

## **President's Excellence Awards**

Congratulations to the Recipients!!  
Of the President's Excellence Award  
Read below for details

## **President's Update to the Saybrook University Community**

Volume 44, Issue 46 | October 2022  
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**News from Saybrook University's Office of the President**

**October 2022**



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## President's Greeting





October 2022

Dear Saybrook Community,

I write this as Hurricane Ian wreaks havoc across the Eastern seaboard. Faculty, staff, and students in the path of Ian, our HR, Academic and Student Affairs teams continue reaching out and we will do our level best to support however we can. Below this greeting, I have provided various university resources available to you. We are holding all of you in our hearts.

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We enter the Academic Year 2022-2023 year having emerged from our strongest fiscal year in memory, expanding justice, equity, diversity, and inclusion (JEDI) through our JEDI Council; building infrastructure that supports student learning; and, growing in revenues, surpluses, and enrollment, thus demonstrating our mission continues reaching many across the nation and around the world. The upcoming year affords us many exciting potential opportunities as we seek to grow our philanthropic base, explore, and possibly expand academic offerings, further lean into our JEDI work across the community, and develop maturity in student life,

academic assessment, and quality. I am also very enthusiastic about continued partnerships with our sister colleges, most notably efforts with the Colleges of Law and Pacific Oaks College, where we'll evolve collaborations to take these to the next level over the next few years.

Saybrook University's theme this year is one we all live by "Challenging Convention." Members of our community - trustees, faculty, staff, students, and alumni - provide us with critical leadership, guidance, and ongoing support that will propel us to even greater heights by challenging convention and leaning into the important work we are called to do by our mission. Yes, there is always work ahead, and work grounded in mission and a strong vision is – as I think we can all attest – work worth doing.

Thank YOU for all that you do on behalf of the university.

In partnership,

Nathan Long, President - Saybrook University

Take good care,

Sincerely,

A handwritten signature in black ink, appearing to read "Nathan Long".

Nathan Long, President  
Saybrook University

P.S. As a reminder, this monthly update is designed to bring our community up to speed on what is going on across the university. If you have news you would like to share or information disseminated, please reach out to me ([nlong@saybrook.edu](mailto:nlong@saybrook.edu)), Val Smith ([lsmith6@saybrook.edu](mailto:lsmith6@saybrook.edu)), or Carmen Bowen ([cbowen@saybrook.edu](mailto:cbowen@saybrook.edu)). We will be happy to work with you on getting your information out in this or one of our other publications.

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## RESOURCES

\* Employees, please go to <https://www.myworkday.com/tcsedsystem/d/home.html>, click on Benefits, and then Benefit Carrier Contact Information. Scroll to ComPsych Guidance

Resources. The necessary contact information can be found here. Alternatively, you may contact our HR team member Ma Krystiel Hudson.

\*\* Saybrook University is proud to partner with Student Solutions to provide students with access to counseling, financial, and legal assistance. As a student with Saybrook, you are eligible to receive three counseling sessions per area of concern covered by the university. The Student Solutions team is accessible 24 hours, 7 days a week for confidential support. Students can access these resources online at [www.guidanceresources.com](http://www.guidanceresources.com) with the Web ID: SAYBROOK or via phone at 866.379.0894.

### **Student Support: Online Student Portal:**

<https://my.saybrook.edu/students/>

- Dr. Shaniece McGill, Dean of Students: [smcgill2@saybrook.edu](mailto:smcgill2@saybrook.edu)
- Mr. Joseph Strouth, Associate Dean of Students: [jstrouth@saybrook.edu](mailto:jstrouth@saybrook.edu)
- Student Virtual Portal: <https://tcseedsystem.instructure.com/enroll/86XJPE>
- **Student Solutions:** for a broad range of support services designed to help students manage during a crisis or other personal situations: 1-866-379-0894 ([www.guidanceresources.com](http://www.guidanceresources.com))
- Student Accounts, Billing, Financial Aid, and Registration
- Student Billing and Accounts: 888-253-5100 or [studentaccounts@saybrook.edu](mailto:studentaccounts@saybrook.edu)
- Financial Aid: 888-253-5100 or [finaid@saybrook.edu](mailto:finaid@saybrook.edu)
- Registrar: 626-316-5322 or [registrar@saybrook.edu](mailto:registrar@saybrook.edu)

### **Staff Support (Faculty & Staff Support): Online Employee Portal -**

<http://intranet.saybrook.edu/>

- Ms. Joline Pruitt, Dir. Business Operations: [jpruitt@saybrook.edu](mailto:jpruitt@saybrook.edu)
- **Employee Assistance Program:** Faculty and Staff should go to WorkDay>Benefits>Benefit Vendor Websites>ComPsych for information

### **Alumni & Community Support**

• For all community members, we urge you to connect with local and regional resources with which you feel most comfortable. Additionally, especially in moments of crisis, we encourage you to reach out to the National Alliance for Mental Health. They can be reached as follows:

- Website: <https://www.nami.org/help>
- 24/7 Text Line: Text HOME to 741741 to reach a volunteer Crisis Counselor.

- Telephone: 1-800-950-NAMI (6264) or [info@nami.org](mailto:info@nami.org)

#### **Social Media (Stay connected with recent news/updates)**

- Saybrook University Facebook Page:  
<https://www.facebook.com/SaybrookU/>
- Saybrook President's Facebook Page:  
[www.facebook.com/saybrookpresident](https://www.facebook.com/saybrookpresident)
- Saybrook President's LinkedIN Page:  
<https://www.linkedin.com/in/saybrookpresident/>
- Saybrook President's Twitter Page:  
[www.twitter.com/saybrookuprez](https://www.twitter.com/saybrookuprez)
- Saybrook Alumni Facebook Page:  
<https://www.facebook.com/groups/445244689206596>

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## **President's Excellence Awards**

**Dr. Julie Cerrato**

### President's Excellence Awards

#### Highlights of Dr. Julie Cerrato's Nomination

- Excellence in Teaching
- Driving to the Highest Standards in Maintaining Accreditation for the Wellness Coaching Specialization/Program
- Outstanding Colleague and Commitment to Service to the University Community



**Dr. Crystal Ishihara**



## President's Excellence Awards

### Highlights of Dr. Ishihara's Nomination

- Major Degree Program Audit Across University
- Excellence in Student Support and Response to Faculty and Staff
- Created Systems Bringing Saybrook's Office of the Registrar into a New Age of Excellence

## Kirsten Klinghammer

## President's Excellence Awards

### Highlights of Kirsten Klinghammer's Nomination

- Excellence in Supporting Student Applicants
- Created Innovative Materials that Demystify the Admissions Writing Sample Process for Students
- Terrific Partner and Collaborator with the Whole Admissions Team



## Gabriel Ramirez



## President's Excellence Awards

### Highlights of Gabriel Ramirez's Nomination

- As a TA, Went Above and Beyond in Working with Student Schedules
- Committed to Helping Students Truly Learn the Material
- Kind, Compassionate and Focused on Student Success

## BOARD OF TRUSTEES UPDATES

### Saybrook Board Briefing



### Saybrook University Board Briefing

August 2022

Dear Saybrook Trustees,

Here is our August 2022 briefing/update. Please note updates to enrollment and financial projections going into the fall. Details are found within. Go here to access August 2022.

Briefing: <https://online.flippingbook.com/view/261892783/>

## Upcoming Board MEETINGS & EVENTS

### TCS Biennial Board of Trustees Conference

You're Invited



## TCS Biennial Board of Trustees Conference

October  
20-21  
2022



Hosted at:  
The Chicago School  
of Professional  
Psychology  
707 Wilshire Blvd  
Los Angeles, CA 90017

The Community Solution in Higher Education

Please make sure to check your calendars to ensure the following Board events have been secured. All events will be held in-person and virtually using our Zoom platform.

## Upcoming Board Committee Meeting

- Tuesday, January 17, 2023 - Institutional Advancement - 11 am Pacific
- Wednesday, January 18, 2023 - Governance - 11 am Pacific
- Thursday, January 19, 2023 - Academic Affairs - 11 AM Pacific
- Tuesday, January 24, 2023 - Finance - 10 AM Pacific
- Tuesday, January 24, 2023 - Audit - 11 AM Pacific
- Thursday, January 26, 2023 - Executive - 11 AM Pacific

## Board of Trustees Meeting

- Thursday, February 2, 2023 - 11:00 am - 1:30 pm Pacific

## AGB Conference

April 2nd - 4th 2023

San Diego, California

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## Finance Update

August Month End FY23	YTD Actual	% of Revenue	Budget	% of Revenue	Variance \$	Prior Year	% of Revenue	Variance \$	Variance %
<i>Total Revenue</i>	2,919,630	100.00%	2,918,643	100.00%	987	2,473,040	100.00%	446,590	(18.06%)
<i>Total Academic Support Expenditures</i>	2,771,505	(94.93%)	2,605,166	(89.26%)	166,339	2,009,387	(81.25%)	762,118	37.93%
<i>Total Marketing &amp; Admissions Support Expenditures</i>	1,262,085	(43.23%)	1,302,178	(44.62%)	(40,093)	1,067,915	(43.18%)	194,170	18.18%
<i>Total Institutional Support Expenditures</i>	892,858	(30.58%)	1,317,246	(45.13%)	(424,388)	882,022	(35.67%)	10,836	1.23%
<i>Total Expenditures</i>	4,926,449	(2)	5,224,590	(2)	(298,142)	3,959,324	(2)	967,124	0
<b>OPERATING SURPLUS (DEFICIT)</b>	(2,006,819)	(1)	(2,305,948)	(1)	299,129	(1,486,285)	(1)	(520,534)	(0)

Total Revenue flat to budget. Academic Support Expenditures are over budget due mostly to increased adjunct spending offset by open salaried positions. Other Expenditures are tracked under budget due to a combination of timing of projects, unfilled salaried positions, lower medical benefits expenses and lower travel expenses.

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## Leadership Team Notes

### Academic Affairs



Robyn Parker, Ph.D.  
Vice President for Academic Affairs &  
Chief Academic Officer

It's hard to believe that autumn is already upon us! I'm pleased to report that the fall semester is well underway; student and faculty engagement is high, and plans are underway for retreats to take place during graduation week to support our collaborative endeavors.

- Feedback is still coming in for this year's Residential Conference (held virtually) and Residential Learning Experience (held in person for our clinical programs). Early reviews indicate they were a success! After Activity Reviews (AAR) will help inform our January RC/RLEs,

even as we continue our (re)visioning efforts for the RC in AY 2024.

- At the most recent community update meeting, we celebrated Federal Work Study students receiving recognition from their departments for their many contributions and accomplishments. Appreciation to Dean Don Moss for facilitating the nomination and recognition processes. Also recognized were new members of our faculty and staff along with those changing roles within the institution. All are detailed later in the newsletter.
- Our RC (re)Visioning efforts have truly been a community effort. Over the past five months, more than 20 members of our faculty and staff have been facilitating input sessions across a variety of settings. Dr. Walker Ladd analyzed all of the input data to aid in the development of a vision statement for the RC along with the identification of student, faculty, and staff concerns to be addressed when creating potential RC models. Dr. Marina Smirnova translated those results into a set of models presented at the Community Update meeting on September 22<sup>nd</sup>. Reactions will be used to inform one community model to be finalized by October 31<sup>st</sup> for implementation next AY. Shouts out to Julia Sondej and Val Smith for their help in organizing the meetings and to Ray Bailey for managing the breakout rooms as well as the Saybrook Community Forum in Canvas, where all the data lives.
- Congratulations to students and faculty whose knowledge, talent, and efforts are making a difference in the world. Please read through the college sections to learn about the many accomplishments of our amazing faculty and students. You'll find stories such as, Dr. O'Dell Johnson's appointment as a LEAP scholar investigator by the Justice Community Opioid Innovation Network, MBM doctoral student, Leneé Cook-Braxton, leading over 200 producers through a mindful meditation at the 6th Annual Women in Production Summit, and Transformative Social Change PhD student, Suraj Budathoki's, recent visit to the White

House with fellow Peace Initiative' Bhutan (PIB) delegates. See other examples of Saybrook University's mission at work later in the newsletter.

- Finally, catch up on the many initiatives going on at the Center for Writing & Academic Success. They have enhanced their support offerings. They also have openings for more student writing coaches; interested FWS students will find more information later in the newsletter.

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## **Business Operations**



**Joline Pruitt, MBA**  
Assistant Vice President for  
Business Operations and Institutional CFO

## **Human Resources**

- **Adjunct Faculty Pay**
  - Adjunct payments for the Fall Term have been processed for those that do not reside in California. Adjunct faculty that reside in California will track hours in Workday. For questions or assistance tracking hours in Workday, please contact Krystiel Hudson at [mhudson@saybrook.edu](mailto:mhudson@saybrook.edu).

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## **Student Affairs**



Shaniece McGill, Ed.D.,  
Assistant Vice President for Student Affairs



Student Life is excited to announce that we have welcomed a new Student Interest Group, Society for Interdisciplinary Psychology. We now have 5 organizations for our students to be able to join and enhance their experience here at Saybrook. You can learn more about all of our student organizations by visiting our Community page [Student Organizations | Saybrook University](#).

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**Commencement 2022**



Commencement is quickly approaching, and the Intent to Participate form has officially closed. If you have any students or alum whom you know who want to participate in this year's commencement but have not completed the form, please have them contact [saycommencement@saybrook.edu](mailto:saycommencement@saybrook.edu) as soon as possible.

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**University Relations**



**Carmen Bowen, MBA**  
Assistant Vice President for  
Institutional Advancement

**Saybrook Annual Awards and Spotlight Gala**



*We're rolling out the red carpet for our*

# Annual Awards & Spotlight Gala

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November 9, 2022

4:30 p.m. PDT

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*Hybrid Event*

Attend virtually on REMO or in person

*Cocktail Hour:* 4:30-5:30 p.m. PDT

*Reception:* 5:30-8:00 p.m. PDT

*Theme:* A Night in Hollywood

*Attire:* Semi-Formal

Scan the QR code  
to register



Scan the QR code  
to view the sponsor kit



If you will not attend but would like to donate,  
please visit [saybrook.edu/giving](http://saybrook.edu/giving)





Happy Friday!

We are excited to share that the Eddie and Ozzie Awards were announced in New York, and we were winners in three categories!

As a reminder, the Folio Magazine Eddie and Ozzie Awards are a top-tier industry competition for print and digital publications across sectors—from high-end lifestyle to nonprofit and university communities.

**Saybrook University**

**Best article award** “Clouded Contours of Change” - UNBOUND

**Editorial award for the best website** - UNBOUND

**Chicago School of Professional Psychology**

**Best cover design** for last year's INSIGHT magazine, featuring the Model Minority Myth.

Please join me in congratulating Saybrook and The Chicago School as well as our fabulous marketing team!



Give

*Saybrook*  
UNIVERSITY

INSTITUTIONAL ADVANCEMENT UPDATE!  
FY 22-23: September 2022

[www.saybrook.edu/Giving](http://www.saybrook.edu/Giving)

**\$47,679**

Giving as of Sep 22, 2022  
\$37,679 received  
\$10,000 Pledged

**\$150,000**

Goal for FY 22-23

**32%**  
Tracking to our  
100% Goal



**EMPLOYEE  
PARTICIPATION:**

**8%**

Total 285 employees

**PAYROLL DEDUCTION:**

**6%**

Utilization of tax deductible  
giving

Start Your Payroll or  
Credit Card  
Deduction Now!



Pathway to How We Make it Happen

Champions	Potential Givers	Min Avg Amount (Per pay period*)	Current % Givers
Trustees	13	\$2,600 (annual)	23%
Campus Leaders*	6	\$20	100%
Staff*	8	\$10	20%
Faculty*	52	\$15	6%
Adjunct*	183	\$10	2%



Institutional Advancement

## Faculty Senate



**Co-Chairs:**  
Dr. Gina Belton & Dr. Robert Cleve

## Faculty Senators



Dr. Julie Cerrato



Dr. Aparna Ramaswamy



Dr. Portia Rawals

## Adjunct Representatives:



Dr. Nik Roberts, CSS



Dr. Kristin Jamieson, CIMHS

Greetings, Saybrook Community!

***Faculty Senate meets the third Friday of each month from 8:30 am to 10:30 am Pacific, followed by hosting and facilitating the All-Faculty meeting from 11:00 am to 12 noon Pacific.***

- Please welcome new Faculty Senate members and new roles
  1. Co-Chair, Dr. Robert Cleve, CSS
  2. Dr. Nik Roberts, CSS, and Dr. Kristin Jamieson, CIMHS, Adjunct faculty representatives
- Updates:
  1. Faculty Senate welcomes the approval and appointment of two Adjunct Faculty Senate Representatives, one from each college.
  2. Faculty Senate has been working persistently to negotiate compensation increases for the Adjunct Faculty Senate Representatives. We are pleased to announce that this has been achieved and demonstrates our commitment and valuing of our Adjunct Faculty further.
  3. Faculty Senate will be participating in their own retreat during the November faculty retreat series, and we are inspired to co-vision and co-create collectively.

4. Future projects for the coming academic year will include the review and updating as needed of the Faculty Senate Bylaws. Feedback and participation will be gathered from our greater All Faculty community.
5. We look forward to hosting the All-Faculty meetings within an innovative format that will enhance experiences of inclusion and all voices being heard, this will be supported by breakout sessions facilitated by Faculty Senate members

We look forward to welcoming everyone at our next All-Faculty meeting on Friday, October 21, 2022, at 11:00 am Pacific

***Yours in the song of community!***

**Gina Belton PhD & Robert Cleve PhD, Faculty Senate Co-chairs**

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**College of Social Sciences**

**DEPARTMENT OF COUNSELING**

**Suraj Budathoki**



*Pictured above: TSC PhD student Suraj Budathoki (third from right) with fellow Peace Initiative Bhutan (PIB) delegates at the White House. Photo printed with permission.*

From July 24-27, 2022, TSC PhD student Suraj Budathoki, a founder and Lead Organizer of Peace Initiatives Bhutan (PIB), traveled to Washington, D.C. along with 17 other young Bhutanese American professionals, to call upon Congress and the Biden Administration to help foster peace and reconciliation in Bhutan. The delegates met at the White House with the Director for South Asia Regional Affairs National Security, Brian Luti, Deputy Assistant and Asian American Pacific Islander Liaison to the President, Erika Moritsugu, and the President's Executive Officer, Howard Ou. PIB participants also met with U.S. Senator Bernie Sanders, staff of U.S. Senator Gillibrand, U.S. Senator Brown, U.S. Senator Schumer, House Speaker Pelosi, U.S. Representative Joe Morales, the U.S. Department of State, the Senate Foreign Relations Committee, Congressional Asian Pacific American Caucus (CAPAC), and many others. The delegates promoted messages on building trust and mutual understanding, in hopes of reaching sustainable peace by reconciling the existing differences between the government and its Nepali-speaking citizens. For more details, visit [HERE](#).

## Campbell Barbee



Pictured above: TSC PhD student Campbell Barbee

TSC PhD student Campbell Barbee, has recently accepted a new role as the [Daily Free Meals Program Manager](#) at [Glide Memorial Church](#), located in San Francisco, CA. This new opportunity is directly aligned with Campbell's planned dissertation research, which is focused on food insecurity and the food systems of marginalized, underserved, and low-income communities.

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## Tabitha Moore



*Pictured above: TSC Doctoral Candidate Tabitha Moore*

TSC Doctoral Candidate Tabitha Moore was one of two applicants from the United States selected to take part in the [Inclusive Global Leadership Summer Institute](#) at the Sie Center in Denver, CO. Tabitha joins 17 other women-identifying activists, currently working on the frontlines to promote peace, justice, and human rights around the world, to receive advanced training in waging successful nonviolent movements for social change. The Summer Institute is an opportunity to learn from and with grassroots organizers from across the globe, including participants from Ghana, Lebanon, Mozambique, Brazil, Cuba, Jordan, and many other nations where women are leading the way in creating healthy and just communities.

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### JMarie Johnson-Kola



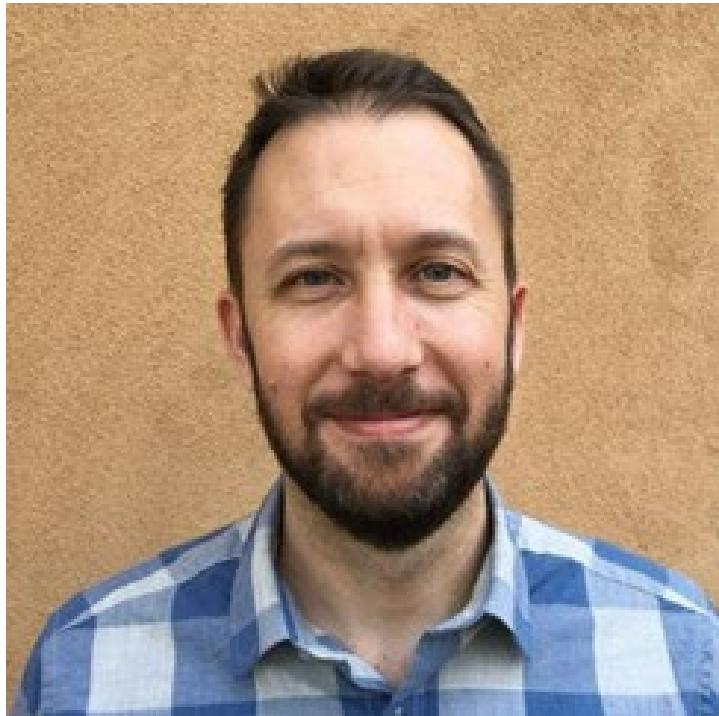
*Pictured above: TSC Doctoral Candidate and former Peer Mentor Coordinator, JMarie Johnson-Kola*

TSC Doctoral Candidate and former Peer Mentor Coordinator, JMarie Johnson-Kola, has recently accepted the position of [Interim Director of Marketing & Communication](#) at [Pierce College](#). JMarie will lead this creative team in building an economically vibrant community by facilitating relationships across all lines of differences for Pierce College students, staff, faculty and community stakeholders.

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### DEPARTMENT OF CLINICAL PSYCHOLOGY

**Christopher Bradshaw**



Christopher Bradshaw is currently serving as a neurofeedback clinical psychology intern and the primary therapist for licensed professionals (medical doctors, nurse practitioners, psychologists, therapists, etc.) and business leaders (executives) at Sierra Tucson, a residential treatment center in Tucson, AZ, treating trauma, mood disorders, chronic pain, addictions of all kinds, and disordered eating. He is keeping very busy with his ongoing supervision as well as providing group and individual therapy for his clients. Something Christopher values about the Sierra Tucson site is its integrative holistic vision, which is a great fit for our Saybrook philosophy! Sierra Tucson offers mental health therapy plus chiropractic services, acupuncture, bio and neuro feedback, psychological testing/assessment, ketamine treatment, equine therapy, yoga, and more. Christopher has reported he is receiving excellent clinical supervision from psychologists as well as other professionals at his site.

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**Kelly Serafini, Ph.D.**



Dr. Serafini served as a consultant in collaboration with William James College. She worked to help plan an addictions curriculum for practicum trainees whose training program was funded through a Health Resources and Services Administration (HRSA) grant. HRSA is a federal agency that seeks to provide "equitable health care to people who are geographically isolated and economically or medically vulnerable" ([hrsa.gov/about](http://hrsa.gov/about)).

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## **College of Integrative Medicine and Health Science**

### **DEPARTMENT OF INTEGRATIVE AND FUNCTIONAL NUTRITION**

## **Traci Meadows, Ph.D. Student IFN, Receives Federal Work Study Award of Excellence for Summer 2022**



Each semester, one Federal Work Study employee from each Saybrook Department is recognized for outstanding achievements and contributions to the University. IFN's summer selection of Traci Meadows celebrates the powerhouse lead TA for the IFN program. Traci makes the most of each opportunity, sharing her compassion, generosity, and motivation with everyone she works with. Traci makes every person she meets feel like a dear friend.

Dr. Jessica Weissman Department Chair, and Dr. Donald Moss, Dean, highlight Traci's many accomplishments including:

- Assisting with TA assistance for summer courses that would have otherwise been left unsupported.
- Proactively supports students in courses where they may be falling behind or struggling to ensure early intervention and program success.
- Spearheading accessibility updates for all IFN courses.
- Serving as ANA ambassador for Saybrook University.
- Sharing of your time and knowledge with open collaboration.

Dr. Weissman celebrates Traci, stating, “[Traci is] bright, supportive, detailed and timely and deserves to be recognized for [her] outstanding work. [She is] truly is a great ambassador for Saybrook University.”  
Congratulations on your much-deserved recognition, Traci! The entire IFN department shares in gratitude for you!

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### **DEPARTMENT OF MIND-BODY MEDICINE**

**Dr. O'Dell Johnson, MBM Adjunct Faculty & Alum,  
selected as a LEAP Scholar Investigator**



Dr. O'Dell Johnson, Saybrook alumni, was recently selected by JCOIN as a Leap Scholar Investigator Program 2022 - 2024 in their effort to bring together a national network of investigators. JCOIN is the Justice Community Opioid Innovation Network (JCOIN) LEAP Scholars & Investigators Program. During his Ph.D. program, Dr. Johnson worked as a research associate to address the homelessness of 3000 participants who frequent psychiatric centers, hospitals, and jails.

Additionally, he served as the lead investigator for a study aimed at understanding how Fair Chance Hiring (FCH) practices impacting the lives of those who have experienced substance use, crime, incarceration, reentry, and employment in succession. Similarly, he conducted a study to evaluate the efficacy of FCH for recently released Lifers that were hired by SFDPH to manage strategically placed Porta-Potties located in high-crime areas.

His current research interest focuses on justice-impacted college students (JICS) that attend U.S. Historical Black Colleges or Universities under the Second Chance Pell Grant Experiential Sites Initiative who are impacted by substance use disorder (SUD). He plans to examine the efficacy of collegiate recovery programs in the U.S. predominantly White and Black higher education institutions and their impact on SUD, particularly for JICS. Odell's research interests focus on the intersections between criminality, incarceration, reentry, recidivism, and higher education. He obtained a Doctor of Philosophy Psychology at Saybrook, in 2017, a Master's in Transpersonal Psychology with specializations; Gestalt & Spiritual Psychology, in 2012, and a BSc in Theological Science, in 2007 at St. Louis Christian College. Currently, he is a Post-Doctoral Fellow at the University of Arkansas Medical Sciences Faye Boozman College of Public Health focused on health disparities in marginalized communities.

JCOIN's research approach focuses on building strong collaboration with justice and behavioral health partners to study and disseminate evidence-informed interventions to ensure best practices are being used that promote quality care to individuals with opioid use disorder (OUD) in justice settings.

The Leap Program is a 1–2-year education and mentorship program that offers two tracks, an Investigator Track, and Scholar Track. The program aims to advance the capacity and diversity of high-impact research for populations involved with the health and criminal justice systems through specialized training and skill-development curriculums.

Specifically, the goals of the program are to:

- Grow the research workforce with the knowledge and skills needed to conduct ethical, rigorous research including partnering with justice and health agencies to conduct rigorous studies, recruitment and enrollment of subjects, use of informed consent, and problem-solving in a variety of health, community, and justice settings.
- Enlist an array of community, health, and justice leaders to value and implement research findings in practice and to engage in collaborative research teams on the conduct of research.
- Motivate these learners to champion completion of research projects and fidelity of planned projects given the challenges of day-to-day operations.
- Expand and/or develop a pipeline of independent criminal justice and health researchers for the field that can work in multidisciplinary teams.

Contact Email: [ojohnson4@uams.edu](mailto:ojohnson4@uams.edu)

To learn more about the LEAP program, visit:

<https://www.jcoinctc.org/about/leap>

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**Leneé Cook-Braxton, Ph.D. Student MBM,  
Leads Session at the Women's Production Summit**



In summer 2022, our very own 5th Year Saybrook Mind-Body Medicine Ph.D. Student, Leneé Cook-Braxton had the pleasure of leading a group of over 200 producers through a Moving Meditation and Afternoon Stretch session at the 6th Annual Women in Production Summit. The event in June was the first in-person gathering since 2019 and was held at Georgia Public Broadcasting Studios. In 2020, Leneé was honored to lead a “Wake-up Yoga Stretch” at the Summit. However, due to the Covid-19 pandemic, the WIP Summit was virtual in 2020. The Women in Production Summit is a collaboration between Georgia chapters of The Screen Actors Guild - American Federation of Television and Radio Artists (SAG-AFTRA), Producers Guild of America, and Women in Film & Television Atlanta (WIFTA). According to The Hollywood Reporter, although California is still widely known for feature film production, Georgia is currently a close front runner with the U.K. and Canada following.

As a choreographer with a sports & performing arts psychology practice and over 35 years of experience in athletics, arts, and entertainment, Leneé felt honored to serve these brilliant producers. These creative individuals are doing fantastic work in the film and television industry.

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**Dr. Luann Drolc Fortune Promotes**

## Mindfulness at Multiple September Events

SGA CHATS PRESENTS



# Mindfulness for Peace

*Bringing awareness to International Day of Peace.*

This year's theme is "End Racism. Build Peace."

During this chat, Dr. Fortune will guide us through what mindfulness practices can do to bring peace within us in moments of distress. She will also share information about tolerance and openness, and diversity, equity, and inclusion studies. We will also be doing some movement for mindfulness

**September 21, 2022 • 5:00 PM**

zoom: <https://tcsedsystem.zoom.us/j/92765396265>

Brought to you by the  
Student Government Association



**Pacific Oaks**  
COLLEGE



Dr. Fortune is continually recognized as a leader in mindfulness. She is often asked to present to groups and conferences. This fall, Dr. Fortune gave several presentations on various topics of mindfulness.

On September 21st, she presented to Pacific Oaks about Mindfulness for Peace. This event was hosted by the Pacific Oaks student government and was a virtual event open to all. At this session, Dr. Fortune discussed what mindfulness practices can do to bring

moments of internal peace. She also used her platform to elevate other important topics of ending racism and building peace.

On September 27<sup>th</sup>, she presented to the National University of Health Sciences (NUHS) on Mindfulness as Mind-Body Medicine. This session was an introduction to mindfulness in the context of Mind-Body Medicine. It was an experiential introduction and its approach to wellness.

You can find more information from Dr. Fortune's LinkedIn at <https://tinyurl.com/yurfr9mr>

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## DEPARTMENT OF INTEGRATIVE WELLNESS COACHING

**Celebrating the Incredible Saybrook  
Integrative Wellness Coaching (IWC) team  
and their ICF and NBHWC credentialing success!**

**Congratulations IWC!**



Dr. Robin Dickey



Dr. Valerie Worthington



Dr. James Weeden



Dr. Julie A. Cerrato

Integrative  
Wellness  
Coaching  
(IWC)  
Team 2021-2023



Katie Cooley, TA



Katic Napoli, TA



Abonce Parker, TA



Denise Dinkins, TA



Lizeth Santamaria, TA



Margie Nichols, Lead TA

**Dr. Julie A. Cerrato – ICF PCC 2022; NBHWC 2017& 2020**

**Dr. Valerie Worthington** – ICF ACC 2021; NBHWC 2022  
**Dr. Robin Dickey** - ICF ACC 2021; NBHWC 2022  
**Dr. James Weeden** - ICF ACC 2022; NBHWC 2017 & 2020  
**Lead TA Margie Nichols** – ICF PCC 2022 & Saybrook IWC 2018  
**TA Katie Cooley** - Saybrook IWC 2016 & Wellcoaches 2022  
**TA Abonee Parker**- NBHWC 2022 & Saybrook IWC 2021  
**TA Lizeth Santamaria** - ICF PCC 2022; NBHWC 2021  
**TA Denise Dinkins** - Saybrook IWC 2021  
**TA Katie Napoli** - Wellcoaches 2021

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## Center for Writing and Academic Success

### Updates from the Center for Writing and Academic Success

*Saybrook University's Center for Writing and Academic Success serves students by assisting them in developing their writing process and instructing them in using the tools and resources necessary to be self-sufficient writers in their academic studies and beyond.*

We hope you are enjoying the start of a wonderful Fall semester. As we begin a new year, please note the recent updates to services from the Center for Writing and Academic Success!

1. **Drop-in hours:** Open to anyone in the Saybrook community, the Center will be hosting weekly drop-in hours on Thursdays from 2:30- 4:00 pm Pacific Time via Zoom (<https://tcsedsystem.zoom.us/j/95956801238>). Drop-in hours are best used for *quick questions* about writing or the resources available through the Center for Writing and Academic Success. Students with questions about writing that require further support should [schedule an appointment](#) with one of our staff members.
2. **Writing Tips and Tools:** To
3. To make accessing tools for writing support easier, the Center has moved a lot of the resources available in the Canvas shell onto our [Writing Tips and Tools](#) webpage. Use this page to access a wide variety of topics to help support you in your writing!
4. **Faculty and Staff Resources:** To promote collaboration with faculty and staff, the center has created the [Faculty and Staff Resources](#) page. Within the page, faculty and staff will be able to easily locate 1) the center's referral form, 2) a service request

form, 3) data from 2021-22, and 4) answers to faculty and staff FAQs. More details are provided on the site.

### **Work With Us!**

The Center for Writing and Academic Success is also looking to hire and train new tutors for the Fall semester. Would you be interested in coaching and mentoring your peers through the writing process? Consider becoming part of the Center for Writing and Academic Success team. Our department has several immediate opportunities to serve as a Federal Work-Study Student Tutor.

Apply today at: [https://tcsedsystem.wd1.myworkdayjobs.com/en-US/SaybrookUniversityCareers/job/Remote/FWS-Student-Tutor\\_R0006528](https://tcsedsystem.wd1.myworkdayjobs.com/en-US/SaybrookUniversityCareers/job/Remote/FWS-Student-Tutor_R0006528)

### **Data Report**

In the month of August, the Center provided eight writing coaching appointments and has begun training two new writing coaches. During the summer term, the Center submitted 12 dissertations (2,311 pages) to the registrar for degree conferral.

### **Our Services and Resources**

- Schedule a tutoring session at:  
<https://saybrook.mywconline.com/>
- Our Website: <https://community.saybrook.edu/writingcenter>
- Canvas Shell Enrollment:  
<https://tcsedsystem.instructure.com/enroll/944E6Y>
- Questions? Contact us at [sbwritingcenter@saybrook.edu](mailto:sbwritingcenter@saybrook.edu)

As always, the Center is available for one-on-one writing support through our [schedule of availability](#). To learn more about our services, check out our webpage at <https://community.saybrook.edu/writingcenter/Pages/default.aspx>. Questions? Contact us at [sbwritingcenter@saybrook.edu](mailto:sbwritingcenter@saybrook.edu)

Sincerely,

**Christina Quirong**

Assistant Director of the Center for Writing and Academic Success (CWAS)

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**Research and Institutional Review Board**

## October 2022

News from the Department of Research and Institutional Review Board

### Upcoming Events with Saybrook Research Faculty

#### Online Petitions – Mentor Petitions

A reminder that we have transitioned our Request for External Committee Member Petition and Petition to Form Dissertation Committee (PTFDC) to our online Mentor Petition System. Mentor's online submission and review system enables student to also solicit necessary reviews, approvals, and signatures online. Please look for more information about the new system from the Research-IRB website on the [Mentor Petitions – Research Petitions Online](#) page. If you have any questions about this project, please contact the Department of Research ([research@saybrook.edu](mailto:research@saybrook.edu)).

#### New Faculty in the Department of Research

**Lorie Fernandez, Ph.D**



Lorie Fernandez received her bachelor of science degree in Zoology with a minor in English and a master's degree in the experimental analysis of behavior from McNeese State University in 1994 and 1996 respectively. In 2003, she earned a PhD in experimental psychology

with a focus in comparative psychology from the Georgia Institute of Technology. Her primary areas of scholarly interests are diverse, but broadly address animal learning/cognition and the welfare and behavior of animals housed in captivity. She is specifically interested in the environmental factors that contribute to the quality of life and psychological well-being of animals housed in captivity, particularly on the incidence of stereotypic or abnormal behavior. Her work has involved a wide variety of animal species, including giant pandas, giraffes, great apes and prosimians. I've had the privilege of working and conducting research at Zoo Atlanta, the Smithsonian's National Zoological Park, the Yerkes Regional Primate Research Center, and the Chengdu Research Base of Giant Panda Breeding in Chengdu, China. She has almost 20 years of experience teaching a variety of courses at the college level including introductory psychology, research methods, statistics, biological psychology, learning and cognition and has served on more than 40 dissertation committees as both the chair and as a committee member.

She is a mother to two children, two dogs and three cats. Her hobbies and interests include reading, cooking, traveling, and fostering dogs and cats for a local rescue (adopt, don't shop). In the past few years, they have had more than 100 kittens, puppies, cats and dogs come through their house on their way to find their forever home.

**Kennedy Maranga, Ph.D**



Dr. Maranga holds a Ph.D in Public Policy and Administration, Master of Science in Education Leadership, Master of Laws and a Law degree. Dr. Maranga has taught at various universities at all levels of education but mostly at the doctoral level. He has worked as a Senior Doctoral Chair, Senior Core Research Faculty, Program Coordinator and Associate Professor (Research), attorney, executive director and policy analyst. Over the years, this unique exposure not only heightened his interests in academic pursuits but also influenced his effort to assist and mentor students. He has authored several research articles and four books. In his free time, Dr. Maranga enjoys playing golf, reading, writing and from time to time travelling across the globe.

**Greg Hickman, P.h.D.**



Dr. Hickman joined Saybrook University Fall 2022 as Faculty, Research and IRB. in 2004 He moved to Arizona to become the Director, Arizona Dropout Initiative. His research has primarily focused on adolescent problem behaviors. More specifically, how does parenting impact such adolescent behavior? In addition, Dr. Hickman's research has been centered on programmatic evaluation. He has had the pleasure of evaluating adolescent programs for Procter & Gamble, Maricopa Community Colleges, City of Avondale, Westmoreland County Juvenile Probation Court, and Fayette County Housing Authority to name a few. Currently, Dr. Hickman's research has explored the differential developmental pathways of high school dropouts and graduates. This study led to the writing of a book entitled, "Do Children Drop Out of School in Kindergarten?"

Dr. Hickman enjoys watching my two young boys play hockey, watching college and NFL football, skiing, writing children's sports books, and hanging out with his two boys named Alex and Zach and his two Alaskan Malamutes named Juno and Bear.

### **Recent Publications by Saybrook Research Faculty and Saybrook Alumni**



Dr. Kara Vander Linden is currently working with the non-profit “The Institute for Research and Theory Methodologies” which is offering a free webinar on Grounded Theory. The information is below and you can register at this link

<https://www.mentoringresearchers.org/s/store/courses/description/An-Overview-of-Prominent-Versions-of-Grounded-Theory>

**Webinar: An Overview of Prominent Versions of Grounded Theory**  
**October 23, 2022, at 3 pm PT**

Did you know that the original version of the grounded theory methodology has been modified into multiple other research methods that also go by the name grounded theory? As a result, today, there are three prominent versions of the research method. This webinar will introduce the three prominent versions and present areas of similarity and differences among them. The session will also cover why it is important to identify which version you use in your research. Don’t miss out on this great webinar. Register [HERE](#). The webinar will be free to those who attend the live virtual session.

This session will be presented by Dr. Kara Vander Linden, an experienced grounded theory researcher and the founder of the Institute for Research and Theory Methodologies and the Glaser

Center for Grounded Theory. She has taught and overseen grounded theory dissertations for nearly 20 years.

### **Department of Research Project Assistant & TA Positions**

The Department of Research and the IRB is actively recruiting students with Federal Works Study (FWS) to join our team as Teaching Assistants and/or Project Assistants. We currently have positions posted on the [Saybrook Employment](#) page (R0006495). We'd love to work with students who are looking for additional experience with research teaching, IRB support, and many other graduate education and curriculum support projects. If you'd like to know more about any of our positions, please reach out to us at the Department of Research at [Research@saybrook.edu](mailto:Research@saybrook.edu).

### **Drop-in Office Hours and Weekly IRB Peer Support sessions**

We are offering open IRB Office Hours, for faculty or students on alternating Wednesdays and Thursdays, as well as Faculty IRB Office Hours on Mondays. We have Peer Support IRB Office Hours on Fridays. You can find information about the specific times and access information for these Zoom sessions on our [DoR-IRB Calendar](#). We hope to see you at one of these support sessions soon.

The Department of Research will also continue to offer weekly drop-in office hours over Zoom for students and faculty. You can come to the DoR Office Hours with any research curriculum or dissertation process question. Again, you can find dates, times, and login information for these sessions on the [DoR-IRB Calendar](#).

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## **Global Engagement**

**TCS Global Distinction**



**What:** The Global Distinction program asks Saybrook students to commit to a globally focused career by participating in international education opportunities and reflecting upon the value of international perspective. To receive the distinction, students must

- Experience (complete reflection for 4 of the following)
  1. GLOBE Talks
  2. Webinars on international topics
  3. Activities with a global focus sponsored by the TCS Education System community
  4. Work with international NGOs
  5. Domestic works to support an international effort
- Academic (choose one)
  1. Complete a course that includes international engagement
  2. Complete a study abroad program
  3. Conduct and complete international research
- Final Project
  1. Submit a capstone paper on the impact of global exposure on one's educational journey and application to current and future professional activity.

The paper should be no more than 5 pages and include references in APA format

**When:** Applications are received on a rolling basis. Participants will complete the program requirements independently and submit their capstone paper prior to their intended graduation date.

**Apply:** Apply to the program using the [Global Distinction Application Form](#). Your application will be reviewed to ensure you are a current student in good standing.

For more information, visit the [program site](#), or contact Community and Global Engagement: [engage@tcsedsystem.edu](mailto:engage@tcsedsystem.edu)

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### **GLOBE Talk: Bridging the Achievement Gap through Differentiation**



- **What:** Join us in honor of World Teacher's Day 2022! One of the consequences of the disruption to instruction caused

by the pandemic closure of schools is that we are now faced with a learning gap and teachers are charged with bridging that gap. Though differentiation has been around for many years, the role it can play in bridging the current learning gap can be significant. Differentiation is a mindset that allows teachers to serve both those students who struggle and those who need to be challenged. Differentiation allows the teacher to bridge the learning gap without excluding students from the main lesson or essential goals. This talk discusses a framework teachers can use to differentiate their lessons while keeping learning outcomes and goals the same for all students.

- **Featured Speaker:**
  - **Cindy (Ai-Ling) Li, MS**, Core Faculty, Bilingual Authorization Program, Pacific Oaks College
  - **Ruben F. Cortez, Ed.D.**, Core Faculty, School of Human Development, Pacific Oaks College
- **When:** Wednesday, October 5, 2022 @12pm Pacific/2pm Central/3pm Eastern
- **Register:** [Click here to register!](#)

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**GLOBE Talk:**  
**Isolation and Connection During the Global Pandemic:**  
**An Existential and Terror Management Theoretical Perspective**



- **What:** Join us on UN World Mental Health Day 2022! The ordeal of the Global Pandemic has poignantly illuminated what happens when unprecedented numbers of people face their mortality and the terror of the unknown, compelling them to grapple with questions of meaning and purpose, the value of human life, inequalities in access to health care, and forced isolation. Longing for intimacy, authenticity, and human connection in the face of separation and global violence has engendered large scale mental health challenges as well as opportunities for creativity and resourcefulness.
- **Featured Speaker:**
  - **Drake Spaeth, PsyD**, Existential-Humanistic Psychology Specialization Coordinator, Humanistic Clinical Psychology Department, Saybrook University
- **When:** Monday, October 10, 2022 @12pm – 1pm Pacific; 2pm-3pm Central; 3pm-4pm Eastern
- **Register:** [Click here to register!](#)

## GLOBE Talk: Tropes, Treaties, and Traditions: A Discussion of Indigeneity in Contemporary Contexts



- **What:** Join us in honor of U.S. Indigenous People's Day 2022! This presentation will provide a brief overview of historical versus contemporary representations and issues of Indigenous Peoples in the Americas including sovereignty, maintaining traditional ways/practices and various movements of empowerment.
- **Featured Speaker:**
  - **Christy Waterman, MA, ECE Affiliate Faculty, School of Education, Pacific Oaks College**
- **When:** Monday, October 10, 2022 @4pm – 5pm Pacific; 6pm-7pm Central; 7pm-8pm Eastern
- **Register:** [Click here to register!](#)



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