



WINTER ADULT PROGRAMMING

YOGA - MONDAYS @ 6:00 PM

CROCHET - TUESDAYS @ 6:00 PM

ENGLISH CONVERSATION CLASS

THURSDAYS @ 6:00 PM

SMOKING CESSATION CLINIC

BEGINNING JANUARY 9TH - FEBRUARY 20TH

DINNER WILL BE SERVED

EVERY WEDNESDAY @ 5:30 PM - 7:30 PM

*PROGRAM HOSTED BY THE BERGEN COUNTY

DEPARTMENT OF HEALTH SERVICES

