

**SUMMER WEEK TWO****BREAKFAST**

**S**  
**U** CREAM OF WHEAT  
**N** OR COLD CEREAL  
**D** BACON  
**A** SCRAMBLED EGGS  
**Y** CINNAMON ROLL or RAISIN TOAST

## EASTRIDGE

**LUNCH**

ROAST BEEF / CHICKEN  
 MASHED POTATOES/GRAVY  
 CORN  
 DINNER ROLL / MARGARINE  
 CREAM PIE

**SUPPER**

CHICKEN NOODLE CASSEROLE  
 STEWED TOMATOES  
 BREAD / MARGARINE  
 TROPICAL FRUIT

**M** OATMEAL  
**O** OR COLD CEREAL  
**N** HASHBROWNS  
**D** CHOICE EGG  
**A** TOAST OR COFFEE CAKE (BANANA)  
**Y** BACON OR SAUSAGE PATTY

GLAZED HAMLOAF  
 ROASTED GARLIC MASHED POTATOES  
 CANDIED CARROTS  
 BREAD / MARGARINE  
 PEANUT BUTTER PIE DESSERT

CHICKEN/DUMPLING SOUP  
 CRACKERS  
 HAM SALAD SANDWICH  
 BUTTERSCOTCH PUDDING

**T**  
**U** MALT O MEAL  
**E** OR COLD CEREAL  
**S** PANCAKES / TOAST  
**D** BACON OR SAUSAGE LINK  
**A** CHOICE EGG  
**Y**

CHEESEBURGERS  
 SOUR CREAM MACARONI SALAD  
 RAMON COLESLAW  
 LEMON LAYER DESSERT

FISH STICKS  
 SWEET POTATOES  
 CORN  
 CHERRY SALAD

**W** CREAM OF WHEAT  
**E** OR COLD CEREAL  
**D** CHOICE EGG  
**N** TOAST  
**E** BACON OR SAUSAGE PATTY  
**S** OMELET  
**D**  
**A**  
**Y**

CREAMY BAKED CHICKEN  
 SCALLOPED POTATOES  
 PEA SALAD  
 BREAD / MARGARINE  
 ICE CREAM

BEEF STROGANOFF  
 BROCCOLI WITH CHEESE  
 BREAD / MARGARINE  
 PEACHES

**T** OATMEAL  
**H** OR COLD CEREAL  
**U** CHOICE EGG  
**R** BACON OR SAUSAGE LINK  
**S** TOAST OR MUFFIN  
**D**  
**A**  
**Y**

TACO SALAD or  
 SPAGHETTI  
 LETTUCE SALAD  
 GARLIC BREAD  
 WATERMELON

CHICKEN NUGGETS  
 RICE PILAF  
 ASPARAGUS  
 BREAD / MARGARINE  
 FRUIT AMBROSIA

**F**  
**R** MALT O MEAL  
**I** OR COLD CEREAL  
**D** SAUSAGE GRAVY  
**A** BISCUIT OR TOAST  
**Y** BACON OR SAUSAGE PATTY

BBQ MEATBALLS  
 POTATO CASSEROLE  
 SWISS VEGGIE BAKE  
 BREAD / MARGARINE  
 CHERRY CHEESECAKE

PIG IN A BLANKET  
 POTATO CHIPS  
 CREAMED CORN  
 FRUIT

**S**  
**A** OATMEAL  
**T** OR COLD CEREAL  
**U** BACON  
**R** FRENCH TOAST  
**D** SCRAMBLED EGGS  
**A**  
**Y**

HAM  
 MACARONI AND CHEESE  
 CUCUMBER SALAD  
 BREAD / MARGARINE  
 BANANA PUDDING / VANILLA WAFERS

BROCCOLI CHEESE SOUP  
 CRACKERS  
 CHICKEN SALAD SANDWICH  
 COOKIE

WEEK 2: DATES: \_\_\_\_\_

SPRING SUMMER YEAR: 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Malt O Meal</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Donut or Danish</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Cream of wheat</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Sausage</li> <li>▪ Pancakes</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Oatmeal</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Ham, egg &amp; cheese scramble(pt's/staff)</li> <li>▪ Ham (redbud only)</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Malt O Meal</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Omelet</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Oatmeal</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Sausage links</li> <li>▪ Cinnamon roll</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Cream of wheat</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Sausage gravy</li> <li>▪ Biscuit</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Oatmeal</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Bacon</li> <li>▪ Toast/marg</li> </ul>
<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Fried chicken</li> <li>▪ Mashed potatoes &amp; gravy</li> <li>▪ Corn</li> <li>▪ Dinner roll/marg</li> <li>▪ Pie</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Fish</li> <li>▪ Taco salad</li> <li>▪ Baked sweet potato or yams</li> <li>▪ Broccoli</li> <li>▪ Refried beans</li> <li>▪ Bread/marg</li> <li>▪ Cheesecake</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Street tacos (cafeteria)</li> <li>▪ Chicken patty (Pt's &amp; Redbud)</li> <li>▪ Ham salad sand</li> <li>▪ Scalloped potatoes (Pt's and Redbud)</li> <li>▪ Baked potato (pt's only)</li> <li>▪ Chef cut veggies</li> <li>▪ Coleslaw</li> <li>▪ Bread/marg</li> <li>▪ Fruit</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Pot roast</li> <li>▪ Grilled sandwich</li> <li>▪ Roasted potatoes</li> <li>▪ Chips</li> <li>▪ Carrots</li> <li>▪ Cucumber salad</li> <li>▪ Bread/marg</li> <li>▪ Dessert bar</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Hamburger</li> <li>▪ Chicken wrap</li> <li>▪ French fries</li> <li>▪ Baked beans</li> <li>▪ Broccoli salad</li> <li>▪ Bread/marg</li> <li>▪ Fruit</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Tater tot casserole</li> <li>▪ Club sandwich</li> <li>▪ Lettuce salad</li> <li>▪ Bread/marg</li> <li>▪ Mousse</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Turkey</li> <li>▪ Fish</li> <li>▪ Mashed potatoes/gravy</li> <li>▪ Peas</li> <li>▪ Lettuce salad</li> <li>▪ Bread/marg</li> <li>▪ Brownie</li> </ul>
<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Grilled cheese</li> <li>▪ Shredded pork slider</li> <li>▪ Chips</li> <li>▪ Coleslaw</li> <li>▪ Bread/marg</li> <li>▪ Fruit salad</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Meat Lasagna</li> <li>▪ Chicken Salad sandwich</li> <li>▪ Lettuce salad</li> <li>▪ Breadstick/marg</li> <li>▪ Strawberry banana cup</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Meatballs</li> <li>▪ Ham &amp; turkey on wheat</li> <li>▪ Mac &amp; cheese</li> <li>▪ BP (patients only)</li> <li>▪ Broccoli/cauliflower mix</li> <li>▪ Applesauce gelatin salad</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Roasted chicken wings</li> <li>▪ Roast beef sand</li> <li>▪ Fried potatoes</li> <li>▪ Baked chips</li> <li>▪ Baked tomatoes</li> <li>▪ Bread/marg</li> <li>▪ Ice cream</li> <li>▪ Fruit</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Shepard's pie</li> <li>▪ Egg salad sand</li> <li>▪ California veggies</li> <li>▪ Chips</li> <li>▪ Bread/marg</li> <li>▪ Fruit</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Chicken and wild rice soup</li> <li>▪ Turkey &amp; Cheese on bun</li> <li>▪ Carrots</li> <li>▪ Chips</li> <li>▪ Peanut butter Rice krispie</li> <li>▪ Fruit</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Beef stroganoff</li> <li>▪ Brats (redbud only)</li> <li>▪ Mixed veggies</li> <li>▪ Macaroni salad</li> <li>▪ Bread/marg</li> <li>▪ Cookie</li> <li>▪ Fruit</li> </ul>

FRUIT, MILK, JUICE, COFFEE, TEA IS AVAILABLE AT ALL MEALS

Dietary phone number – 889-4657 ext 4475; Itemized salad bar items Monday-Friday at noon meal only