



**Croyle-Nielsen  
Therapeutic  
Associates, Inc.**



**AMERICAN MENTAL  
WELLNESS ASSOCIATION**

We invite you to join us for:

***"A HEALTHIER MIND IS A HAPPIER LIFE!"***

Presented By:

**THE AMERICAN MENTAL WELLNESS ASSOCIATION**

Executive Director, Sharon Engdahl

**Tuesday, October 3, 2017,  
2:00 to 4:00 p.m.**

**Richland Campus,  
Penn Highlands Community College,  
Johnstown, PA**

Learn About:

- ▶ **Mental Wellness**
- ▶ **Zero Suicide**
- ▶ **Less Substance Use Disorders**
- ▶ **Reduced Family Strife**
- ▶ **Be a Champion**



This presentation provided in part by Croyle-Nielsen Therapeutic Associates, Inc., Cambria County Drug Coalition, and Penn Highlands Community College.



**CAMBRIA COUNTY  
drug coalition**



**PENNSYLVANIA  
HIGHLANDS  
COMMUNITY COLLEGE**

**[www.AmericanMentalWellness.org](http://www.AmericanMentalWellness.org)**