



Play Like a Champion Today

Dear St Anthony of Padua Catholic School Sport Parents,

St Anthony of Padua Catholic School partners with the *Play Like a Champion Today* educational series. *Play Like a Champion Today* is a national coach and parent education program designed specifically to elevate the culture of Catholic school-sponsored sports. Crafted by leaders in the fields of sport psychology, coaching education, Catholic theology and moral development, *Play Like a Champion* works in partnership with schools to enable the athletic experience to be a missionary tool to develop our youth physically, socially, morally and spiritually.

Play Like a Champion Today incorporates all the stakeholders in Catholic education – athletic administrators, coaches, parents and athletes. The goal is for all members of a school/diocesan community to work together to conform sports at St Anthony of Padua Catholic School into the spiritual and character-building experience that it is meant to be. The bottom line: athletes receiving the best benefits that catholic sports have to offer.

St Anthony of Padua Catholic School will provide a *Parent Like a Champion Today* workshop for sport parents. The workshop includes an examination of parent expectations in sports programs. Parents receive resources that will help them contribute to building the positive culture that is the focus of the St Anthony of Padua Catholic School and the *Play Like a Champion* program. Parents also receive practical guidance on how they can help their children to form habits of perseverance, responsible decision-making, teamwork, prayer, and whole health.

SAOPCS Athletics will host a **"The Parent Like a Champion Today Workshop" on Tuesday 5/21 at 6:00 pm until 7:00 pm in the Adult Meeting Room.** We expect that at least one parent from each family of **ALL** the upcoming 2019-2020 - 5th through 8th grade athletes to attend the workshop. We hope to have an excellent turn out for this informative meeting and program. Please ***"Mark the Date"*** - **Tuesday 5/21 6:00 - 7:00** and plan to attend. *Please NOTE: if you have already attended this workshop, you do not need to attend again.

*****PLEASE RSVP BY FRIDAY 5/17. THANK YOU! GO DOLPHINS!!!**

Sincerely,

Dale Quickel
St Anthony of Padua Catholic School
Athletic Coordinator
281-296-0300
dquickel@staopcs.org