



Most Needed Items



Brown or White Rice

Whole Grain Pasta

Shelf Stable Milk

Canned Meat / Fish

Canned Vegetables

Peanut Butter

Whole Grain Cereal

Canned or Dried Fruit

Canned Meals

Canned or Dried Beans

When choosing items for donation, please look for labels which read:

Low Sodium

No Salt Added

No Sugar Added

Unsweetened

Reduced Sodium

100% Fruit Juice

Lite

Please donate
NON-PERISHABLE
items only

No glass containers,
pre-opened or out of
date items

200 CLEARBROOK ROAD, ELMSFORD, NY 10523

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