# Cycle Menus 2018 

Cycle 1

| Chicken Nuggets | Spaghetti w/ | Chili Beans | Chicken Tacos | Turkey \& Cheese |
| :--- | :--- | :--- | :--- | :--- |
| Ketchup | meat sauce | Cornbread | Fresh Salsa | Sandwich |
| Baked Beans | Green Beans | Tossed Salad | Corn | Carrot Sticks w/ |
| Apples Slices | Pears | Ranch dressing <br> Pineapple | Jell-o w/fruit | ranch dressing <br> Mandarin Oranges |

Cycle 2

| Hamburger w/ | Sloppy Joes w/ | Fish Sticks | Beef \& Cheese | Grilled Cheese |
| :--- | :--- | :--- | :--- | :--- |
| Bun | bun | Baked Beans | Crispy Tacos | Sandwich |
| Shredded lettuce | Peas \& Carrots | Cornbread | Fresh Salsa | Tomato Soup |
| Pickles | Pineapple tidbits | Jell-o w/fruit | Tossed salad <br> Ranch dressing <br> Apple Slices | Grapes |

Cycle 3

| Bean \& Cheese | Pasta w/ meat | Scrambled Eggs | Chicken Stir Fry- | Ham \& Cheese |
| :--- | :--- | :--- | :--- | :--- |
| Tostadas | sauce \& cheese | Biscuits | Chicken, | Sandwich |
| Fresh Salsa | Green Beans | Tator tots | broccoli, carrots, |  |
| Shredded lettuce | Peaches | Fresh Salsa <br> Seasonal Fruit <br> Spiced Apples | Steamed rices <br> Mixed Fruit | Ranch dressing |
| Orange Slices |  |  |  |  |

Cycle 4

| Corn Dog | Salisbury Steak | Beef -A -Roni | Cheese Pizza | Turkey \& Cheese |
| :--- | :--- | :--- | :--- | :--- |
| Ketchup | Mashed Potatoes | Tossed Salad | Fresh broccoli w/ | Roll ups |
| Baked Beans | Gravy | Ranch dressing | Ranch dressing | Carrots w/ ranch |
| Seasonal Fruit | Mixed Fruit | Pineapple Tidbits | Mandarin Oranges | dressing |
|  | Wheat Roll |  |  | Apple slices |

