

**SUMMER WEEK SIX****EASTRIDGE****BREAKFAST****LUNCH****SUPPER**

**S** CREAM OF WHEAT  
**U** OR COLD CEREAL  
**N** BACON  
**D** SCRAMBLED EGGS  
**A** CINNAMON ROLLS OR RAISIN TOAST  
**Y**

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ROAST BEEF / CHICKEN  
MASHED POTATOES / GRAVY  
GREEN BEAN CASSEROLE  
DINNER ROLL / MARGARINE  
CREAM PIE

BBQ RIBLET  
TATOR TOTS  
MIX VEGGIES  
SHERBET

**M** OATMEAL  
**O** OR COLD CEREAL  
**N** CHOICE EGG  
**D** TOAST OR COFFEE CAKE (APPLE)  
**A** BACON OR SAUSAGE PATTY  
**Y** HASHBROWNS

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SPAGHETTI  
LETTUCE SALAD  
GARLIC BREAD  
KANSAS DIRT CAKE

PORK TENDERLION SANDWICH  
POTATO WEDGE  
WINTER BLEND  
JELLO WITH FRUIT

**T** MALT O MEAL  
**U** OR COLD CEREAL  
**E** PANCAKES / TOAST  
**S** BACON OR SAUSAGE LINK  
**D** CHOICE EGG  
**A**  
**Y**

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CHICKEN FRIED STEAK  
MASHED POTATOES / GRAVY  
CORN  
ORANGE TAPIOCA JELLO

CREAM OF CHICKEN W/ WILD RICE  
CRACKERS  
TUNA SALAD SANDWICH  
NO BAKE COOKIES

**W** CREAM OF WHEAT  
**E** OR COLD CEREAL  
**D** OMELET OR CHOICE EGG  
**N** TOAST  
**E** BACON OR SAUSAGE PATTY  
**S** EGG, SAUSAGE OR BACON  
**D** CHEESE MCMUFFIN  
**A**  
**Y**

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BEEF TIPS OVER  
MASHED POTATOES  
PEAS  
ICE CREAM

FISH STICKS  
SWEET POTATOES  
GREEN BEANS  
BREAD / MARGARINE  
TROPICAL FRUIT

**T** OATMEAL  
**H** OR COLD CEREAL  
**U** CHOICE EGG  
**R** BACON OR SAUSAGE LINK  
**S** TOAST OR MUFFIN  
**D** EGG / BACON BAKE  
**A**  
**Y**

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TACO SALAD  
BBQ CHICKEN  
CREAMED PEAS AND POTATOES  
CUCUMBER SALAD  
BREAD / MARGARINE  
ÉCLAIR

POTATO SOUP  
GRILLED CHEESE SANDWICH  
CRACKERS  
BUTTERSCOTCH PUDDING

**F** MALT O MEAL  
**R** OR COLD CEREAL  
**I** SAUSAGE GRAVY  
**D** BISCUIT OR TOAST  
**A** BACON OR SAUSAGE PATTY  
**Y**

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HAMBURGER  
FRIED POTATOES  
CREAMED CORN  
BREAD / MARGARINE  
HEATH BAR CAKE

CHILI DOG  
PASTA SALAD  
SPINACH  
ICE CREAM

**S** OATMEAL  
**A** OR COLD CEREAL  
**T** BACON  
**U** FRENCH TOAST  
**R** SCRAMBLED EGGS  
**D**  
**A**  
**Y**

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PORK ROAST / GRAVY  
BABY BAKED POTATOES  
BRUSSEL SPROUTS  
BREAD / MARGARINE  
CHERRY CHEESECAKE

HOT HAM AND CHEESE  
RICE PILAF  
BEETS  
PEACHES

Onaga WEEK 2: DATES:\_\_\_\_\_

SPRING SUMMER YEAR: 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Malt O Meal</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Donut or Danish</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Cream of wheat</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Sausage</li> <li>▪ Pancakes</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Oatmeal</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Ham, egg &amp; cheese scramble</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Malt O Meal</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Omelet</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Oatmeal</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Sausage links</li> <li>▪ Cinnamon roll</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Cream of wheat</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Sausage gravy</li> <li>▪ Biscuit</li> <li>▪ Toast/marg</li> </ul>	<b>Breakfast</b> <ul style="list-style-type: none"> <li>▪ Oatmeal</li> <li>▪ Cold cereal</li> <li>▪ Scrambled Egg</li> <li>▪ Bacon</li> <li>▪ Toast/marg</li> </ul>
<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Fried chicken</li> <li>▪ Mashed potatoes &amp; gravy</li> <li>▪ Corn</li> <li>▪ Dinner roll/marg</li> <li>▪ Pie</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Fish</li> <li>▪ Taco salad</li> <li>▪ Baked sweet potato or yams</li> <li>▪ Broccoli</li> <li>▪ Refried beans</li> <li>▪ Bread/marg</li> <li>▪ Cheesecake</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Street tacos (cafeteria)</li> <li>▪ Chicken patty (Pt's &amp; Redbud)</li> <li>▪ Ham salad sand</li> <li>▪ Scalloped potatoes (Pt's and Redbud)</li> <li>▪ Baked potato (pt's only)</li> <li>▪ Chef cut veggies</li> <li>▪ Coleslaw</li> <li>▪ Bread/marg</li> <li>▪ Fruit</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Pot roast</li> <li>▪ Grilled sandwich</li> <li>▪ Roasted potatoes</li> <li>▪ Chips</li> <li>▪ Carrots</li> <li>▪ Cucumber salad</li> <li>▪ Bread/marg</li> <li>▪ Dessert bar</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Hamburger</li> <li>▪ Chicken wrap</li> <li>▪ French fries</li> <li>▪ Baked beans</li> <li>▪ Broccoli salad</li> <li>▪ Bread/marg</li> <li>▪ Fruit</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Tater tot casserole</li> <li>▪ Club sandwich</li> <li>▪ Lettuce salad</li> <li>▪ Bread/marg</li> <li>▪ Mousse</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>▪ Turkey</li> <li>▪ Fish</li> <li>▪ Mashed potatoes/gravy</li> <li>▪ Peas</li> <li>▪ Lettuce salad</li> <li>▪ Bread/marg</li> <li>▪ Brownie</li> </ul>
<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Grilled cheese</li> <li>▪ Shredded pork slider</li> <li>▪ Chips</li> <li>▪ Coleslaw</li> <li>▪ Bread/marg</li> <li>▪ Fruit salad</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Meat Lasagna</li> <li>▪ Chicken Salad sandwich</li> <li>▪ Lettuce salad</li> <li>▪ Breadstick/marg</li> <li>▪ Strawberry banana cup</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Meatballs</li> <li>▪ Ham &amp; turkey on wheat</li> <li>▪ Mac &amp; cheese</li> <li>▪ BP (patients only)</li> <li>▪ Broccoli/cauliflower mix</li> <li>▪ Applesauce gelatin salad</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Rotisserie chicken wings</li> <li>▪ Roast beef sand</li> <li>▪ Fried potatoes</li> <li>▪ Baked chips</li> <li>▪ Baked tomatoes</li> <li>▪ Bread/marg</li> <li>▪ Ice cream</li> <li>▪ Fruit</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Shepard's pie</li> <li>▪ Egg salad sand</li> <li>▪ California veggies</li> <li>▪ Chips</li> <li>▪ Bread/marg</li> <li>▪ Fruit</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Chicken and wild rice soup</li> <li>▪ Turkey &amp; Cheese on bun</li> <li>▪ Carrots</li> <li>▪ Chips</li> <li>▪ Peanut butter Rice krispie</li> <li>▪ Fruit</li> </ul>	<b>Supper</b> <ul style="list-style-type: none"> <li>▪ Beef stroganoff</li> <li>▪ Brats (redbud only)</li> <li>▪ Mixed veggies</li> <li>▪ Macaroni salad</li> <li>▪ Bread/marg</li> <li>▪ Cookie</li> <li>▪ Fruit</li> </ul>

FRUIT, MILK, JUICE, COFFEE, TEA IS AVAILABLE AT ALL MEALS

Dietary phone number – 889-4657 ext 4475

Itemized salad bar items Monday-Friday at noon meal only