



INHER PEACE™

HEALING DAY RETREAT BLACK MATERNAL HEALTH WEEK 2026

BECAUSE MOTHERS DESERVE A VILLAGE



Join Us for the InHer Peace™: Healing Day Retreat!

A restorative gathering created for **pregnant and postpartum mothers (up to 18 month)** and the people who support them.



Gentle Yoga



Therapeutic Art



Giveaways



Resource Tables



Sound Bowl

Complimentary Breakfast, Lunch + Childcare

TRIHEALTH
625 Eden Park Drive
Cincinnati, Ohio

SATURDAY
APRIL 11, 2026

CHECK-IN: 8:30 AM
RETREAT: 9:15 AM - 4:00 PM

FREE REGISTRATION!

PARTNERS

ALL:IN
CINCINNATI

**MOST
OUT
GROW-
ING**



SPONSOR

bi3