

## **A Neighborly Invitation Regarding Coronavirus from the Asbury Park Mutual Aid Network**

Dear Neighbors,

Hello from \_\_\_\_\_ living at \_\_\_\_\_. We have lived here since \_\_\_\_\_ but we don't know all of you. Given what we're all dealing with, we thought this would be a good time to connect with each other.

Many of us have families and friends who we will help and be helped by. However, while some of us have support networks nearby, others do not. Because we are in the midst of a large-scale shutdown, helping each other locally is particularly important.

Therefore, we'd like to suggest starting a network here in our neighborhood. Some of the things a network could help with include:

- Sharing supplies (i.e., Tylenol, cleaning products) if there are shortages
- Picking up groceries/prescriptions
- Checking in remotely on elderly residents or those who are in high-risk groups and do not live with a caregiver
- Providing social support through phone calls, texts, etc.

All of these activities can be performed without direct contact taking place.

If you are interested in helping to build this network, please email Michael at [AsburyParkMutualAid@gmail.com](mailto:AsburyParkMutualAid@gmail.com) the following information:

1. What is your name?
2. What's the best way to communicate?
3. What other ways could a network help?

Many thanks for your help. We look forward to your responses.

Sincerely,

**The Asbury Park Mutual Aid Network**