

Cape Cod Academy Welcomes New School Counselor

Cape Cod Academy welcomes Nanci Barnett, M.A. as the new School Counselor. Nanci has extensive experience as a school counselor/psychologist for children and adolescents of all ages and diverse backgrounds, providing skilled support to youth and their families through academic, mental health, and substance use challenges.

She graduated Cum Laude with a B.A. in Psychology/Minor in Sociology from Central Connecticut State University and earned a Master of Arts in Clinical Psychology from Southern Connecticut State University. She completed an Administrator Certification at Northeastern University, and more recently a Trauma Sensitivity Certification from Lesley University. She has completed alcohol and drug studies at Rutgers University and Johnson State College.

Nanci has extensive experience working in schools and outpatient mental health/alcohol/drug settings. Most recently, she was the School Counselor/Psychologist for the Monomoy Regional School District where she worked for 23 years. Prior to this, she worked as a psychotherapist at South Bay Mental Health in Massachusetts and North Haven Community Services in Connecticut. She has also worked with students with significant social/emotional and behavioral needs at EASTCONN, a regional collaborative educational program serving 32 towns in northeastern Connecticut. Nanci has implemented emotional regulation, social skills, mentoring, and bullying prevention programs for students of all ages. She has knowledge and training with unique learning styles and challenges, Positive Behavioral Intervention Supports (PBIS), interpretation of cognitive and psychological testing, and effective classroom management. She is also adept at building bridges with community resources to support families in need. In her free time, Nanci enjoys her family and friends, dogs, and landscaping her yard.