

## Set it, See it, Achieve It: Mastering SMART Goals

In this workshop you'll learn how to create SMART goals — goals that are Specific, Measurable, Achievable, Relevant, and Time-bound. You'll walk away with a clear understanding of each SMART goal component, a personalized SMART goal you can start working on immediately, and tools to stay motivated and track your progress.

## Monday, September 22nd 2:00 PM

**Presented by** 





## Register now!

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