



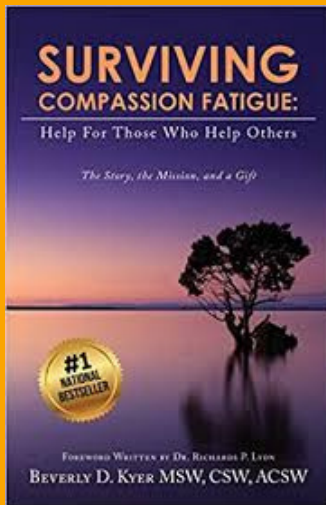
CALIFORNIA CASA
WEBINARS 2021

aces aware
SCREEN. TREAT. HEAL.

March 10 2021 12pm-3pm

INTRODUCTION TO COMPASSION FATIGUE THROUGH AN **ACES AWARE** LENS FOR CASA VOLUNTEERS

**Stress and Wellness Reset Consultant
Beverly D. Kyer**



REGISTER ONLINE

WEBINAR TOPICS:

- How screening and providing services to individuals with high ACEs scores may impact CASA staff and volunteers.
- The role of stress in relation to anger, emotions, and behavior, and how that can impact staff and volunteers personally and professionally.
- Identifying multiple causes and triggers of compassion fatigue and burnout, including personal and professional trauma from the COVID-19 pandemic.
- Strategies for inner regulation in the face of overwhelming and emotionally intense demands.
- Strategies for accelerated recovery and self-regulation.

California CASA is a member of National CASA/GAL



CASA
Court Appointed Special Advocates
FOR CHILDREN

CALIFORNIA CASA