CPR/First Aid/AED Training

September 14, 2017 or October 5, 2017

Time: 9:30 am–2:30 pm, Cost: $75 per person

The primary purpose of this course is to help participants recognize and respond appropriately to cardiac, breathing, and first aid emergencies. This course will teach participants the knowledge and skills needed to give immediate care to an injured or ill person and to decide whether advanced medical care is needed. This program follows the American Red Cross curriculum and is taught by a certified instructor. Participants who successfully complete this course will receive an American Red Cross Certificate.

Mental Health First Aid Training

September 27 & 28 or October 26 & 27, 2017

Time: 9:30 am–2:00 pm, Cost: $70 per person

This eight hour training course (split into two days) is designed to give people key skills to help someone who is developing a mental health problem or experiencing a mental health crisis. Studies show that those who are trained in Mental Health First Aid have greater confidence in providing help to others, greater likelihood of advising people to seek professional help, improved concordance with health professionals about treatments, and decreased stigmatizing attitudes.

CE/CEU: *This program has been approved by Connecticut Certificate Board & National Association of Social Workers—CT Chapter for 7.5 units.*

Dealing with Difficult People and Learning to Communicate Better

September 19, 2017

Time: 9:30 am–2:00 pm, Cost: $40 per person

In this training, you will learn how to recognize and deal with the most difficult personality types, how to control your emotions when interacting with these individuals, and learn communication techniques so you are able to work better together.

CE/CEU: *This program has been approved by Connecticut Certificate Board & National Association of Social Workers—CT Chapter for 4.25 units.*

TRAINING LOCATION *The Connection, 100 Roscommon Drive, Suite 203, Middletown, CT*

REGISTRATION *To register for a training, please contact Nikita Joslyn, Training & Staff Development Specialist at 860 343-5500 x2110.*

The Connection