

Mind Elevation Empowered for Success: Building Social-Emotional Resilience for Career Growth

In this workshop, you will learn practical strategies to manage stress, adapt to change, and stay motivated, empowering you to overcome employment barriers and confidently pursue your career goals.

Monday, October 20th 10:00 AM

Presented by



Register now!

https://www.omjcinham.org/job_ seekers/workshops



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