

SUMMER WEEK SIX**EASTRIDGE****BREAKFAST****LUNCH****SUPPER**

S CREAM OF WHEAT
U OR COLD CEREAL
N BACON
D SCRAMBLED EGGS
A CINNAMON ROLLS OR RAISIN TOAST
Y

ROAST BEEF / CHICKEN
MASHED POTATOES / GRAVY
GREEN BEAN CASSEROLE
DINNER ROLL / MARGARINE
CREAM PIE

BBQ RIBLET
TATOR TOTS
MIX VEGGIES
SHERBET

M OATMEAL
O OR COLD CEREAL
N CHOICE EGG
D TOAST OR COFFEE CAKE (APPLE)
A BACON OR SAUSAGE PATTY
Y HASHBROWNS

SPAGHETTI
LETTUCE SALAD
GARLIC BREAD
KANSAS DIRT CAKE

PORK TENDERLION SANDWICH
POTATO WEDGE
WINTER BLEND
JELLO WITH FRUIT

T MALT O MEAL
U OR COLD CEREAL
E PANCAKES / TOAST
S BACON OR SAUSAGE LINK
D CHOICE EGG
A
Y

SMOTHERED PORK
GARLIC MASHED POTATOES
CORN
ORANGE TAPIOCA JELLO

CREAM OF CHICKEN W/ WILD RICE
CRACKERS
TUNA SALAD SANDWICH
NO BAKE COOKIES

W CREAM OF WHEAT
E OR COLD CEREAL
D OMELET OR CHOICE EGG
N TOAST
E BACON OR SAUSAGE PATTY
S EGG, SAUSAGE OR BACON
D CHEESE MCMUFFIN
A
Y

BEEF TIPS OVER
MASHED POTATOES
PEAS
ICE CREAM

FISH STICKS
SWEET POTATOES
GREEN BEANS
BREAD / MARGARINE
TROPICAL FRUIT

T OATMEAL
H OR COLD CEREAL
U CHOICE EGG
R BACON OR SAUSAGE LINK
S TOAST OR MUFFIN
D EGG / BACON BAKE
A
Y

TACO SALAD
BBQ CHICKEN
CREAMED PEAS AND POTATOES
CUCUMBER SALAD
BREAD / MARGARINE
ÉCLAIR

POTATO SOUP
GRILLED CHEESE SANDWICH
CRACKERS
BUTTERSCOTCH PUDDING

F MALT O MEAL
R OR COLD CEREAL
I SAUSAGE GRAVY
D BISCUIT OR TOAST
A BACON OR SAUSAGE PATTY
Y

HAMBURGER
FRIED POTATOES
CREAMED CORN
BREAD / MARGARINE
HEATH BAR CAKE

CHILI DOG
PASTA SALAD
SPINACH
ICE CREAM

S OATMEAL
A OR COLD CEREAL
T BACON
U FRENCH TOAST
R SCRAMBLED EGGS
D
A
Y

PORK ROAST / GRAVY
BABY BAKED POTATOES
BRUSSEL SPROUTS
BREAD / MARGARINE
CHERRY CHEESECAKE

HOT HAM AND CHEESE
RICE PILAF
BEETS
PEACHES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast <ul style="list-style-type: none">▪ Malt O Meal▪ Cold cereal▪ Scrambled Egg▪ Sausage▪ Monkey bread▪ Toast/marg	Breakfast <ul style="list-style-type: none">▪ Oatmeal▪ Cold cereal▪ Scrambled Egg▪ Poached egg▪ Toast/marg	Breakfast <ul style="list-style-type: none">▪ Cream of Wheat▪ Cold cereal▪ Breakfast casserole▪ Turkey sausage▪ Toast/marg	Breakfast <ul style="list-style-type: none">▪ Malt O Meal▪ Cold cereal▪ Scrambled Egg▪ Sausage link▪ French toast▪ Toast/marg	Breakfast <ul style="list-style-type: none">▪ Oatmeal▪ Cold cereal▪ Scrambled Egg▪ Omelet▪ Toast/marg	Breakfast <ul style="list-style-type: none">▪ Cream of Wheat▪ Cold cereal▪ Scrambled Egg▪ Sausage gravy▪ Biscuit▪ Toast/marg	Breakfast <ul style="list-style-type: none">▪ Raisin oatmeal▪ Cold cereal▪ Scrambled eggs▪ Bacon▪ Toast/marg
Lunch <ul style="list-style-type: none">▪ Chicken fried chicken▪ Baked tilapia▪ Mashed pot/gravy▪ Corn casserole/plain corn▪ Dinner roll/marg▪ Pie	Lunch <ul style="list-style-type: none">▪ Meatloaf▪ Specialty wrap or sandwich▪ Scalloped potatoes▪ Baked potato▪ Lima beans▪ Bread/marg▪ Strawberry delight	Lunch <ul style="list-style-type: none">▪ Chicken taco/bowls▪ Roast beef & Swiss▪ Wild rice▪ Carrots (RB & pt's)▪ Black beans (cafeteria)▪ Pico de gallo (cafeteria) Salsa (RB)▪ Coleslaw▪ Bread/marg▪ Fruit	Lunch <ul style="list-style-type: none">▪ Fish▪ Enchilada▪ Baked sweet potato▪ Broccoli▪ Marinated tomato salad▪ Bread/marg▪ Brownie	Lunch <ul style="list-style-type: none">▪ Pizza▪ Turkey Salad on bread or bun▪ Lettuce salad▪ Cucumber, onion salad▪ Garlic bread▪ Fruit	Lunch <ul style="list-style-type: none">▪ Beef tips▪ Boneless chicken wings▪ Mashed potatoes▪ Mixed veggies▪ Bread/marg▪ Cookie	Lunch <ul style="list-style-type: none">▪ Pork meatballs▪ Scalloped potatoes▪ Baked potato/marg▪ Peas - creamed▪ Bread/marg▪ Watergate salad
Supper <ul style="list-style-type: none">▪ Turkey tetrazzini▪ Ham & cheese sand▪ Peas▪ Bread/marg▪ Tapioca▪ Fruit	Supper <ul style="list-style-type: none">▪ Shrimp poppers▪ Grilled cheese▪ Tomato soup▪ Pasta salad▪ California veggies▪ Bread/marg▪ Fruit salad	Supper <ul style="list-style-type: none">▪ Salmon loaf▪ Bologna sandwich (redbud)▪ Mashed potatoes▪ Green beans▪ Cornbread muffin/marg▪ Cookie	Supper <ul style="list-style-type: none">▪ Hamburger▪ Tuna salad on lettuce▪ Potato wedges▪ Tomato/lettuce/onion/or lettuce salad▪ Baked beans▪ Bread/marg▪ Peaches	Supper <ul style="list-style-type: none">▪ Parmesan Tuscan chicken▪ Roast beef & swiss sand.▪ Rice▪ Chips▪ Carrots▪ Bread/marg▪ Ice cream sand or ice cream	Supper <ul style="list-style-type: none">▪ Goulash▪ Roasted chicken slider▪ Green beans▪ breadstick/marg▪ Pudding▪ Fruit	Supper <ul style="list-style-type: none">▪ Chicken & rice casserole▪ Hot dogs (red bud)▪ Tator tots (RB only)▪ California veggies▪ Bread/marg▪ Cookie▪ Fruit

FRUIT, MILK, JUICE, COFFEE, TEA IS AVAILABLE AT ALL MEALS

Dietary phone number – 889-4657 ext 4475

Itemized salad bar items Monday-Friday at noon meal only