

## Living the Legacy: Our Encounter with Parental Loss



We will create a safe space in which to share the grief of losing parents, the sustaining memories, and the legacies that survive. Facilitated by Gillian Rittmaster, LMSW, and Rabbi Pamela Wax.

**Dates:** 4 Wednesdays, November 4 and 18,  
December 2 and 18, 2020

**Time:** 10:00 – 11:30 am

**Suggested Fee:** \$200

***Virtual Call-in Information will be provided upon registration.***

### REGISTRATION REQUIRED

Please email Rabbi Wax at [pwax@wjcs.com](mailto:pwax@wjcs.com) to register.

**Note:** that Rabbi Wax will be out of the office until 9/9.

Funded through the US Department of Health and Human Services Administration on Aging (AOA), New York States Office for the Aging, Westchester County Department of Senior Programs and Services, WJCS and UJA Federation.



### Jewish Spiritual Healing Center

The WJCS Jewish Spiritual Healing Center is dedicated to promoting the spiritual, intellectual, physical and mental health of Westchester's Jewish community by infusing our many programs and services with the intrinsic power of Judaism's history and tradition.

We provide the community with opportunities that foster health and healing for the mind, body and spirit within a Jewish context.



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845 N. Broadway  
White Plains, NY 10603  
914.761.0600