

**Sally Donaubauer, PT, DPT, OCS** is an orthopedic physical therapist who specializes in Dance Medicine and Pilates-based rehabilitation. She has worked exclusively with dancers at the Harkness Center for Dance Injuries in New York City and provided on-site physical therapy backstage at Broadway shows such as Wicked and In the Heights, as well as for several professional dance companies including the Paul Taylor Dance Company. Sally has been a certified Pilates instructor since 2000, and has extensive experience teaching Pilates sessions in addition to incorporating Pilates into rehabilitation. She has taught anatomy courses for dancers and Pilates instructors, Pilates teacher training and continuing education courses, dance medicine courses, Pilates for physical therapy lectures, and dancer injury prevention workshops throughout the country. In addition, she has presented at several regional and international performing arts and dance medicine conferences, and was co-founder of the Dance Clinic at the Cleveland Clinic. Sally was a professional modern dancer for many years in NYC prior to earning her Doctor of Physical Therapy degree at the University of Southern California in 2008, and she studied ballet and jazz at the professional level as well. She now resides in the Chicago area with her husband and daughter.