

## Fields of Flowers

**Fields of Flowers**, a homeopathic formula, is a unique combination of the 38 traditional flower essences, each one long associated with a key element of emotional concern. It is one of the most popular remedies in the Energetix line. Many practitioners find that addressing the emotional state of the patient is an essential component of their healing strategy and of the patient's general well-being.

*For symptoms such as fear, despair, anxiety, depression, compulsiveness, worry, despondency, intolerance, withdrawal, irritability, aggressiveness, impatience, obsessiveness, and apathy.*

### Order Information

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06012 Fields of Flowers  
(2 oz. bottle)

### Synergistic Considerations

**Fields of Flowers** is a great complement to any healing strategy or as a stand-alone.

*Limited to Healthcare Practitioners for clinical research purposes only.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

### Ingredients and Symptomatology

**Aesculus carnea, flos 30C** (*Red Chestnut*)  
Fearfulness for others, worry.<sup>1(p1641)</sup>

**Aesculus hippocastanum, flos 30C** (*Chestnut Bud*)  
Restlessness, impulsiveness, absentmindedness, defiance, an inability to learn from experiences.<sup>1(p527-28)</sup>

**Aesculus hippocastanum 30C** (*White Chestnut*)  
Mental preoccupation and worry; compulsiveness; unwanted, fixated, and persistent thought patterns.<sup>1(p2047)</sup>

**Agrimonia eupatoria, flos 30C** (*Agrimony*)  
Anxiety masked by cheerfulness.<sup>1(p72)</sup>

**Bromus ramosus, flos 30C** (*Wild Oat*)  
Lack of motivation.<sup>1(p2048)</sup>

**Calluna vulgaris, flos 30C** (*Heather*)  
Self-centeredness, attention seeking, hypochondriasis.<sup>1(p890)</sup>

**Carpinus betulus, flos 30C** (*Hornbeam*)  
Lethargy in mind or body, boredom, frustration, irritability.<sup>1(p932)</sup>

**Castanea sativa, flos 30C** (*Sweet Chestnut*)  
Anguish, despair, despondency.<sup>1(p1881)</sup>

**Centaureum umbellatum, flos 30C** (*Centaury*)  
Being overly influenced by the needs and concerns of others, weakness of self-will.<sup>1(p506)</sup>

**Ceratostigma willmottianum, flos 30C** (*Cerato*)  
Lack of self-esteem, indecisiveness, self-doubt.<sup>1(p508)</sup>

**Cichorium intybus, flos 30C** (*Chicory*)  
Self-pity, neediness, concern to be center of attention.<sup>1(p528)</sup>

**Clematis vitalba, flos 30C** (*Clematis*)  
The tendency to daydream about the future and disregarding the present, delusions, absentmindedness.<sup>1(p588)</sup>

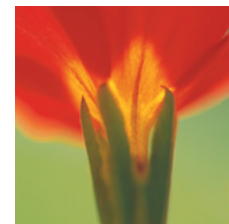
**Fagus sylvatica, flos 30C** (*Beech*)  
Intolerance, critical and judgmental, sense of superiority.<sup>1(p318)</sup>

**Gentianella amarella, flos 30C** (*Gentian*)  
Discouragement, inability to persevere, unable to overcome setbacks.<sup>1(p842)</sup>

**Helianthemum nummularium, flos 30C** (*Rock Rose*)  
Acute anxiety, fearfulness, agitation, helplessness.<sup>1(p1676)</sup>

**Hottonia palustris, flos 30C** (*Water Violet*)  
Isolation, narcissism, loneliness, insecurity.<sup>1(p2046-7)</sup>

**Ilex aquifolium, flos 30C** (*Holly*)  
Irritability, being annoyed easily, agitated, aggressiveness, jealousy, anger.<sup>1(p929)</sup>



## Fields of Flowers

### Ingredients and Symptomatology Continued...

#### **Impatiens glandulifera, flos 30C** (*Impatiens*)

Impatience, restlessness, being short-tempered, being driven.<sup>1(p980)</sup>

#### **Juglans regia, flos 30C** (*Walnut*)

Being overly influenced by impressions and unwanted influences, lack of boundaries, frustration, envy.<sup>1(p2046)</sup>

#### **Larix decidua, flos 30C** (*Larch*)

Poor self-image, sense of inferiority, lack of confidence.<sup>1(p1135-6)</sup>

#### **Lonicera caprifolium, flos 30C** (*Honeysuckle*)

Tendency to live in the past, sadness, hopelessness.<sup>1(p931)</sup>

#### **Malus pumila, flos 30C** (*Crab Apple*)

Preoccupation with appearance or cleanliness, sense of shame about uncleanness of past behaviors, obsessions and compulsiveness with deep shame.<sup>1(p654)</sup>

#### **Mimulus guttatus, flos 30C** (*Mimulus*)

Constant fear, dread, nervousness.<sup>1(p1310)</sup>

#### **Olea europaea, flos 30C** (*Olive*)

Mental, emotional, and physical exhaustion; depression; apathy; lethargy.<sup>1(p1428)</sup>

#### **Ornithogalum umbellatum, flos 30C** (*Star of Bethlehem*)

Despair, despondency, grief, hopelessness.<sup>1(p1839)</sup>

#### **Pinus sylvestris, flos 30C** (*Pine*)

Guilt, regret, self-reproach, shame.<sup>1(p1530)</sup>

#### **Populus tremula, flos 30C** (*Aspen*)

Fear about the unknown, anxiety about vague feelings and sensations.<sup>1(p264)</sup>

#### **Prunus cerasifera, flos 30C** (*Cherry Plum*)

Fear of losing mental balance and control, obsessiveness, compulsiveness, nervousness.<sup>1(p527)</sup>

#### **Quercus robur, flos 30C** (*Oak*)

The tendency to overwork and avoid rest, exhaustion from overworking.<sup>1(p1413)</sup>

#### **Rock Water 30C**

Rigidity, self-denial, tendency to be controlling, a loss of the sense of pleasure.<sup>1(p1677)</sup>

#### **Rosa canina, flos 30C** (*Wild Rose*)

Apathy, resignation, sense of helplessness and powerlessness.<sup>1(p2049)</sup>

#### **Salix vitellina, flos 30C** (*Willow*)

Bitterness, disillusionment, depression, self-pity.<sup>1(p2049)</sup>

#### **Scleranthus annuus, flos 30C** (*Scleranthus*)

Indecisiveness, vacillation, feeling overwhelmed, mood swings.<sup>1(p1743-4)</sup>

#### **Sinapis arvensis, flos 30C** (*Mustard*)

Feelings of depression, apathetic about present circumstances, desolation.<sup>1(p1330-1)</sup>

#### **Ulex europaeus, flos 30C** (*Gorse*)

Deep hopelessness and uncertainty, despair.<sup>1(p861)</sup>

#### **Ulmus procera, flos 30C** (*Elm*)

Overwhelmed by responsibilities, internal exhaustion.<sup>1(p742)</sup>

#### **Verbena officinalis, flos 30C** (*Vervain*)

Overly enthusiastic and excitable, hysterical, mood swings.<sup>1(p2026)</sup>

#### **Vitis vinifera, flos 30C** (*Vine*)

Very controlling with others, inflexibility, being overly ambitious.<sup>1(p2036)</sup>

### Label Drug Facts

DRUG FACTS	DRUG FACTS (continued)
<b>ACTIVE INGREDIENTS</b> Aesculus camea, flos 30C; Aesculus hipp, flos 30C; Aesculus hipp 30C; Agri- monia eup, flos 30C; Bromus ramosus, flos 30C; Calluna vulgaris, flos 30C; Carpinus betulus, flos 30C; Castanea sativa, flos 30C; Centaurium umb, flos 30C; Ceratostigma will, flos 30C; Cichorium int, flos 30C; Clematis vit, flos 30C; Fagus syl, flos 30C; Gentianella am, flos 30C; Helianthemum num, flos 30C; Hottonia pal, flos 30C; Ilex aquil, flos 30C; Impatiens glan, flos 30C; Ju- glans reg, flos 30C; Larix, flos 30C; Lonicera caprifolium, flos 30C; Malus, flos 30C; Mimulus guttatus, flos 30C; Olea eur, flos 30C; Ornithogalum umbel- latum, flos 30C; Pinus syl, flos 30C; Populus trem, flos 30C; Prunus cera, flos 30C; Quercus rob, flos 30C; Rock Water 30C; Rosa can, flos 30C; Salix vit, flos 30C; Scleranthus an, flos 30C; Sinapis arv, flos 30C; Ulex euro, flos 30C; Ulmus proc, flos 30C; Verbena, flos 30C; Vitis vin, flos 30C.	<b>WARNINGS</b> Do not use if neck wrap is broken or missing. ■ In case of overdose, get medical help or contact a Poison Control Center right away. ■ If pregnant or breast feeding, ask a health professional before use. ■ Keep out of reach of children. ■ Store in cool, dry place out of direct sunlight.
	<b>DIRECTIONS</b> Take 30 drops orally twice daily or as directed by a healthcare professional. Shake well before use.
	<b>INACTIVE INGREDIENTS</b> Purified Water 70%, Glycerin 15%, Ethanol 15%.

#### References

1. Murphy R. *Nature's Materia Medica, Third Edition*. Blacksburg, VA: Lotus Health Institute; 2006.