



Please check the weekly Epistle for more information. If you are not currently receiving our weekly electronic newsletter but would like to, please email the office at staidansalexandria@gmail.com. Thank you.

THIS WEEK at ST. AIDAN'S

Sunday, February 8

- Holy Eucharist at 9:30 a.m. (in-person & virtual)
- Annual Parish Meeting at 10:45 a.m. (in-person & virtual)
- Children's Formation at 10:45a.m.
- Knitting + Group at 3:00 p.m.
- Celtic Worship at 5:30 p.m. (in-person only)

Monday, February 9

- Compline at 7:00 p.m. (online via Zoom)
- Al-Anon meeting at 7:00 p.m. (in-person and online via Zoom)

Tuesday, February 10

- Meditation/Silent Prayer at 8:00 a.m. (in-person)
- Women's Reading Circle at 9:30 a.m. (in-person)
- Center for Spiritual Deepening: Three Beguine Mystics: A Series with LJ Milone at 7:30 p.m.

Wednesday, February 11

- Compline at 7:00 p.m. (online via Zoom)

Thursday, February 12

- Soul Circle at 7:30 p.m. (online via Zoom)

Friday, February 13

- Meditation/Silent Prayer at 8:00 a.m. (in-person)
- Compline at 7:00 p.m. (online via Zoom)

Saturday, February 14

- Cooking and set-up for Mardi Gras Brunch at 11:00 a.m. (White Hall)

Sunday, February 15

- Holy Eucharist at 9:30 a.m. (in-person)
- Mardi Gras Brunch at 10:45 a.m.
- Celtic Worship at 5:30 p.m. (in-person and online via Zoom)

See the reverse side for a more detailed look at events this week and beyond.

A LOOK AHEAD at ST. AIDAN'S

Annual Parish Meeting • Sunday, February 8 • 10:45 a.m.

Please plan to attend the Annual Parish Meeting. Each year, the parish gathers both to do the business of the church and check in with one another. We will thank outgoing vestry members who have served generously, elect three new vestry members, and hear about “the State of St. Aidan’s”—or how the Spirit continues to move in our community. A quorum is required to elect new vestry members, and a zoom link and materials for the meeting will be sent out electronically prior to the meeting.

Center for Spiritual Deepening • Three Beguine Mystics: A Series with LJ Milone •

February 10 at 7:30 p.m. (Feb 10: Marguerite Porete)

In the Middle Ages, women had few options for living: wife or nun. The beguines emerged as a third way: women who gathered for prayer, a common life, and active charity but without direct supervision by any priest or husband. They cultivated mystical practices and outreach to the poor, the sick, and the elderly. The Beguine movement produced many mystics, that is, women dedicated to God alone and, therefore, to deep prayer and fruitful love. Common themes among these women include radical love, annihilation, leaving behind hierarchy, and unity with God available here and now. We will reflect on these themes and more as we delve into their wisdom for the search for the divine.

Ventures in Community - Hypothermia Outreach Program (VICHOP): February 15 and March 1, 15 & 29

Each year, Rising Hope Mission Church hosts a hypothermia shelter during the four coldest months of the year. A warm dinner, overnight lodging, and a to-go breakfast bag is provided for up to 40 guests at Rising Hope. You can help by cooking the meals during First Sunday Outreach, assembling the breakfast bags, serving on the Sunday evenings (18 and over only), or staying for a part of the evening to be with guests who are not sleeping. **We need many more volunteers to help with serving on Sunday nights!** Please sign up at the links in Epistle.

February 14 and 15 • Mardi Gras Brunch and Set-up

We need your help cooking for and setting up for the annual Mardi Gras brunch! If you would like to lead setting up for the brunch or contribute to cooking, please sign up in the links in the Epistle or contact Eileen Myers in the office (staidansalexandria@gmail.com). Many thanks to Jennifer Smaha for her leadership of this fun annual tradition!

Wednesday, February 18 • Ash Wednesday Service • 7:00 p.m.

February 22 - March 29 • C.S. Lewis and the Delightful, Diabolical, Daring of Lent 10:45

The 40 days of Lent are about many things: preparing for Easter, reflecting on our lives, expanding our hearts and minds with spiritual exercise, and more. We might even train by “sparring” with whatever distractions, obstacles, or inclinations are holding us back from the people God is calling us to be. What obstructs our doing justice, loving kindness, and walking humbly with God? Join Seminarian Ryan Waide during Adult Forum in Lent for a SALT Project study based on C.S. Lewis’s *Screwtape Letters* to reflect on these questions, clarify our insight, and renew our resolve.

Thank you for your generosity in supporting St. Aidan’s.

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