

Adult Programs

October 2025

Adult Events — Performances, Presentations, & Workshops

Make a Fall Watercolor Wreath —

Wednesday, October 1, 6:30 — 8:00 p.m.

Make the perfect watercolor wreath to brighten your home this Fall! **Adults. Registration full, waitlist available.**

Fix-It Clinic —

Saturday, October 4, 1:00— 5:00 p.m.

Have a broken or damaged item you've been looking to get repaired but it's too costly or inconvenient? Bring it to the Fix-It Clinic where skilled fixers will help you bring your items back to use for free! Repair services may vary, please call to confirm available services. **Adults. No registration.**

Social Security Seminar/Seminario de Seguridad Social— Monday, October 6, 11:00 a.m. — 12:00 p.m.

Learn about important Social Security rules and strategies before filing for your benefits. Infórmese sobre las reglas y estrategias importantes del Seguro Social antes de solicitar sus beneficios. **Adults. Registration required. Adultos. Es necesario registrarse.**

Mount Vernon at Home Meet & Greet—

Tuesday, October 7, 11:00 a.m. — 1:00 p.m.

Meet Mount Vernon at Home sponsors who specialize in supporting and honoring people as they age. **Adults. No registration.**

Citizenship Class with Progreso —

Monday, October 7, 14, 21, 28, 6:30 —8:00 p.m.

Ongoing, free course reviewing citizenship exam questions. **Adults. Please contact Progreso to enroll: 703-799-8830**

Banned Books Trivia —

Wednesday, October 8, 6:30 — 7:30 p.m.

Join us for a night of fun and learning as we dive into the world of banned books! Bring your friends, form a team, and play trivia for prizes. **Ages 12 and up. Registration required.**

Sherwood Regional Library's Fall Open House —

Saturday, October 11, 10:00 a.m. —1:00 p.m.

Enjoy a fun-filled day of pumpkin painting, crafts, activities, prizes and refreshments for all ages!

No registration. Costumes welcome!

Career Builder Workshop —

Wednesday, October 15, 7:00 — 8:00 p.m.

Join us for this informative workshop that will teach you how to identify and market your transferable skills to best pursue other career opportunities. **Adults. Registration optional.**

AAUW Presents Local Non-Profits: Coping with Federal Cuts and Changes —

Thursday, October 16, 2:00 — 3:30 p.m.

Join AAUW and guest speakers to learn more about how local non-profits are assisting their communities in a time of need. **Adults. No registration.**

Medicare 101 —

Thursday, October 16, 3:00 — 4:30 p.m.

Join VICAP for an informative workshop and learn more about Medicare benefits. **Adults. Registration required.**

Red Cross Blood Drive —

Friday October 17, 12:00 — 5:00 p.m.

Adults. Scan QR Code to register >>>



Sherwood Regional Library

2501 Sherwood Hall Lane
Alexandria, VA 22306
703-765-3645

Library Hours:
Monday-Wednesday: 10am-9pm
Thursday-Sunday: 10am-6pm



Open House!

Saturday, October 11,

10 a.m.— 1:00 p.m.



Adult Events— Discussion Groups

Sherwood Novel Book Group —

Tuesday, October 28, 1:30—2:30 p.m.

Join Sherwood Library's book group focusing on novels.

October selection: *The Marriage Portrait* by Maggie O'Farrell. **Adults. No registration.**

Cinema Discussion Group —

Saturday, October 18, 2:00—3:00 p.m.

Join your fellow ghouls and ghosts for a fun, relaxed conversation about spooktacular movies.

October Selection: Favorite spooky movies.
Adults. No registration.

Adult Events— Arts, Crafts, & Maker

Sip N Solve —

Thursday, October 2, 9, 2:00—3:00 p.m.

Drop in to solve jigsaw puzzles and enjoy light refreshments. **Adults. No registration.**

Craft & Chat —

Wednesday, October 8, 1:00—2:00 p.m.

Join us to discover a new craft project every month!

October Craft: Wax Paper Luminaries!

All materials provided while supplies last.

Adults. Registration required.

Friends of Sherwood Regional Library Book Sale

First Saturday Sale—

Saturday, October 4, 10:00 a.m.— 4:00 p.m.

A wide variety of books available for all ages. Book sale purchases support the library's programming.

Adult Events— Technology

1-on-1 Tech Tutoring —

Check online calendar for availability

Meet one-on-one with a volunteer to learn new technology skills. **Adults. Registration required.**

Walk-in Tech Help —

Wednesday, October 1, 8, 15, 22, 29, 12:00—1:00 p.m.

Drop in and meet one-on-one with a volunteer to learn new technology skills. **Adults. No registration.**

Memory Depot Orientation —

Monday, October 27, 4:00—5:00 p.m.

Learn how to convert photos, negatives, slides, and VHS/audiocassettes to digital formats using the library's Memory Depot equipment. **Adults. Registration optional.**

Adult Events— Language Learning

English Conversation Class—

***NEW* Monday, October 20, 27, 7:00—8:00 p.m.**

Tuesday, October 7, 14, 21, 28, 7:00—8:00 p.m.

Thursday, October 2, 9, 16, 23, 30 1:00—2:00 p.m.

Practice speaking English with a library volunteer and other students in a relaxed atmosphere. **Adults. No registration.**

Adult Events— Health & Wellness

Tai Chi —

Sunday, October 5, 12, 19, 26, 1:00—2:00 p.m.

Beginner's tai chi class focusing on Chen Short Form tai chi emphasizing posture, relaxation and smooth continuous motion. **Adults. No registration.**

Chair Yoga —

October 7, 15, 21, 28, 1:30—2:30 p.m.

Sitting in chairs, students learn how to find stability, alignment, integrity for stretches, and safe movement of the body. **Adults. No registration. Cosponsored by Friends of Sherwood Regional Library.**