

Sherwood Regional Library

Adult Programs July 2024

2501 Sherwood Hall Lane
Alexandria, VA 22306
703-765-3645

Library Hours:

Monday-Wednesday: 10am-9pm

Thursday-Sunday: 10am-6pm

Holiday Hours:

Thursday, July 4 — **CLOSED**

A black poster for a laser tag event. It features a pink starburst in the top left with the text 'Join us for high tech, realistic laser tag "battle" action!'. To the right of this is the text 'PEW PEW!' in green. The main title 'LATE-NIGHT LASER TAG!' is in large, bold, pink letters. Below the title is the date and time 'Thursday, July 18, 7:00 - 8:30pm' in green. To the right of this is the location and phone number 'Sherwood Regional Library, 2501 Sherwood Hall Lane, 703-765-3645' in white. At the bottom left, it says 'Adults 18+ only. Registration Required. All participants must sign waiver prior to game play. Scan QR for more info!'. A QR code is located at the bottom right. The poster also includes the Fairfax County Public Library logo and a seal for the library's 85th anniversary.

Join us for high tech,
realistic laser tag
"battle" action!

PEW PEW!

**LATE-NIGHT
LASER TAG!**


Thursday, July 18, 7:00 - 8:30pm

Sherwood Regional Library
2501 Sherwood Hall Lane
703-765-3645

Adults 18+ only.
Registration Required.
All participants must sign waiver prior to game play.
Scan QR for more info!



 Fairfax County Public Library
12000 Government Center Pkwy
Suite 324
Fairfax, VA 22035
www.fairfaxcounty.gov/library

 To request reasonable ADA accommodations
or alternative format of materials,
call 703-324-8380 or TTY 711

 85
years
1939-2024

Adult Events— Book Groups

P.O.V. Book Club— Wednesday, July 10, 7:00—8:00 p.m.
We discover new points of view (P.O.V.) by reading authors writing from diverse perspectives.
Adults. No registration. June selection: *Where You See Yourself* by Claire Forrest

Sherwood Novel Book Group— Tuesday, July 23, 1:30—2:30 p.m.
Join Sherwood Library’s book group focusing (mostly!) on novels.
Adults. No registration. June selection: *People of the Book* by Geraldine Brooks



Adult Events— Arts, Crafts, & Maker
These classes are cosponsored by the Friends of Sherwood Regional Library

Craft & Chat— July 17, 2:30—3:30 p.m.
Bring a craft project from home, or work on one of the crafts provided, while enjoying a warm cup of tea with company! All supplies provided while supplies last.
Adults. No registration. Meets in the Group Study Room.



Adult Events— Health & Wellness

Tai Chi— Sunday, July 7, 14, 21, 28, 1:00—2:00 p.m.
A beginner’s tai chi class focusing on Chen Short Form tai chi that emphasizes posture, relaxation and smooth continuous motion. **Adults. No registration.**

Chair Yoga— Tuesday, July 2, 9, 16, 30, 1:30—2:15 p.m.
Sitting in chairs, students learn how to find stability, alignment, & integrity for stretches & safe movement of the body. **Adults. No registration. Cosponsored by Friends of Sherwood Regional Library.**



Friends of Sherwood Regional Library Book Sale

First Saturday Sale— Saturday, July 6, 10:00 a.m.— 4:00 p.m.
A wide variety of books available for all ages. Book sale purchases support the library’s programming.

Adult Events— Performances, Presentations, & Workshops

Wetlands at Dusk @ Huntley Meadows — Wednesday, July 17, 6:30—8:30 p.m.
Join a Park Authority Naturalist at Huntley Meadows for a relaxing walk through the park’s forest and wetlands path. houseplants to add to your collection? **Registration is FULL. Sign up for waitlist! Ages 12 and up. Age 12- 16 must be accompanied by a registered adult.**

Late-Night Laser Tag — Thursday, July 18, 7:00 — 8:30 p.m.
Come join us for a night of laser tag fun hosted by LaserTag2You. **Adults. Registration required. All participants must sign a waiver before game play.**



Ananse of Ghana: African Drum, Songs, Stories, and Games— Wednesday, July 24, 3:00 — 3:45 p.m.
Take an imaginary journey to an African village and, through interactive ANANSE storytelling and roleplay, explore the sight and sounds of the traditional instruments with ANANSEGRO of Ghana. **Family Friendly. Registration optional but arrive early due to limited seating! Cosponsored by the Fairfax Library Foundation.**

Adult Events— Technology

1-on-1 Tech Tutoring — Check online calendar for availability
Meet one-on-one with a volunteer to learn new technology skills. **Adults. Registration required.**

Libby & Kanopy Training — Saturday, July 13, 11:00a.m.—12:00 p.m.
Learn how to use Libby and Kanopy library apps. No experience required! Please bring smartphone, tablet, or laptop. **Adults. Registration optional.**

Memory Depot Orientation — Monday, July 22, 4:00—5:00 p.m.
Learn how to use Memory Depot equipment to convert photos, negatives, slides, and convert VHS or audio cassettes to digital formats. **Adults. Registration optional.**

Adult Events— Language Learning

English Conversation Class—
Tuesday, July 2, 9, 16, 23, 30, 7:00—8:00 p.m.
Thursday, July 11, 18, 25, 1:00—2:00 p.m.
Practice speaking English with a library volunteer and other students in a relaxed atmosphere.
Adults. No registration. Upstairs in Conference Room 3.