

“Contemplation”

With St. Francis and St. Clare

Retreat Director

Sister Kathleen Sadler, OSF

Sept. 13 5:00 pm - Sept. 15 11:00 am

Step back from the demands of the day, come to the stillness.

Engage in life through contemplation and be steeped in God. Hear the gentle whisperings of the Spirit in the stillness of contemplation.



Experience God's love, healing and peace through nature and in all aspects of life.

Connect with the wisdom within you and deepen your relationship with God.

Be still and know that I am God.



See the world as a sacred garden, a paradise where God dwells and immerse yourself in contemplation by gazing upon Christ within and around us.



Gaze upon Christ, Consider Christ, Contemplate Christ, Imitate Christ..

Our Lady of the Prairie

2664 145th Avenue

Wheatland, IA. 52777

Includes a delicious home cooked meal.

Please register at least three days in advance.

Contact Sister Claudia Scharf, OSB. Phone: 563-336-8414