



*"This IRONMAN race is the hardest thing I have ever done. When I think of everyone dealing with Alport syndrome and what the future may hold for my wife, children, and other family members, it pales in comparison. Perseverance in the face of a daunting challenge is a shared theme between Alport patients and Triathlon / IRONMAN competitors. Never giving up and putting one step in front of the other to cross the finish line, like I did in this race, is much like raising funds for critical research to find a cure for Alport syndrome, and what Alport patients must do on a daily basis while waiting for that cure. It is my honor to be able to help in any way I can in finding a cure."*

*-Dr. Jeffrey Litt*

