Adult Programs: July 2026

Adult Events — Performances, Presentations, & Workshops

Social Security Seminar/
Seminario de Seguridad Social
Monday, July 6, 11:30 a.m. — 12:30 p.m.
Learn about important Social Security rules and strategies before filing for your benefits. Infórmese sobre las reglas y estrategias importantes del Seguro Social antes de solicitar sus beneficios. **Adults. Registration required. Adultos. Es necesario registrarse.**

Know Your Rights/Conoce Tus Derechos
Thursday, July 9, 4:30 — 5:30 p.m.
Join us for a bi-lingual presentation and Q&A with First Shift Justice Project, which empowers workers in low-wage jobs to exercise their rights related to caregiving and parenting. Únase a nosotros para una presentación bilingüe y sesión de preguntas y respuestas con First Shift Justice Project, que empodera a los trabajadores en empleos de bajos salarios para ejercer sus derechos relacionados con el cuidado y la crianza de los hijos. **Adults. Registration recommended. Adultos. Se recomienda registrarse.**

The U.S. Army Band presents: Stories, Suites, and Sonatas
Sunday, July 12, 3:00 — 4:00 p.m.
Join us for an afternoon of storytelling and song featuring the world-class woodwind, brass, chorus, and string musicians of the U.S. Army Band "Pershing's Own." Don't miss this spirited program of mixed ensembles and wide variety of music, including a musical narration of the story of Ferdinand the Bull and a salute to America's 250th. **Ages 5+ and Adults. No registration.**

Educación Financiera 101/ Financial Literacy 101
Friday, July 17, 11:30 a.m.— 12:30 p.m.
Learn ways to improve your finances and reduce stress in this bilingual financial 101 class. Aprende formas de mejorar tus finanzas y reducir el estrés en esta clase bilingüe de finanzas 101. **Adults. Registration required. Adultos. Es necesario registrarse.**

Reintroducing Woodlawn: A Legacy of Nonviolence and Neighborhood
Saturday, July 18, 11:00 a.m.— 12:00 p.m.
Join us for a special presentation sharing the details of Woodlawn's newest exhibition: "Friends Gather Here: A Legacy of Two Communities at Woodlawn" that will explore the history of the Quaker families who settled here in the mid-19th century and the established free Black community they joined. **Adults. Registration optional.**

Lunch & Learn: Downsizing (presented by Sunrise at Mt. Vernon)
Friday, July 24, 11:00 a.m.— 12:30 p.m.
Thinking about downsizing but not sure where to begin? You're not alone -- and we're here to help. Join us for a relaxed and informative Downsizing Lunch & Learn Seminar, hosted by Sunrise at Mt. Vernon in partnership with Sherwood Regional Library and White Glove Solutions. **Adults. To register, call Sunrise at Mt. Vernon at 703-780-9800 by Wednesday, July 22.**

Local Author John Adam Wasowicz: *Patriots Circle*
Saturday, July 25, 11:00 a.m. —12:00 p.m.
Join local author John Adam Wasowicz for a discussion on the author's writing process and their latest book, *Patriots Circle*. Mr. Wasowicz has written several books in the Old Town mystery series, which takes place in Alexandria and profiles well known landmarks in our area. **Adults. Registration optional.**

Sherwood Regional Library

2501 Sherwood Hall Lane
Alexandria, VA 22306
703-765-3645

Library Hours:
Monday-Wednesday: 10am-9pm
Thursday-Sunday: 10am-6pm

Library CLOSED Friday, July 3 & Saturday, July 4

Adult Events— Discussion Groups

Sherwood Novel Book Group
Tuesday, July 28, 1:30—2:30 p.m.
Join Sherwood Library's book group focusing on novels. **July selection**: *The Thursday Murder Club* by Richard Osman. **Adults. No registration.**

Adult Events— Arts, Crafts, & Maker

Sip & Solve
Thursday, July 2, 2:00—3:00 p.m.
Drop in to solve jigsaw puzzles and enjoy light refreshments. **Adults. No registration.**

Plant Swap, Seed Library, and Master Gardener Help
Saturday, July 11, 10:30—11:30 a.m.
Please ensure that your plants and cuttings are pest-free and avoid bringing plants deemed invasive to Virginia. A Master Gardener will be on hand to provide answers to your gardening questions. **Adults. No registration.**

Book Journaling Meetup
Saturday, July 11, 2:00 —4:00 p.m.
Come to the book journaling meetup and try new page layouts, set reading goals, and share what you have been reading with others. All materials provided until supplies last. **Adults and Teens. Registration required.**

Book Journaling for Beginners
Wednesday, July 22, 6:00 — 7:00 p.m.
Discover how to track your reading by creating a customized journal. All materials provided while supplies last, but attendees are welcome to bring their own journal, notebook, or favorite pens.
Teens and Adults. Registration required.

Craft & Chat
Wednesday, July 29, 12:30 - 1:30 p.m.
Join us to discover a new craft project every month!
July Craft: Decoupage seashells with nautical themed tissue paper. All materials provided while supplies last.
Adults. Registration required.

Adult Events— Technology

1-on-1 Tech Tutoring
Check online calendar for availability
Meet one-on-one with a volunteer to learn new technology skills. **Adults. Registration required.**

Walk-in Tech Help
Wednesday, July 1, 8, 15, 22, 29, 12:00—1:00 p.m.
Drop in and meet one-on-one with a volunteer to learn new technology skills. **Adults. No registration**

Memory Depot Orientation
Monday, July 6, 4:00—5:00 p.m.
Learn how to convert photos, negatives, slides, and VHS/audiocassettes to digital formats using the library's Memory Depot equipment. **Adults. Registration optional.**

Introduction to 3D Printing
Tuesday, July 21, 7:00—8:00 p.m.
Learn the basics of 3D printing and how to submit a 3D printing request to Fairfax County Public Library. **Adults. Registration required.**

Adult Events— Health & Wellness

Tai Chi
Sunday, July 5, 12, 19, 26, 1:00—2:00 p.m.
Beginner's tai chi class focusing on Chen Short Form tai chi emphasizing posture, relaxation and smooth continuous motion**. Adults. No registration.**

Chair Yoga
July 7, 15, 21, 28 1:30—2:30 p.m.
Sitting in chairs, students learn how to find stability, alignment, integrity for stretches, and safe movement of the body. **Adults. No registration. Cosponsored by Friends of Sherwood Regional Library.**

Adult Events— Language Learning

English Conversation Class
Monday, July 13, 20, 27, 7:00—8:00 p.m.
Tuesday, July 14, 21, 28, 7:00—8:00 p.m.
Thursday, July 2, 9, 16, 23, 30, 1:00—2:00 p.m.
Practice speaking English with a library volunteer and other students in a relaxed atmosphere.
Adults. No registration.

FAIRFAX COUNTY PUBLIC LIBRARY
Imagine. Discover. Connect.
Fairfax County Public Library
12000 Government Center Pkwy
Suite 324
Fairfax, VA 22035
fairfaxcounty.gov/library
To request reasonable ADA accommodations or alternative format of materials, call 703-324-8380 or TTY 711
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