

Line Dancing for Beginners

Learn to move to music with step-by-step lessons in popular choreography. Students can experience line dancing as a relaxing moving meditation or as an invigorating exercise, depending on the specific sequencing of steps and the chosen music.

This is a beginner's class for ADULTS with little or no experience in line dancing.

Thursdays 1:00 – May 23, 30, June 6, 13

Sherwood Regional Library Meting Room

2501 Sherwood Hall Lane, Alexandria, VA 22306

