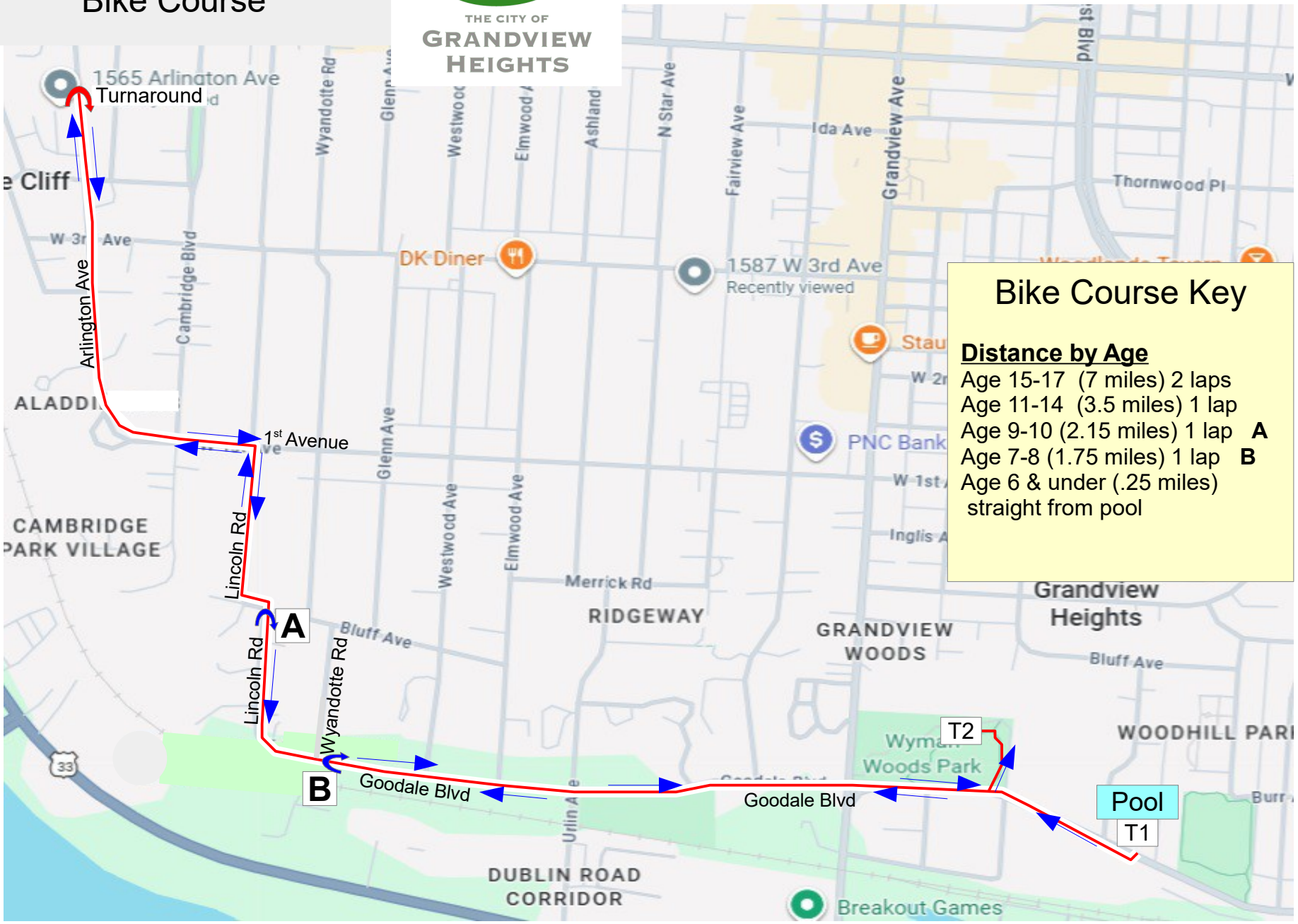
# TRI the **Heights**
## Bike Course

THE CITY OF GRANDVIEW HEIGHTS




## Bike Course Key

**Distance by Age**

Age 15-17 (7 miles) 2 laps
Age 11-14 (3.5 miles) 1 lap
Age 9-10 (2.15 miles) 1 lap **A**
Age 7-8 (1.75 miles) 1 lap **B**
Age 6 & under (.25 miles) straight from pool




THE CITY OF
GRANDVIEW
HEIGHTS