



**We are collecting donations for our neighbors without homes in the Arden Arcade area that are served by our Arden Arcade HART volunteers, Sacramento Self-Help Housing Navigator, and Mercy Pedalers.**

### **Hygiene Items**

- toothbrushes
- trial size toothpaste
- shampoo and conditioner
- lotion
- deodorant, chapstick
- personal wipes

### **Miscellaneous**

- tents, tarps, sleeping bags, blankets
- hand warmers
- fast food gift cards
- grocery gift cards
- SacRT bus passes

### **Food items**

- cases of bottled water
- snack sized chips
- snack sized fruit cups (peaches, mixed fruit, etc.)
- peanut butter or cheese sandwich crackers (individually wrapped)
- soft fruit granola and protein bars
- protein drinks
- pop top entrees (ie.ravioli, pasta)

### **Clothing**

- **new:** adult polyester socks  
men's boxers, women's underwear  
gloves, warm hats
- **gently used:** t shirts, hoodies,  
sweatshirts and sweatpants, jackets

### **Cash Donations or Checks made payable to AA HART**

all donations tax deductible Tax ID: 84-2361438

contact: Jeannie Anderson-West  
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**Please stay in vehicle, volunteers will come get donations from you. DO NOT leave donations if volunteers are not there to receive them. THANK YOU!**