. During this time, they are helping clients remotely. To learn more about their efforts, including contact information, click [here](#).

United Way

Are you looking for additional resources? Please contact United Way's 211 Hotline. United Way's 2-1-1 is a free, confidential, multilingual information and referral helpline open 365 days a year, 24 hours a day.

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