## We're looking for garden Mentors

LA MESA VERDE
AT SACRED HEART COMMUNITY
SERVICE



Join us to learn more about La Mesa Verde, and what it means to be a Mentor with our community!

CONTACT INFORMATION: FERNANDOF@SACREDHEARTCS.ORG





LA MESA VERDE SHCS

VISIT OUR WEBSITE

WWW.LAMESAVERDESHCS.ORG



## **ARE YOU INTERESTED IN:**

- VOLUNTEERING AS A MENTOR.
- SHARING YOUR GARDENING KNOWLEDGE.
- LEARNING MORE ABOUT GARDENING WITHIN OUR COMMUNITY.
- WORKING TOWARD FOOD ACCESS IN SAN JOSE.



## We're looking for garden Mentors

La Mesa Verde is a leadership network of urban gardeners who build access to healthy food in San José. We believe that by developing collective leadership among LMV members through producing our food and organizing for policy change, we can improve access to good food in San José and create a strong, sustainable community committed to food access.

We're looking for volunteers to participate in La Mesa Verde as garden mentors, supporting, and sharing experiences with new gardeners.

Being a mentor in La Mesa Verde will allow you to learn diverse gardening techniques from our community, connect with families that are experiencing a lack of healthy food access, and provide opportunities to develop leadership skills with us members. It's a transformative experience that combines organic gardening with community development.

The mentor calendar is an eleven-month commitment starting in January, providing at least one garden visit (in-person or virtual) per month, plus participating in monthly Mentorship committee meetings to share your experiences and receive support from other mentors.

If you're interested to learn more and understand details about the mentor experience, please contact the Program Manager Fernando Fernandez.

Contact Information: fernandof@sacredheartcs.org

**Phone**: 408-300-2534

Or visit our website <u>www.lamesaverdeshcs.org</u>. Also, you can follow us on social media: <u>Facebook @LaMesaVerdeSHCS</u> - <u>Instagram \_lamesaverde</u> - Youtube La Mesa Verde SHCS.