

# **FOUNTAIN HILLS MIDDLE SCHOOL CROSS COUNTRY**

**Winter 2018**

**November 5, 2018 thru February 2, 2019.**

**Open to grades 6-7-8**

**Coaches:** Mary McDonald and Steffnie Beck

**Requirements:** sports waiver and athletics fee \$125. Student athletes must be passing all courses to be eligible. PLEASE TAKE CARE OF ALL PAPERWORK ON: [www.REGISTER MY ATHLETE.COM](http://www.REGISTERMYATHLETE.COM) (directions attached). You can pay fees online, but if you wish to get the tax credit, please just write a check and send it back with the attached tax credit form.

Cross country racing involves running **2 mile races** in grass, rocks, paths.

**Practices:** Mondays, Tuesdays and Thursdays 325-425pm  
Some practices will be at the track. Some practices will be running in the neighborhoods and some practices will be on the trails behind the school. Over the holiday break there will be optional practices offered.

**Equipment:** Athletes will need black shorts and running shoes. Racing singlets will be provided. Athletes should bring water and workout clothing to practices.

**Meets:** schedule will be shared as soon as it is finalized. FHMS WILL HOST THE FIRST ONE AT OUR HIGH SCHOOL - PARENTS WE WILL NEED YOUR HELP. There will be 5-6 meets. The team travels by bus. Meet schedule and details will be emailed to parents. The championship (final) race will be February 2, 2019.

**Join** the text **REMIND** group. <https://www.remind.com/join/6ehkbe> use this link to join for easy text access to coaches

Mary McDonald  
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## Instructions For Parents

Go to [www.registermyathlete.com](http://www.registermyathlete.com) and click Login found in the right side of the page.

**IF YOU ALREADY HAVE AN RMA PARENT ACCOUNT DO NOT CREATE A NEW ACCOUNT. LOGIN AND FOLLOW STEPS b-i BELOW TO REGISTER YOUR ATHLETE(S) FOR A SPORT. IF YOU HAVE PREVIOUSLY ADDED AN ATHLETE THAT ATHLETE WILL APPEAR AS YOU REGISTER FOR A SPORT. IF YOU NEED ASSISTANCE CONTACT SUPPORT AT 435-213-1601 OR [SUPPORT@REGISTERMYATHLETE.COM](mailto:SUPPORT@REGISTERMYATHLETE.COM)**

If you have never created an account:

1. **Create an account:** Go to <https://www.registermyathlete.com> and then select "Create Account." The "Account Creation" will appear where you will enter in the information asked for. At the bottom of this page, be sure to select "parent" from the options of the type of user you will be. Select the "Create Account" button when you have completed the form.
    - a. Your account has now been created. You will be able to see a page called "Parent Register My Athlete Portal." Click on the large button called "Parent" and you will be directed to a "Terms of Use" page. Complete the page and select "Submit."
    - i. Register My Athlete Page Tutorial: A grey box will appear that says "Welcome to your Register My Athlete landing page. We would love to show you around!" Please select the button "Ok Let's Go!" to receive a tutorial on how to navigate the page to complete your athlete's registration.
  - b. Click on "Register for a Sport" and then "Select a School."
  - c. Click on "Select an Athlete" and choose "Add an Athlete" from the pop-up box. Fill in the required information and press Submit. (If you already added athletes, you can select their names here)
  - d. Click on "Select Year/Sport," and select the correct year and sport the athlete is registering for. A pop-up box will appear with the information you have selected, then press "I have selected the correct information."
  - e. Click on "Guardian Info," fill in required information and press Save.
  - f. Click on "Insurance Info," fill in required information and press Save.
  - g. Click on "Medical Infor," fill in required information and press Save.
  - h. Click on "Additional Opportunities," answer question(s) and press Continue.
  - i. Click on "School Requirements," this will take you to your student's Registration Checklist. Complete the checklist to finish registering your athlete for their sport.
2. **Follow Steps above to add any additional athletes.**

Register My Athlete Tech Support

[support@registermyathlete.com](mailto:support@registermyathlete.com)

435-213-1601

Monday-Friday 8:00am-5:00pm

Fountain Hills Unified School District #98  
Fountain Hills Middle School

Tax Credit - apply toward the payment of: \_\_\_\_\_ Date: \_\_\_\_\_

Designate Athletic Team.

Name: \_\_\_\_\_ Amount Paid: \$ \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Student-Athlete Name \_\_\_\_\_

This form is only to be used toward payment of athletic fees. If you wish to have your fees applied toward an Arizona Tax Credit, this form must accompany your payment.

Make checks payable to the FHMS, this form is to be used only for payments of Fountain Hills Middle School Athletic Fees.

Administration purposes: ☐ Rec'd by: \_\_\_\_\_ ☐ Cash \_\_\_\_\_ ☐ Check # \_\_\_\_\_ ☐ Other \_\_\_\_\_ ☐ Routed to: \_\_\_\_\_