

**WELCOME TO ALL**

# Black Family Wellness Expo



**UPCOMING EVENT**

**March 21, 2026  
11 AM to 3 PM**

**New Prospect Baptist Church  
1580 Summit Rd  
Cincinnati, Ohio 45237**

**FREE!**

**NATIONAL IMPACT DAY OF SERVICE**



## Celebrating Wellness



### Sponsors & Community Partners



### What to Expect

- ✓ Blood Drive and FREE A1C Testing
- ✓ Giveaways to include Amazon gift card
- ✓ LINE DANCING and Music
- ✓ Kidney Care Workshop
- ✓ Men's Health and Wellness Workshop
- ✓ Manage Stress Workshop
- ✓ Storytime & FREE BOOKS for Children
- ✓ Lunch, Snacks, and Refreshments
- ✓ **AND SO MUCH MORE!**