

# Youth Yoga

Intro to  
Vinyasa  
Yoga

## Three FREE Yoga Sessions

Bring Comfortable Clothing & a Water Bottle

**Registration required** at [townofwindsorct.com/recreation](http://townofwindsorct.com/recreation)

**OCTOBER 22ND**

**NOVEMBER 26TH**

**DECEMBER 17TH**

LP Wilson Ballet Room

6:00PM – 7:00PM



Windsor Recreation & Leisure Services

(860) 285-1990