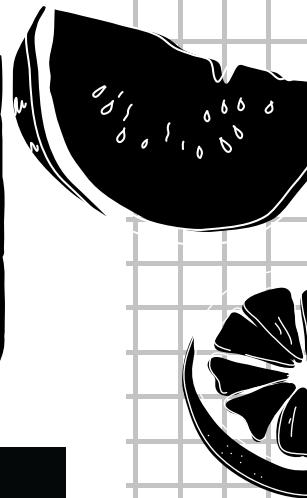


MENU



OCTOBER 5 - 9

BREAKFAST

MON

Hot Meal
Pancake Minis
Fruit
Juice
Milk

To Go Meal
Muffin
Cheese Stick
Apple
Milk

TUE

Hot Meal
Pancake Minis
Fruit
Juice
Milk

To Go Meal
Muffin
Cheese Stick
Apple
Milk

WED

Hot Meal
Sausage Biscuit
Fruit
Juice
Milk

To Go Meal
Pancake on a Stick
Apple
Milk

LUNCH

Hot Meal
Chicken Fajita Taco
Mexican Salad
Tortilla Chips
Salsa
Fruit
Milk

To Go Meal
Corn Dogs
Green Beans
Fruit
Milk

THU

Hot Meal
Sausage Biscuit
Fruit
Juice
Milk

To Go Meal
Pancake on a Stick
Apple
Milk

Hot Meal
Cheeseburger
French Fries
Fruit
Milk

To Go Meal+Fri
Beef & Bean Burrito
Chili Beans
Fruit
Milk

FRI

Hot Meal
No Hot Meal
(Distance Learning)

To Go Meal
Cereal x2
Fruit
Milk

Hot Meal
No Hot Meal
(Distance Learning)

To Go Meal
Ham/Cheese Sub
Baby Carrots
Fruit
Milk

ASTEC Charter Schools

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