



**NEED HELP?
DON'T STRUGGLE ALONE**

EMPLOYEE ASSISTANCE PROGRAM

All CHCS associates are eligible for 3
confidential counseling sessions per fiscal
year (April 1-March 31)

**TO SCHEDULE, EMAIL
REGINA GRONEWOLLER, LSCSW, AT
REGINAGRONEWOLLER@CHCSKS.ORG**

MENTAL HEALTH MATTERS!

If you are having an emergency or crisis, go to
the nearest hospital or call 1-800-609-2002