

Children's Memorial Hermann

Texas 2025 **IRONKIDS** Fun Run & Doggie Dash



"Goodie Bag" Pick Up

April 17-18, from 3 to 7 p.m.

For **IRONKIDS** and **Doggie Dash**:
YMCA at 6145 Shadowbend Place
The Woodlands, TX 77381

PetSmart® for **Doggie Dash** only:

19075 I-45
Shenandoah, TX 77385



Registration

\$27.31 per child (or dog).

Scan the QR code or visit

[ironman.com/races/im-](https://ironman.com/races/im-texas/ironkids)

texas/ironkids. Debit/credit

cards only for onsite registration.



Saturday, April 19 starting at 8:30 a.m.

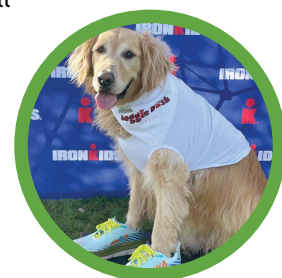
8:30-9:30 a.m. Registration & Activities

9:30 a.m. Opening Ceremonies & Warm-Up

Join us at Town Green Park in The Woodlands

The **Children's Memorial Hermann Texas 2025 IRONKIDS Fun Run** offers young athletes the opportunity to feel the excitement of competition, while enjoying the outdoors and promoting healthy living. Running clubs are welcome. Each athlete receives a "Goodie Bag" with a race bib, shirt and a finisher medal, as well as the pride of calling themselves an IRONKID.

Doggie Dash Back for 2025! The Doggie Dash will follow the children's runs. Dogs must be leashed and vaccinated. Each dog will receive a bandana and a finisher dog tag medal.



Events

Diaper Dash - 26.2 ft. | Independent crawlers, under 2 years

Toddler Dot Trot - 80 ft. | Independent walkers, ages 1-3 years

Half mile (ages 3-8 years) or **Mile** (ages 5-17 years)

Doggie Dash - half mile or mile | 6 months and older

Begins at 11:15 a.m. Dog must be leashed with handler.

Event benefits Operation Pets Alive.

Enjoy the Fun!

- Mingle with mascots
- Obstacle course, games and crafts
- Photo booth
- Snow cones
- Ambulance tours
- Pet vendors

Village booths/activities begin at 8:30 a.m.

Town Green Park
2099 Lake Robbins Dr.
The Woodlands, TX 77380

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