

**WINTER WEEK SIX****EASTRIDGE****BREAKFAST****LUNCH****SUPPER**

**S** CREAM OF WHEAT  
**U** OR COLD CEREAL  
**N** SAUSAGE PATTY OR BACON  
**D** CHOICE EGG  
**A** CINNAMON ROLL / TOAST  
**Y** RAISIN TOAST

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ROAST BEEF / CHICKEN  
MASHED POTATOES / GRAVY  
CREAMED CORN  
BREAD / MARGARINE  
CREAM PIE

HOT TURKEY & SWISS  
BAKED POTATO SALAD  
HOMINY  
BUN  
ICE CREAM BARS

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**M** CINNAMON OATMEAL  
**O** OR COLD CEREAL  
**N** CHOICE EGG  
**D** TOAST OR COFFEE CAKE  
**A** BACON OR SAUSAGE PATTY  
**Y** HASHBROWNS

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HUNGARIAN PORK CUTLET  
CHEESY RICE  
MIXED VEGETABLES  
BREAD / MARGARINE  
KANSAS DIRT CAKE

TOMATO SOUP  
GRILLED CHEESE SANDWICH  
CRACKERS  
PUDDING

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**T** MALT O MEAL  
**U** OR COLD CEREAL  
**E** PANCAKES / TOAST  
**S** BACON OR SAUSAGE LINK  
**D** CHOICE EGG or OMELET  
**A**  
**Y**

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POLISH SAUSAGE  
MASHED POTATOES / GRAVY  
SAUERKRAUT  
BREAD / MARGARINE  
FRUIT

CHICKEN AND DUMPLINGS  
BROCCOLI / CHEESE  
BREAD / MARGARINE  
PEACHES

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**W** CREAM OF WHEAT  
**E** OR COLD CEREAL  
**D** CHOICE EGG  
**N** TOAST  
**E** BACON OR SAUSAGE PATTY  
**S** EGG / SAUSAGE OR BACON /  
**D** CHEESE MCMUFFIN  
**A**  
**Y**

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BAKED POTATO SOUP  
HAM SALAD SANDWICH  
CRACKERS  
ICE CREAM

CHEESEBURGER MACARONI  
GREEN BEANS  
BREAD / MARGARINE  
MOUSSEE

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**T** OATMEAL  
**H** OR COLD CEREAL  
**U** CHOICE EGG  
**R** SAUSAGE LINK OR BACON  
**S** TOAST OR MUFFIN  
**D** EGG/BACON/HASHBROWN BAKE  
**A**  
**Y**

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FISH OR TACO SALAD  
POTATO CASSEROLE  
CREAMED PEAS  
BREAD / MARGARINE  
BANANA CAKE

SWEDISH MEATBALLS  
OVER NOODLES  
SWISS VEGETABLE BAKE  
BREAD / MARGARINE  
NO BAKE COOKIES

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**F** MALT O MEAL  
**R** OR COLD CEREAL  
**I** SAUSAGE GRAVY  
**D** BISCUIT OR TOAST  
**A** BACON OR SAUSAGE PATTY  
**Y** CHOICE EGG

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CHICKEN NOODLES  
OVEN MASHED POTATOES  
CORN  
BREAD / MARGARINE  
OATMEAL CAKE

HAM  
SWEET POTATOES  
BEETS  
BREAD / MARGARINE  
PUDDING

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**S**  
**A** OATMEAL  
**T** OR COLD CEREAL  
**U** CHOICE EGG  
**R** FRENCH TOAST  
**D** SAUSAGE LINK / BACON  
**A**  
**Y**

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CHICKEN STRIPS  
MACARONI AND CHEESE  
COLESLAW  
BREAD / MARGARINE  
CHERRY CHEESECAKE

BEAN AND BACON SOUP  
CRACKERS  
CHICKEN SALAD SANDWICH  
JELLO WITH FRUIT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Malt O Meal</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Bacon</li><li>▪ Donut or Danish</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Cream of wheat</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Sausage</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Malt O Meal</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Omelet</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Oatmeal</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Turkey sausage</li><li>▪ Baked ham</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Cream of wheat</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Sausage</li><li>▪ French toast</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Oatmeal</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Sausage gravy</li><li>▪ Biscuit</li><li>▪ Toast/marg</li></ul>	<b>Breakfast</b> <ul style="list-style-type: none"><li>▪ Cream of Wheat</li><li>▪ Cold cereal</li><li>▪ Scrambled Egg</li><li>▪ Sausage links</li><li>▪ Raisin toast/marg</li></ul>
<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Braised chicken</li><li>▪ Chicken chef salad/ crackers</li><li>▪ Mashed potatoes/gravy</li><li>▪ Broccoli &amp; cauliflower casserole</li><li>▪ Bread/marg</li><li>▪ Pie</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Salisbury steak</li><li>▪ Chili</li><li>▪ Baked potato</li><li>▪ Lima beans</li><li>▪ Bread/marg</li><li>▪ Crackers</li><li>▪ Peanut butter bar</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Turkey</li><li>▪ Ham salad sandwich</li><li>▪ Dressing &amp; gravy</li><li>▪ Mashed potatoes</li><li>▪ Green bean casserole</li><li>▪ Apple salad</li><li>▪ Bread/marg</li><li>▪ Pumpkin pie</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Street tacos (cafeteria/pt’s only)</li><li>▪ Chicken patty or strips(redbud &amp; pt’s)</li><li>▪ Egg roll</li><li>▪ Wild rice</li><li>▪ Broccoli (redbud and pt’s)</li><li>▪ Coleslaw</li><li>▪ Bread/marg</li><li>▪ Fruit</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Pork meatballs</li><li>▪ Grilled sandwich</li><li>▪ Roasted potatoes</li><li>▪ Carrots</li><li>▪ Fresh spinach salad</li><li>▪ Bread/marg</li><li>▪ Angel food cake/strawberries</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Fish</li><li>▪ Ham &amp; beans</li><li>▪ Scalloped potatoes</li><li>▪ Baked potatoes</li><li>▪ Mixed veggies</li><li>▪ Cornbread/marg</li><li>▪ Baked apples</li></ul>	<b>Lunch</b> <ul style="list-style-type: none"><li>▪ Parmesan chicken</li><li>▪ Soup/sand</li><li>▪ Mashed potatoes/gravy</li><li>▪ Green beans</li><li>▪ Bread/marg</li><li>▪ Cake</li></ul>
<b>Supper</b> <ul style="list-style-type: none"><li>▪ Tator tot casserole</li><li>▪ Tossed salad</li><li>▪ Corn</li><li>▪ Bread/marg</li><li>▪ Pudding or mandarin oranges</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Chicken noodle soup</li><li>▪ Egg salad sandwich</li><li>▪ Chips</li><li>▪ Mixed veggies</li><li>▪ Lettuce salad</li><li>▪ Crackers</li><li>▪ Brownie</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Tomato soup</li><li>▪ Grilled cheese sand</li><li>▪ Baked potato</li><li>▪ Lettuce salad</li><li>▪ Cheese/crackers</li><li>▪ Cookie</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Hamburger</li><li>▪ Potato wedges</li><li>▪ Green beans</li><li>▪ Bun</li><li>▪ Rice krispie treat</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Beef stroganoff &amp; noodles</li><li>▪ Chicken salad sandwich</li><li>▪ Baked chips</li><li>▪ California vegetables</li><li>▪ Bread/marg</li><li>▪ Carrot salad</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Tuna melt</li><li>▪ Beef noodle soup/crackers</li><li>▪ French fries</li><li>▪ Broccoli</li><li>▪ Fruited jello</li></ul>	<b>Supper</b> <ul style="list-style-type: none"><li>▪ Quiche</li><li>▪ White chili</li><li>▪ Sandwich</li><li>▪ Tomatoes</li><li>▪ Bread/marg</li><li>▪ Crackers</li><li>▪ Fruit</li></ul>

FRUIT, MILK, JUICE, COFFEE, TEA IS AVAILABLE AT ALL MEALS

Dietary phone number – 889-4657 ext 4475  
Salad bar Monday-Friday at noon meal only