



St. Anthony of Padua  
CATHOLIC SCHOOL

**HAND FOOT AND MOUTH/COXSACKIE VIRUS**

Dear Parent/Guardian,

There has been a reported case of **Coxsackie Virus (Hand, Foot, Mouth)** at school:

**Coxsackie Virus (Hand, Foot, Mouth)** is an infection caused by a virus. The illness is most common in children under 10 years of age and occurs most often in the summer and fall months.

The infection is spread through droplets expelled from the nose and mouth during coughing or sneezing. It can also be spread through contaminated hands and objects due to improper hand washing techniques.

The disease may be prevented through hand washing after bathroom usage, nose, and mouth wiping, or handling soiled diapers. Toys and contaminated areas should be cleaned and disinfected, and tissue and diapers be disposed of properly.

Symptoms may include small ulcers in the mouth, mildly painful mouth, small blisters or red spots on the palms, soles, buttocks, or between fingers or toes, and a low-grade fever. The illness is contagious during the illness and possibly for several days after. The illness may take 3 to 6 days to appear after exposure to an infected person.

If you have any further questions or concerns, please consult with your physician or healthcare provider.

Sincerely,

*Leslie Pavlock*

Leslie Pavlock, LVN  
School Nurse

*Nurturing Souls. Enriching Minds.*

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