Happiness

May, today, there be peace within you.
May you trust God, that you are exactly where you are meant to be.
May you not forget the infinite possibilities,
that are born of faith.
May you use those gifts that you have received,
and pass on the love that has been given to you.
May you be content knowing that you are a child of God.
Let His presence settle into your bones,
and allow your soul the freedom to sing, dance,
and to bask in the sun.
It is there for each and every one of you.

(By St Mother Teresa of Calcutta)