



# Live-Work-Play-Cincinnati Coalition Meeting

February 4, 2025

# Live-Work-Play-Cincinnati

## Welcome

### Virtual & In-Person Sign-In

1. Use your phone to scan the QR code.
2. Complete & Submit the Teams form.

### MOU Reminders



# Live-Work-Play-Cincinnati

## OWL Camera

Please keep side conversations to a minimum because the camera will direct focus to anyone talking.



# Live-Work-Play-Cincinnati

## Constant Contact

- Communications
- Newsletters
- ListServ
- Posted to our website!
  - [WEBSITE LINK](#)
  - Find announcements and monthly presentation details.

**SIGN-UP HERE**



# Live-Work-Play-Cincinnati



**LIVE WORK PLAY  
CINCINNATI COALITION**

Live-Work-Play-Cincinnati is a multi-sector coalition that works to improve health outcomes by addressing health-related social needs and social determinants of health at the community level.

-  Open to the public!
-  Meets the first Wednesday of the month from 10 AM to 12 PM.
-  LiveWorkPlayCoalition@Cincinnati-OH.gov
-  Areas of focus include food access and education, tobacco free living, active living, infant vitality, and behavioral health.

JOIN NOW

city of  
**CINCINNATI**  
HEALTH DEPARTMENT

- New Flyer!!!
- Share with community members and partners.

# Live-Work-Play-Cincinnati

## Agenda

Introductions

Funding Opportunities & Announcements

Guest Presentation

Looking Ahead

Subcommittees & Lunch

# Live-Work-Play-Cincinnati

## Introductions

1. Your Name
2. Your Organization



# Announcements

# Live-Work-Play

## Announcement

### ADDRESS:

5021 Whetzel Avenue  
Cincinnati, OH 45227

### EVENT DATE:

February 14, 2025  
5 PM to 8 PM



# Live-Work-Play

## Announcement

### Pause & Replenish

#### ADDRESS:

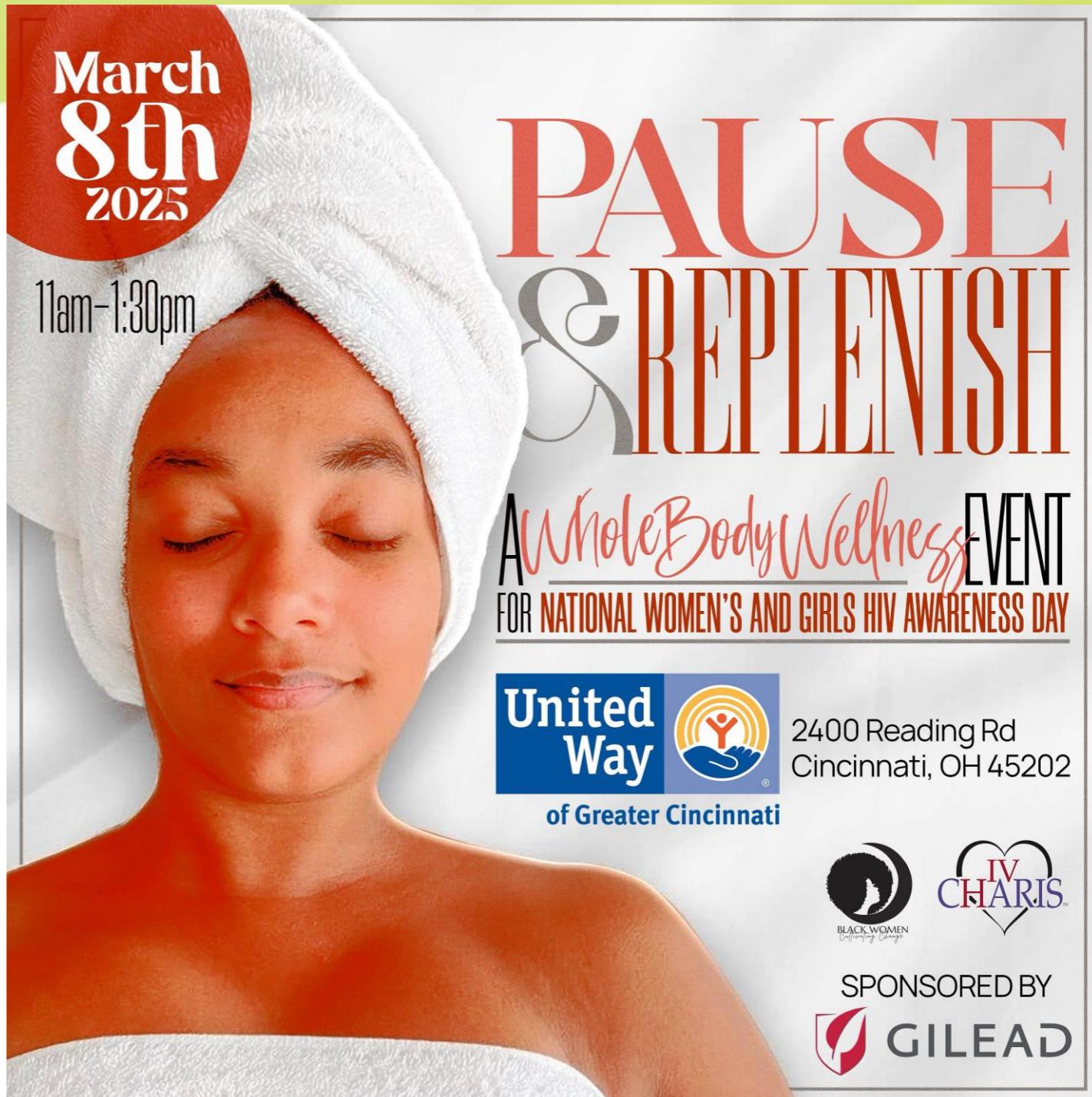
2400 Reading Rd.  
Cincinnati, OH 45202

#### EVENT DATE:

March 8, 2025

11 AM to 1:30 PM

Sign-up [here](#).



**March 8th 2025**

11am-1:30pm

# PAUSE & REPLENISH

A Whole Body Wellness EVENT

FOR NATIONAL WOMEN'S AND GIRLS HIV AWARENESS DAY

**United Way** of Greater Cincinnati

2400 Reading Rd  
Cincinnati, OH 45202

**BLACK WOMEN  
CHANGING LIVES**

**IV CHARIS**

SPONSORED BY

**GILEAD**

# Live-Work-Play Announcement

## AMEN Community Baby Shower

### ADDRESS:

3333 Burnet Ave.  
Cincinnati, OH 45229

### EVENT DATE:

February 22, 2025  
11 AM to 1 PM



## JOIN US FOR OUR COMMUNITY BABY SHOWER

Presented by  
**AMEN** - All Moms Empowered to Nurse  
**LECHE** - Latinas Empowered to Choose Health Excellence

**SATURDAY, FEBRUARY 22ND  
11A-1P**

### WHO:

PREGNANT MOMS AND  
MOMS OF BABIES UNDER 6 MONTHS OF AGE  
*PLANNING OR CURRENTLY BREASTFEEDING*

### WHERE:

CINCINNATI CHILDREN'S HOSPITAL MEDICAL CENTER  
SABIN AUDITORIUM D1.23  
3333 BURNET AVE, CINCINNATI, OH 45229

RSVP:  
[HTTPS://REDCAP.LINK/BABYSHOWER2025](https://REDCAP.LINK/BABYSHOWER2025)  
OR SCAN THE QR CODE



SPACE IS LIMITED, REGISTER SOON!



Resources  
Games

Gifts  
Food



# Live-Work-Play

## Announcement

### Nourish & Flourish Healthy Eating & Active Living

Register with QR Code



**NOURISH & FLOURISH**  
**HEALTHY EATING**  
**& ACTIVE LIVING**

**\$1500**  
ALL OF THE RESOURCES AND  
EDUCATIONAL SKILLS  
PROVIDED IN THE STUDY  
ACCUMULATE TO A TOTAL  
VALUE.

TO REGISTER, PLEASE SCAN BELOW OR GO TO THE WEBSITE.

**SCAN  
ME**

[HTTPS://REDCAP.LINK/PREGNANCYNUTRITION](https://REDCAP.LINK/PREGNANCYNUTRITION)

IRB# 2023 - 0848  
Study title: Culinary & Nutrition  
Education Program using AHA  
Life's Essential Eight

**ELIGIBILITY**

- Have English fluency and literacy
- Currently be pregnant within the second trimester with only one baby
- Be 18 years old or older Live within Hamilton County, Ohio
- Seek care within UC Health or have CareSource as insurance provider
- Self-identify as Black/African- American

**PURPOSE**

- The purpose of this study is two-fold, the primary study purpose is to assess the efficacy of an integrated culinary nutrition education program (CNEP) reducing maternal cardiovascular disease risk and birth outcomes.

**COMPENSATION**

- You will be compensated for your time. Please contact the principal investigator for more information.

For any questions, please contact principal investigator:  
Dr. Knox-Kazimierczuk at [kazimife@ucmail.uc.edu](mailto:kazimife@ucmail.uc.edu)



# Live-Work-Play

## Announcement

### AmeriHealth Caritas & HCAN

### Meet & Greet

#### **Address:**

34450 Glen-Este Withamsville  
Rd., Cincinnati, OH 45246

#### **Date:**

February 25, 2025

12:30 PM to 1:30PM

### **COMMUNITY STAKEHOLDER MEET & GREET “MEET THE HUB” LUNCHEON**

**Tuesday, February 25, 2025**

**12:30 p.m. to 1:30 p.m.**

**Union Township Library**

**4450 Glen - Este Withamsville Road  
Cincinnati, OH 45246**

- Join us for an introduction to your community pathways HUB **Healthcare Access Now** and hear how they connect people to social services and medical resources in your county.
- Come hungry and ready to share updates from your organization.

**We look forward to seeing you!**

**Space is limited, please RSVP to:**

**Jill Gorley**

**AmeriHealth Caritas Ohio's Community Health Educator Sr**

**Phone: 513-635-7331 or**

**Email: [jgorley@amerihealthcaritasoh.com](mailto:jgorley@amerihealthcaritasoh.com).**



# Live-Work-Play Announcement

## Mobile Mammography

### **Address:**

10022 Chester Rd.  
Lincoln Heights, OH 45215

### **Date:**

March 6, 2025  
8:30 AM to 3:30 PM

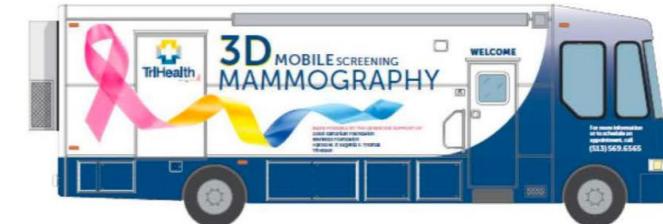
## Mobile Mammography Coming to a location near you

Screenings are provided for women 40+ and for women 35-39 who are considered high-risk or have a close family history of breast cancer. If you are under 40, please check with your insurance provider regarding coverage.

Screening mammography is recommended annually. If you are scheduling fewer than 12 months from your previous exam, it is your responsibility to confirm insurance coverage.

Financial assistance is available to those who qualify.

For a full list of community screening dates, visit [TriHealth.com/mobilemammography](http://TriHealth.com/mobilemammography)



### St. Monica's Recreation Center

10022 Chester Rd.  
Lincoln Heights, OH 45215  
(Park on Douglas St.)

Thursday, March 6, 2025  
8:30 am-3:30 pm

To schedule an appointment, scan the QR code and choose **St. Monica's Center** from the drop-down menu or call 513 569 6565.





Urban Greater  
Cincinnati

National Alliance on Mental Illness

## Support Groups

2420 Harrison Avenue  
Cincinnati, Ohio 45211

513-961-6264 (NAMI)

### NAMI FAMILY SUPPORT GROUP

A support group for family members, significant others and friends of people with mental health conditions.

Held:

Thursday's 6:30 PM-7:30 PM

Virtually/In Person

Contact Sharon McCutchen at  
smccutchen.nami@outlook.com or call  
(513) 961-6264 or (513) 378-7049 for  
more information.

BUILDING A SUPPORT  
SYSTEM WITH PEOPLE  
WHO UNDERSTAND.

### NAMI PEER SUPPORT GROUP (CONNECTIONS)

A peer-led support group for any adult who has experienced symptoms of a mental health condition. You will gain insight from hearing the challenges and successes of others, and the groups are led by trained leaders who've been there.

Contact Sharon McCutchen at smccutchen.nami@outlook.com or call (513) 961-6264 or (513) 378-7049 if you're interested in joining a Connection Group or would like more information.



Urban Greater  
Cincinnati

National Alliance on Mental Illness



## BEER FOR HUMANS

DRINK BEER.  
GIVE BACK.

Grab a pint in the taproom at Rhinegeist  
To Support NAMI Urban Greater Cincinnati

Wednesday, February 26, 2025

From 5:00 to 8:00 PM

1910 Elm Street Cincinnati, Ohio 45202

Remember, the more coins we get, the more money we will receive, so let's all come together, raise a glass, and make a difference in our community. We hope to see you there





# Job Readiness WORKSHOPS

Unlock your career potential

Core classes prepare you for the career fair and employment:

**Basic Computer Skills** ✓

**Resume Building** ✓

**Interviewing Skills** ✓

**Networking / Personal Brand** ✓

More life and career workshops available monthly!

**OhioMeansJobs**  
Cincinnati-Hamilton County  
1916 Central Parkway  
Cincinnati, OH 45214



**Register now!**

<https://www.omj-cinham.org/job-seekers/workshops>



2025

FEBRUARY

MON	TUE	WED	THU
3	4	5 9AM ORIENTATION 10AM RESUME WORKSHOP (CORE CLASS) 10AM ACQUIRING ASSETS, PROTECTING ASSETS & BUILDING WEALTH FOR YOUR FUTURE	6 10AM EATING HEALTHY WITH MYPLATE
10 10AM BASIC COMPUTER SKILLS (CORE CLASS) 1PM INTERVIEWING SKILLS (CORE CLASS) 2PM BUILD A BETTER RESUME (CORE CLASS)	11 1PM FINANCIAL WELLNESS 2PM MIND MATTERS	12 9AM ORIENTATION 10AM CAREERS IN FIREFIGHTING 101	13 10AM BALANCING WORK & HEALTH 1PM UNLOCK THE POWER OF PERSONAL BRANDING! (CORE CLASS)
17	18 HAPPY PRESIDENTS DAY 10AM VETERAN DISABILITY BENEFITS	19 9AM ORIENTATION 10AM RESUME WORKSHOP (CORE CLASS) 2PM CAREER FAIR	20 10AM BUILDING BASIC COMPUTER SKILLS (CORE CLASS)
24	25 10AM PATHWAYS TO CAREERS IN AI 2PM WORK-LIFE BALANCE	26 9AM ORIENTATION	27

**CORE CLASSES** help you get ready for a job and prepare for the monthly career fair. Other workshops teach life skills, provide career exploration, and other special topics.

**Thank you to our Community Partners!**





# Member Announcements

# Live-Work-Play-Cincinnati

## ANNOUNCEMENTS

### To Share an Announcement:

Email Information to:

[LiveWorkPlayCoalition@cincinnati-oh.gov](mailto:LiveWorkPlayCoalition@cincinnati-oh.gov)

**“ANNOUNCEMENT”**  
in subject line of email

To have an announcement shared in the newsletter,  
it must be emailed by 12 PM the Friday after our meeting!



# Funding Opportunities

# Live-Work-Play-Cincinnati

**If someone gave you \$400 to make  
a difference in your community,  
what would you do with it?**

THE  
**Contribution**  
PROJECT

**empowers young people to  
turn their ideas into  
meaningful change with  
\$400 to bring them to life.**

**If you're 14-25 and live in  
one of the 20 counties  
around Greater Cincinnati,  
you're eligible to apply!**

**Learn more and apply between February 1 - 21 at  
[www.contributionproject.org/cincinnati](http://www.contributionproject.org/cincinnati)**



Sponsored by **INTERACT  
FOR HEALTH**

city of  
**CINCINNATI**  
HEALTH DEPARTMENT

# Live-Work-Play-Cincinnati

## Funding/Assistance

### **UNITED WAY FREE TAX PREP**

#### **PURPOSE:**

United Way of Greater Cincinnati's Free Tax Prep initiative can save you time, money and stress, and help you get the full refund you deserve.

[Find a location here.](#)

# Live-Work-Play-Cincinnati

## Funding Opportunity

### BOOTS ON THE GROUND FUND

#### PURPOSE:

The Boots on the Ground Fund seeks to provide support to organizations that have demonstrated experience and aim to address:

- Homelessness Prevention and Access to Affordable Housing
- Access to Affordable, Healthy Foods – Reduction of Food Deserts
  - Access to Healthcare and Public Health
  - Workforce Development
  - Youth Development
- Youth Gun Violence Reduction and Prevention
  - Mental and Behavioral Health, including

Substance Use Services The focus areas listed above are flexible and in response to community needs.

#### FUNDING AMOUNT:

\$25,000

#### Application Deadline:

Friday, February 7, 2025 at 5 PM EST

Details can be found [here](#).

# Live-Work-Play-Cincinnati

## Funding Opportunity

### ONEOHIO LOCAL FUNDS

#### PURPOSE:

Solicitation categories include prevention, treatment, and recovery supports. Click the image for application details.

#### FUNDING AMOUNT:

\$25,000

#### Application Deadline:

Friday, February 14, 2025, at 11:59 PM EST

Details can be found [here](#).



# **Cherished Hearts Doulas**

**Jocquelene Pressley**

# Cherished Hearts Doulas

HOW CHERISHED HEARTS DOULAS WORK TO CREATE TRUST TO REMOVE  
BARRIERS TO MATERNAL HEALTH OUTCOMES



# What is a Doula

- **trained professional who provides continuous physical, emotional and informational support to their client before, during and shortly after childbirth.**  
**DONA International**

# Qualities of a Cherished Hearts Doula

- ▶ Cherished Hearts Doulas are good at whole Person listening
- ▶ Cherished Hearts Doulas are empathic
- ▶ Cherished Hearts Doulas are relatable
- ▶ Cherished Hearts Doulas are Resourceful
- ▶ Cherished Hearts Doulas live and work in the communities they serve

# How our Doulas build trust

- ▶ During our pairing process we have clients fill out and intake form asking key questions
- ▶ We than look evaluate the client's needs and the skill sets of our doulas
- ▶ We match clients with the doula who best fits the clients needs
- ▶ Our doulas meet with the client for a brief virtual consultation

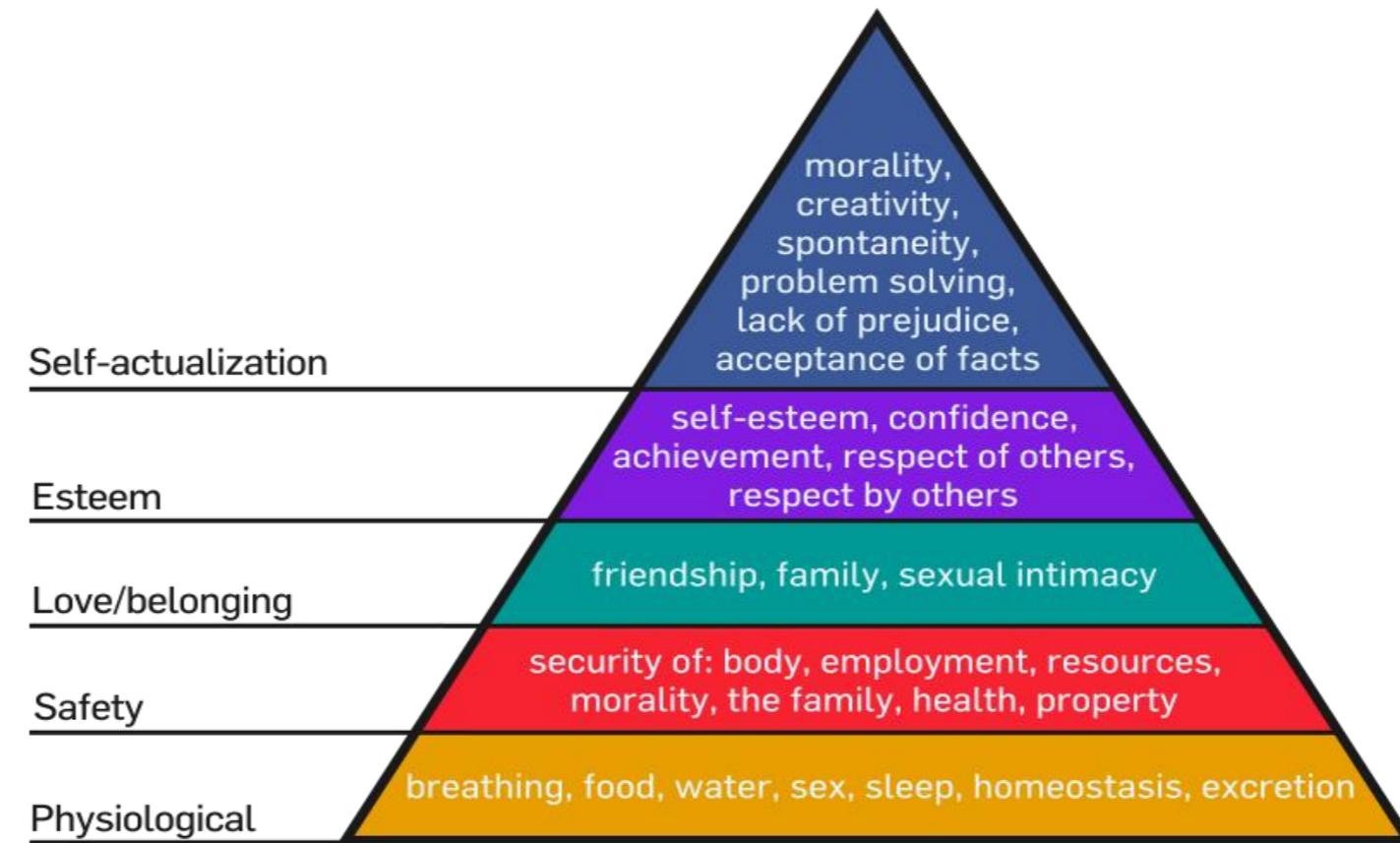
# Prenatal Appointments

- ▶ Cherished Hearts company standard for prenatal appointments are as follows:
- ▶ We require 3 in person prenatal visits during the visit we have recommended topics to cover
- ▶ In between prenatal visits we require “wellness check ins monthly early in pregnancy than biweekly beginning at 36 weeks.
- ▶ We allow our appointments to flow organically we have outlined visit plans but we believe in client centered care.

# Client demographics

- ▶ Our clients are black families
- ▶ From marginalized communities
- ▶ Have one or more social determinants of Health

# Conduct needs assessments bimonthly



[This Photo by Unknown Author is licensed under CC BY-SA](#)

## Mazlow's Hierarchy of Needs

# Client access to doulas

- ▶ Our doulas allow clients to access them via phone or email
- ▶ Our doulas respond promptly(same day responses during tradition business hours)
- ▶ After hour responses during emergencies
- ▶ We keep our caseload low our doulas attend 2-3 births a month

# Whole Person listening

- ▶ Cherished hearts doulas practice whole person listening mean that we are trained to listen to what the client is saying not just verbally but with body language .

# Client Testimonies

we didn't get many visit before my baby came due to him coming early, but just in that short time frame I felt safe and felt like I was cared about and in good hands the other company had me so flustered I was ready to just give up on having a doula. Jackie came in and made me feel like me and my baby were in good hands. She had such a nice attitude this company makes their clients feel like their family and not just a payment. I couldn't have asked for a better doula than Jackie.

Angel

# Testimony

I WANTED TO SAY THANKS TO CHERYL FOR BEING A GREAT SUPPORT FOR MY CLIENT, ORENDA. SHE CAN'T QUIT EXPRESSING HOW WONDERFUL YOU ARE. LUKE AND ORENDA ARE A SPECIAL FAMILY AND I AM SO GRATEFUL THAT CHERYL WAS A PART OF THEIR JOURNEY WITH BABY LUCIANA. IT HAS BEEN MY PLEASURE TO ALSO PARTICIPATE.

AMY

# Looking Ahead

# **NEXT MEETING:**

**Wednesday, March 5, 2025**

**10:00am-12:00pm**

**MSD Administration Building**

**Room 106**

**1081 Woodrow Street  
Cincinnati, OH 45204**

# Live-Work-Play-Cincinnati

## 2025 Strategic Planning

- 1. Identify a shared purpose and guiding principles.**
- 2. SWAT Analysis**
- 3. Community and partner listening session.**
- 4. Finalize priorities and strategies for action.**
- 5. Identify monitoring and evaluation criteria for strategies.**

**Complete by July 2025.**

# Subcommittees

# Live-Work-Play-Cincinnati

## Identifying Priorities

### What is Live Work Play Cincinnati Coalition:

A multi-sector coalition that works to improve health outcomes by addressing health-related social needs and social determinants of health at the community level.

### Identifying Priorities

In each subcommittee:

1. Identify at *least 3 to 5 general* purpose/principles/priorities for the coalition.
2. Identify at *least 2 to 4 specific* priorities for your specific subcommittee.

We will assess subcommittees work and develop comprehensive priorities for the coalition to vote on!

# Live-Work-Play-Cincinnati

## Subcommittees

### Food Access and Education

**Jasmine Robinson**

[jasmine.robinson@cincinnati-oh.gov](mailto:jasmine.robinson@cincinnati-oh.gov)

- Food Equity and Security
- Sustainability and food waste reduction
- Food policy and regulations

### Prevention and Cessation

**Courthney Calvin**

[courthney.calvin@cincinnati-oh.gov](mailto:courthney.calvin@cincinnati-oh.gov)

- Tobacco use prevention and cessation
- Safe communities and housing
- Tobacco policies and regulations

### Healthy Families Subcommittee

**Malina Harris**

[malina.harris@cincinnati-oh.gov](mailto:malina.harris@cincinnati-oh.gov)

- Infant Vitality
- Reproductive Health
- Breastfeeding

### Safe Routes and Accessibility

**Scott Dean**

[william.dean@cincinnati-oh.gov](mailto:william.dean@cincinnati-oh.gov)

- Physical activity education
- Transportation
- Physical Activity/Safety policies and regulations

### Mental/Behavioral Health

**Eric Washington**

[Eric.washington@cincinnati-oh.gov](mailto:Eric.washington@cincinnati-oh.gov)

- Substance abuse prevention
- Mental health services
- Mental health policies and regulations

# Live-Work-Play-Cincinnati

## Identifying Priorities

### What is Live Work Play Cincinnati Coalition:

A multi-sector coalition that works to improve health outcomes by addressing health-related social needs and social determinants of health at the community level.

### Identifying Shared Purpose, Principles, & Priorities

In each subcommittee:

1. Identify at *least 3 to 5 general purpose/principles/priorities for the coalition.*
2. Identify at *least 2 to 4 specific priorities for your specific subcommittee.*

We will assess subcommittees work and develop comprehensive priorities for the coalition to vote on!