

**PLAY LIKE
A CHAMPION
TODAY**



Play Like a Champion Today

Dear Dolphin Athlete Parents,

This year, St. Anthony of Padua Catholic School will be partnering with the ***Play Like a Champion Today*** educational series. *Play Like a Champion Today* is a national coach and parent education program designed specifically to elevate the culture of Catholic school-sponsored sports. Crafted by leaders in the fields of sport psychology, coaching education, Catholic theology and moral development, *Play Like a Champion* works in partnership with our schools to enable the athletic experience to be a missionary tool to develop our youth physically, socially, morally and spiritually.

Play Like a Champion Today incorporates all the stakeholders in Catholic education – athletic administrators, coaches, parents and athletes. The goal is for all members of a school/diocesan community to work together to make sports at St. Anthony of Padua the spiritual and character-building experience that it is meant to be. The bottom line: athletes receiving the best benefits that Catholic sports have to offer.

St. Anthony of Padua School will provide a *Parent Like a Champion Today* workshop for athlete parents. The workshop includes an examination of parent expectations in sports programs. Parents receive resources that will help them contribute to building the positive culture that is the focus of Dolphin Athletics and the *Play Like a Champion* program. Parents will also receive practical guidance on how they can help their children to form habits of perseverance, responsible decision-making, teamwork, prayer, and whole health.

The *Parent Like a Champion Today* workshop will be held on August 7th (Meet the Teacher night) from 5:45pm—6:45pm in the Sheltz Fellowship Hall.

Attendance is required by at least one parent/guardian for each student participating in Dolphin sports/cheer for 25-26 school year. *(If unable to attend, there will be other opportunities to complete this workshop.)

Sincerely,

Travis Wallace – Athletic Director

Heather Koett – Asst. Athletic Director

Veronica Tucker – Principal

Rachael Garfield- Asst.Principal, Middle School