



ST. JOSEPH SCHOOL - FULLERTON

TOGETHER WE LEARN, PRAY, AND SERVE



HEALTH CARE PROTOCOLS

FEVER: If your child is sent home with a fever above 100.0°F or a fever develops at home, they are not permitted to return to school until they have been FEVER-FREE for at least 24 hours without the aid of Acetaminophen or Ibuprofen.

NAUSEA/VOMITING/DIARRHEA: If your child has been sent home with any of these symptoms or develops them at home, they are not permitted to return to school until they have been symptom-free for at least 24 hrs.

RASH OF UNKNOWN ORIGIN: If your child is sent home with/or develops before coming to school with a rash of unknown origin, they must be evaluated by a physician before returning to school. A physician's note will be required to return to school in some circumstances.

STREP THROAT: This can present in several ways in children: a sore throat that is clearly red, swollen, exudates present or not and with or without a fever. Other presenting symptoms can range from a headache, complaint of nausea/vomiting, or the presence of a rash on the torso. If your child is sent home with these symptoms, your physician might want to test them for Strep. Most physicians recommend taking 24-48 hours of antibiotics before returning to school; follow your physician's recommendations. Please inform the School Nurse if the diagnosis is Strep throat, for tracking purposes.

INFLUENZA/SYMPTOMS OF CHEST CONGESTION: Flu symptoms include fever, chills, muscle aches, body aches, nasal congestion, sore throat, and cough. Symptoms can appear 1-3 days after exposure. The flu can be a serious illness with severe complications such as pneumonia. If your child is sent home with these symptoms, please contact your child's physician and follow their recommendations. Again, students must be symptom-free for 24 hours before returning to school. Please inform the School Nurse if your child is diagnosed with the Flu or Pneumonia, for tracking purposes.

EYE IRRITATION/PINK EYE: Conjunctivitis, or pink eye, is an inflammation of the conjunctiva, which covers the white part of the eye. Allergies, bacterial infections, or viral infections can cause it. It can be very contagious. Symptoms include redness, itching, tearing, or discharge from the eyes. If your child exhibits these symptoms, they must be evaluated by a Provider. They either need a clearance note detailing the diagnosis, or if they prescribe antibacterial drops or ointment, they must be on the medication for 24 hours or three doses before returning to school.