

**SUMMER WEEK ONE****BREAKFAST**

**S**  
**U** CREAM OF WHEAT  
**N** OR COLD CEREAL  
**D** BACON OR SAUSAGE PATTY  
**A** SCRAMBLED EGGS  
**Y** DONUT or RAISIN TOAST

**EASTRIDGE****LUNCH**

ROAST BEEF / CHICKEN  
MASHED POTATOES / GRAVY  
CREAM CHEESE CORN  
DINNER ROLL / MARGARINE  
FRUIT PIE

**SUPPER**

PANCAKES  
SAUSAGE PATTY  
TOMATO JUICE  
STRAWBERRY / BANANAS

**M** OATMEAL  
**O** OR COLD CEREAL  
**N** HASHBROWNS  
**D** CHOICE EGG  
**A** TOAST OR COFFEE CAKE (CHERRY)  
**Y** BACON OR SAUSAGE PATTY

SWISS STEAK  
BAKED POTATOES  
GREEN BEANS  
BREAD / MARGARINE  
STRAWBERRY FLUFF

SLOPPY JOE ON BUN  
TATOR TOTS  
CREAMED CORN  
COOKIE

**T**  
**U** MALT O MEAL  
**E** OR COLD CEREAL  
**S** PANCAKES / TOAST  
**D** BACON OR SAUSAGE LINK  
**A** CHOICE EGG  
**Y**

PIZZA  
SOUR CREAM MACARONI SALAD  
DEVIL EGGS  
COLESLAW  
STRAWBERRY SHORTCAKE

VEGETABLE BEEF SOUP  
CRACKERS  
TURKEY / CHEESE SANDWICH  
PEACHES

**W** CREAM OF WHEAT  
**E** OR COLD CEREAL  
**D** CHOICE EGG  
**N** TOAST  
**E** BACON OR SAUSAGE PATTY  
**S** OMELET  
**D**  
**A**  
**Y**

CHICKEN PATTY ON BUN  
RANCH PASTA SALAD  
PICKLED BEETS  
ICE CREAM

GOULASH  
CARROTS  
BREAD / MARGARINE  
ROSY APPLESAUCE

**T**  
**H** OATMEAL  
**U** OR COLD CEREAL  
**R** CHOICE EGG  
**S** BACON OR SAUSAGE LINK  
**D** TOAST OR MUFFIN  
**A**  
**Y**

FISH OR TACO SALAD  
FRIED RICE  
CREAMED PEAS  
CREAM PUFF

TOMATO BASIL SOUP  
GRILLED CHEESE SANDWICH  
CRACKERS  
WATERMELON

**F** MALT O MEAL  
**R** OR COLD CEREAL  
**I** SAUSAGE GRAVY  
**D** BISCUIT OR TOAST  
**A** BACON OR SAUSAGE PATTY  
**Y**

POLISH SAUSAGE  
MASHED POTATO  
SAUERKRAUT  
BREAD / MARGARINE  
JELLO WITH APPLESAUCE

CHICKEN STRIPS  
FRENCH FRIES  
PICKLED BEETS  
SHERBET

**S**  
**A** OATMEAL  
**T** OR COLD CEREAL  
**U** BACON  
**R** FRENCH TOAST  
**D** SCRAMBLED EGGS  
**A**  
**Y**

TUNA NOODLE CASSEROLE  
PEAS & CARROTS  
BREAD / MARGARINE  
JELLO POKE CAKE

HAMBURGER GRAVY  
OVER BISCUIT  
POTATO WEDGES  
BROCCOLI AND CHEESE  
ICE CREAM

ONAGA WEEK 3: DATES:\_\_\_\_\_

SPRING      SUMMER      YEAR: 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Cream of Wheat</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Coffee cake</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Raisin Oatmeal</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Turkey sausage</li><li>▪ Raisin Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Cream of wheat</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Egg &amp; potato casserole</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Malt O Meal</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Egg, ham or sausage &amp; cheese slider</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Oatmeal</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Breakfast pizza</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Malt O Meal</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Sausage gravy</li><li>▪ Biscuit</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Cream of Wheat</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Sausage link</li><li>▪ Toast/marg</li></ul>
<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Roast beef</li><li>▪ Mashed potatoes</li><li>▪ Corn</li><li>▪ Pickled beets</li><li>▪ Bread/marg</li><li>▪ Pie</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Pork tenderloin</li><li>▪ Philly steak sandwich</li><li>▪ Roasted potato/squash blend</li><li>▪ Green beans</li><li>▪ Tomato salad</li><li>▪ Bread/marg</li><li>▪ Dessert bar</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Fish</li><li>▪ Grilled sandwich</li><li>▪ Southwest roasted potatoes</li><li>▪ Roasted Carpi Veggies</li><li>▪ Apple salad</li><li>▪ Bread/marg</li><li>▪ Fruit</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Fried chicken</li><li>▪ Roast beef &amp; Swiss</li><li>▪ Mashed potatoes/gravy</li><li>▪ Corn</li><li>▪ Pea salad</li><li>▪ Bread/marg</li><li>▪ Kansas dirt cake</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ BBQ ribs</li><li>▪ Shrimp</li><li>▪ Pulled pork (patients)</li><li>▪ Sweet potato fries</li><li>▪ Baked potato</li><li>▪ Peas</li><li>▪ Mixed greens salad</li><li>▪ Bread/marg</li><li>▪ Fruit</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Spaghetti</li><li>▪ Hot turkey &amp; Swiss sandwich</li><li>▪ Lettuce salad</li><li>▪ Chips</li><li>▪ Garlic bread</li><li>▪ Dessert bar</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Salisbury steak</li><li>▪ Chicken salad sand</li><li>▪ Mashed potatoes w/gravy</li><li>▪ Corn</li><li>▪ Pasta salad</li><li>▪ Bread/marg</li><li>▪ Pudding</li><li>▪ Bread/marg</li></ul>
<b>Supper</b> <ul style="list-style-type: none"><li>▪ BBQ chicken sandwich on bun</li><li>▪ Hot Ham and cheese on bun</li><li>▪ Chips</li><li>▪ Pasta salad</li><li>▪ Fresh veggies</li><li>▪ Ice cream</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Pizza</li><li>▪ Turkey &amp; cheese sandwich</li><li>▪ Lettuce salad</li><li>▪ Garlic bread/marg</li><li>▪ Bread/marg</li><li>▪ Fruit</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Hot beef sandwich</li><li>▪ Pork loin wrap</li><li>▪ Mashed potatoes/gravy</li><li>▪ Mixed veggies</li><li>▪ No bake Cookie</li><li>▪ Fruit</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Western bean bake</li><li>▪ Ham &amp; cheese slider</li><li>▪ Whipped potatoes/marg</li><li>▪ Chips</li><li>▪ Carrots</li><li>▪ Bread/marg</li><li>▪ Baked apples</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Ham</li><li>▪ Egg salad sandwich</li><li>▪ Red roasted potatoes</li><li>▪ California veggies</li><li>▪ Chips</li><li>▪ Bread/marg</li><li>▪ Cookie</li><li>▪ Apricots</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Egg/Sausage bake</li><li>▪ Tuna salad sandwich</li><li>▪ Chips</li><li>▪ Baked tomatoes</li><li>▪ Bread/marg</li><li>▪ Fruited jello</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Chicken and noodles</li><li>▪ Roast beef &amp; swiss cheese sandwich</li><li>▪ Mashed potatoes (RB only) Baked chips</li><li>▪ Mixed vegetables</li><li>▪ Bread/marg</li><li>▪ Mandarin oranges</li></ul>

FRUIT, MILK, JUICE, COFFEE, TEA IS AVAILABLE AT ALL MEALS

Dietary phone number – 889-4657 ext 4475

Itemized salad bar items Monday-Friday at noon meal only